

In Preparation for the Lord's Supper

The Bible tells us ([1 Corinthians 11:23-29](#)) that it is vitally important that we understand and believe that the Lord's Supper is a participation in the very Body and Blood of our Lord Jesus Christ. To receive the blessings of this Sacrament to our benefit it is necessary that we examine our hearts and our lives. Please read and prayerfully consider the following:

- ❖ **I believe that I am sinful by nature and in need of forgiveness.**
- ❖ **I confess that I have sinned in my thoughts, words, and deeds.**
- ❖ **I believe I am forgiven only through faith in Jesus Christ.**
- ❖ **I confess that in, with, and under the bread and wine I receive the very Body and Blood of Jesus.**
- ❖ **I promise by the power of the Holy Spirit to amend my sinful life and strive to live a God-pleasing life.**

As members of Jesus' family, we have a responsibility to teach and encourage one another so that we receive the blessing intended for us in this Sacrament. Out of sincere love, we respectfully ask that those who have not been instructed and confirmed in the Lutheran Church please speak with a pastor before attending the Lord's Supper. St. Luke's offers "[Explorations](#)" an adult information class for those high school age and above desiring to be confirmed. Children are confirmed at the end of their eighth grade year after completing instruction. We are happy to meet with you and discuss any special circumstances or needs you may have.

Communion Procedure Note:

Anyone who cannot come to the communion rail may receive the Lord's Supper in the pew. Simply let a pastor or usher know your request and sit in one of the front rows. Those who are not communing are invited to come forward for a blessing (please cross your arms across your chest to indicate your desire for a blessing).