

Getting to know Mike

Where did you grow up?

I grew up in Oil City, PA where went to Oil City HS. For college, I went to the University of Pittsburgh where I met my wife, Beth and where we both got our degrees in Physical Therapy. We lived in central Pennsylvania for another 4 years working at an acute care hospital, then came to Crofton looking for a bigger city life while not being too far from home. After being around the county for 3-4 years, we thought Severna Park would be a nice place to raise kids, and we haven't left since.

How did you decide on a career in Physical Therapy?

I, like many, was once an injured athlete. Then I had to wise up and figure out what to do the rest of my life. My dad was a football coach so I learned some of the positives of athletic training, but I also saw that I wanted to work with not just athletes, so I went for a degree in Physical Therapy.

Why did you choose to start Patterson PT?

All my mentors I've looked up to were in their own private practices. After working for several corporations and practices I realized I wanted more control of the patient care setting. I chose to open a clinic that was seeing patients at a pace I felt good about. I feel good about myself and our staff being able to have a full hour for a patient treatment session.

What is your favorite thing about your job?

Getting to know every patient not just as a body part, but as a person. And helping them get better, at least physically.

Favorite Fun Facts:

Favorite food: My wife's summer squash enchiladas

Favorite color: Purple (even though I'm a Steeler's fan)

Favorite mode of exercise: Has changed throughout the years, right now tennis

Favorite movie: Princess Bride

Favorite book: Jonathan Livingston Seagul by Richard Bach

Favorite athlete: Roger Federer

Hobbies: Hobecat sailing, pottery, tennis, spending time with friends/family