



CODE SPINE!

DIAGNOSIS, TREATMENT AND INTER-PROFESSIONAL COLLABORATION IN SPINE CARE

SYMPOSIUM MARCH 2-3, 2018

CODE SPINE is an inter-professional symposium, which explores and defines the key challenges to diagnosis and treatment of patients with degenerative spinal conditions. Recognizing that effective use of resources is integral to patient success, **CODE SPINE** focuses on enhancing inter-professional collaboration and removing barriers for communication.

Using a plenary and workshop format, combined with multi-disciplinary experts and key opinion leaders in conservative and interventional spine care, this symposium will highlight the knowledge needed to differentiate common spine issues from less known and/or more concerning diagnoses. Multi-disciplinary panels will use a case-history format to present degenerative, traumatic and operative spinal conditions.

Drawing heavily on audience participation this symposium will help advance care of degenerative spine conditions.

Who should participate:

Physicians, Physiotherapists, Chiropractors, Kinesiologists, Massage Therapists, Surgeons and other Health Professionals who have a strong interest in increasing their effectiveness and sharing their knowledge in spine therapy treatment.

Program

Friday March 2, 2018

12:15 – 1:00 pm Registration

1:00 – 1:10 pm Welcome and Opening Remarks

1:10 – 2:30 pm PLENARY SESSION:

EFFECTIVE AND EFFICIENT EXAMINATIONS FOR ACUTE LOW BACK PAIN

Examinations to diagnose and direct treatment require different approaches, tests and perspectives. Each profession approaches the examination of the spine from a different perspective depending on which skills they have to offer the client. In this session a spinal surgeon, spinal triage practitioner, chiropractor and physiotherapist will provide an overview of how they use best evidence to make effective and efficient decisions for diagnosing and determining the best approach to treat acute low back pain.

Time	Title/Topic
1:10 – 1:25 pm	The Role of Spinal Triage – Beyond Offering Surgery
1:25 – 1:40 pm	The Chiropractic Specialist's View
1:40 – 1:55 pm	The Physiotherapist Spine Practitioner View
1:55 – 2:10 pm	The Spine Surgeon's Perspective
2:10 – 2:30 pm	All Speaker Panel – Question Period/Audience Participation

2:30-3:00 pm – Break

3:00 – 5:15 pm PLENARY SESSION:

ZEBRA’S OR HORSES – MAKING THE RIGHT DIAGNOSIS

This session focuses on which factors in the history or the examination are key to recognizing more serious pathology. Using a case-based format each speaker will focus on how to identify less common diagnoses, which mimic degenerative spine conditions. It will highlight when to act on them, how quickly to respond and where to send patients.

Time	Title/Topic
3:00 – 3:20 pm	Considering the Neurological
3:20 – 3:40 pm	Ruling out Inflammatory Causes
3:40 – 4:00 pm	Finding Fractures
4:00 – 4:20 pm	Suspecting Tumors
4:20 – 4:40 pm	Identifying Infections
4:40 – 5:15 pm	All Speaker Panel – Questions Period/Audience Participation

5:15 – 6:30 pm – WINE and CHEESE NETWORKING – Lobby

Saturday March 3, 2018

7:30 am – Registration

8:00 – 8:45 am Continental Breakfast

8:45-10:15 Workshop Session A (Choose 1 of 3)

The degenerative lumbar spine is the most common spinal condition requiring treatment. Differentiating the cause and determining the most effective treatment for the pain is critical to successful management. This session focuses on the most frequent challenges for spine management. Using a case-based format it looks at differentiating the hip, SI joint and lumbar spine as pain sources. It looks to differentiate radicular and neurogenic claudication causes and explores effective treatment strategies. It considers the role of classification for low back pain in creating collaboration and more effective treatment strategies.

Workshop Sessions

3 WORKSHOPS OFFERED SIMULTANEOUSLY FROM 8:45 am – 10:15 am
ALL 3 WORKSHOPS REPEATED AGAIN FROM 10:45 am – 12:15 pm.

Each attendee/registrant has the opportunity to attend 2 of the 3 workshops.

WORKSHOP 1:

COMMUNICATION AND COLLABORATION IN SPINAL CARE/MANAGING THE CHALLENGING CLIENT

Communication is challenging particularly between different professions. Many professions use terminology, which is not easily understood by other disciplines. In our fast-paced environments getting the right information across in the most direct manner is key to patients receiving effective treatment.

WORKSHOP 2:

THE CERVICAL SPINE

This section focuses on what each professional can bring to the diagnosis, treatment and management of a wide range of symptoms caused by cervical degenerative and traumatic spine conditions. Using a case-based format this workshop will focus on which professional to see and when; what treatments work; which tests to order and when to consider referral to other professionals for degenerative cervical radicular conditions, cervico-genic headaches and mild to severe degenerative cervical myelopathy.

WORKSHOP 3:

POST-OPERATIVE SPINAL MANAGEMENT of the DEGENERATIVE LUMBAR SPINE

Management of post-operative spines requires knowledge of the surgery, acute recovery expectations and long-term complications/concerns. Using a case-based format this session will focus on lumbar spine surgery recovery after disc herniation, spinal stenosis and degenerative spinal conditions.

1:45 – 3:30 pm PLENARY SESSION:

CATEGORIZING, DIAGNOSING AND MANAGING THE LUMBAR SPINE

10:15 am – 10:45 am	Break
10:45 am – 12:15 pm	Workshops 1 to 3 REPEAT
12:15 pm – 1:15 pm	Lunch – How to become a STN member
1:15 pm – 1:40 pm	Networking
3:40 – 4:00 pm	Next Steps for STN and Closing Remarks

Location: SHERATON TORONTO AIRPORT HOTEL & CONFERENCE CENTRE; 801 Dixon Road, Toronto, ON M9W 1J5

Registration opens September 21, 2017.

Fees:

Full 2 Day Registration Fee (Friday and Saturday) if you register after January 15, 2018 : \$425.00

- **Early, Early Bird Discount** if you register by November 15 – \$350.00 (**Save \$75.00!**)
- **Early Bird Discount** if you register after November 16 up to January 15 – \$395.00 (**Save \$30.00**)
- Payment is due upon registration, cancellation fees may apply

Saturday Only Registration Fee (if you register after January 15, 2018 : \$325.00

- **Early, Early Bird Discount** if you register by November 15 – \$280.00 (save \$45.00)
- **Early Bird Discount** if you register after November 16 up to January 15 – \$300.00 (save \$25.00)
- Payment is due upon registration, cancellation fees may apply

***** Our Symposium in 2016 sold out very quickly. ‘Code Spine’ Symposium 2018 represents a game-changing approach to diagnosis, treatment and inter-professional collaboration in Spine Care. There are limited spaces available. Don’t be disappointed – REGISTER NOW!*****

Contact: Harry Lewington hlewington@spine therapynetwork.com , or call 416-587-0964.

Book early and get the ‘ Early, Early bird ‘ discount and pay only \$350. That’s a savings of \$75 off our regular Symposium price of \$425!

Click Here to see What will be Happening at Code Spine!

Our last Symposium filled up very quickly so Don’t miss out, Book now!