



# FALL PREVENTION CLINIC

**Wednesday, December 13th from 12:30 to 1:30 pm**

Did you know that one-fourth of Americans aged 65+ fall each year? Or that every 11 seconds, an older adult is treated in the emergency room for a fall? Come join us on Dec. 13<sup>th</sup> for a free clinic to prevent falls and their dangerous effects!


**The clinic will include:**

- A fall assessment
- Review of your results
- Therapist recommendations

**FREE!**



**PATTERSON PHYSICAL THERAPY**  
"Therapy with Thought"

 (410) 647-1961

**ARE YOU A FALL  
RISK?**

**DO YOU NEED HELP  
WITH GAIT AND  
BALANCE?**

**JOIN US FOR A FREE  
FALL PREVENTION  
CLINIC!**

**DECEMBER 13<sup>TH</sup>  
FROM 12:30 TO  
1:30**

**CALL NOW TO  
RESERVE YOUR  
SPOT! ONLY 6  
SPACES AVAILABLE  
410-647-1961**

**PATTERSON  
PHYSICAL THERAPY**

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