

# Golden Brunchercise

Join us as we Celebrate  
Senior Health and Fitness!



**Corsicana Senior Citizen Center**  
**919 West Park Avenue**  
**Corsicana, Texas 75110**

**Thursday, September 14<sup>th</sup>**  
**10:00 A.M. – 12:00 P.M.**

Enjoy brunch, exercise and connecting with local organizations interested in helping you live your best life now! There will be information on Fall Prevention, exercise demonstrations and brunch with fruits, yogurts, and drinks!

We will also have a special guest Pastor speaking on our Spiritual Health. Please come and join in the fun and fellowship and have a Free Brunch on us!



Contact Kelly Lovett 903-654-8727 for more information.