



FALL PREVENTION CLINIC

Wednesday, December 13th from 12:30 to 1:30 pm

Did you know that one-fourth of Americans aged 65+ fall each year? Or that every 11 seconds, an older adult is treated in the emergency room for a fall? Come join us on Dec. 13th for a free clinic to prevent falls and their dangerous effects!

The clinic will include:

- A fall assessment
- Review of your results
- Therapist recommendations



ARE YOU A FALL RISK?

DO YOU NEED HELP WITH GAIT AND BALANCE?

JOIN US FOR A FREE FALL PREVENTION CLINIC!

**DECEMBER 13TH
FROM 12:30 TO 1:30**

**CALL NOW TO RESERVE YOUR SPOT! ONLY 6 SPACES AVAILABLE
410-647-1961**

PATTERSON PHYSICAL THERAPY
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“Therapy with Thought”

 (410) 647-1961