

*Wenham Council on Aging presents*

# **Alzheimer's Disease and Related Dementias: Navigating Uncharted Waters**

A free 3-part series, come to any / all:

- ◊ Early signs, symptoms & strategies

Thursday, Dec. 1 at 12:00

- ◊ Understanding the full range of care

resources Thursday, Jan. 5 at 12:00

- ◊ Creative engagement, diversions & tools for

comfort Thursday, Feb. 2 at 12:00

Lunch will be provided,

RSVP to the WCOA: 468-5534

Presentation location:

**Hamilton-Wenham Public Library**

**978-468-5577 \* [hwlibrary.org](http://hwlibrary.org)**