



Arizona's 2017 Children's Mental Health Awareness Campaign

National Children's Mental Health Awareness

Day ★ May 4, 2017

Week ★ May 1-7, 2017

CMHA BOOK CLUB

We hope you and your child(ren) will join us! NEW this year, book club discussions will be held for two different age groups. 3 to 11 (for parents and children) and 12 to 17 (youth only please).

When

Wednesday, April 12th, 2017
5:30 to 7:30pm

Where

Family Involvement Center
5333 N 7th Street, A100, Phoenix, AZ

To Register

Go to <https://goo.gl/kTTkhL>.

Details

A light dinner will be served. Spanish translation will be available. Parents are responsible for their children.

Children's mental health is equally important as their physical health. Join us to read and discuss books that encourage our children to talk about mental health, to reduce bias and stigma for those who have challenges, and to live healthy emotional lives.



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T-SHIRT DECORATING NIGHT

Did you order a 2017 CMHA t-shirt to wear to the annual CMHA celebration?
If so, please join us for an evening of t-shirt decorating fun!

When

Tuesday, April 18th, 2017

5:00 to 7:00pm

Where

Family Involvement Center
5333 N 7th Street, A100, Phoenix, AZ

To Register

Go to <https://goo.gl/awt2WD>.

Details

A light dinner will be served. Parents are responsible for their children.

2017 CMHA t-shirts may be ordered online until Friday, March 17th. Orders may be placed online at <https://goo.gl/uQgvQD> or by calling Channon at (602) 412-4066.



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CMHA COMMUNITY CELEBRATION

Join us for the 2017 celebration of Children's Mental Health Awareness. Enjoy food, fun, family photos, art work and presentations by talented youth as well as the 2017 Youth Art Contest awards ceremony.

When

Saturday, April 29th, 2017

11:00am to 2:00pm

Where

The Parson's Center for Health and Wellness
1101 N Central Ave, Phoenix, AZ

To Register

Go to <https://goo.gl/KIWYxH>.

Details

A light lunch will be served. Parents are responsible for their children.

The 2017 Children's Mental Health Awareness celebration will include family photos taken by Future Photo Group, fun awareness activities, a movie screening for kids, performances by youth and family members, viewing of the 2017 Youth Art Contest entries and the awards presentation for this year's winners. Bring your whole family and join in the fun!



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CMHA YOUTH ART CONTEST

Youth ages 5 to 17 years old are welcome to participate in the 2017 Children's Mental Health Awareness Youth Contest. This year's theme is:

LOVE MY GREATNESS

Youth ages 5 to 17 are invited to submit a piece of art that expresses Arizona's 2017 Children's Mental Health Awareness theme **"Love My Greatness"** from their perspective. **All creative mediums (painting, drawing, writing, etc.) are welcomed.** Please read all contest rules and complete the entry form on the back.

**Entries are due by
Friday, March 17th, 2017.**

Please be sure to submit your entry along with a completed entry form and in accordance with all contest rules listed on the reverse.

CMHA YOUTH ART CONTEST

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LOVE MY GREATNESS

SUBMISSION DETAILS

Due by: Friday, March 17, 2017

Mail to: Family Involvement Center

Attn: Kelsey Engelbracht

Mail to: 5333 N 7th Street, Suite A-100, Phoenix, AZ 85014

or

Email to: kelsey@familyinvolvementcenter.org

CONTEST RULES

All rules must be followed to qualify. Only one entry per person; entrants must be between 5-17 years old. Deadline is 5pm, Friday, March 17, 2017. No late entries will be accepted. Entries are judged on Relevance, Creativity, and Originality. Fill out the form below and attach it to your artwork. Submitted artwork is the property of Family Involvement Center and will not be returned. Entries must be original and the work of only one artist. Limit one prize per individual.

Entries will be displayed and winners will be announced/prizes awarded at our CMHA Community Celebration from 11:00am to 2:00pm on Saturday, April 29th at The Parson's Center for Health and Wellness located at 1101 N Central Avenue, Phoenix, AZ 85004. Register to attend the 2017 CMHA Community Celebration at: <https://goo.gl/KIWYxH>.

REQUIRED ENTRY FORM/INFORMATION

All contest entries should be accompanied by the form below or, if sent by email, please include all of the information requested below in the body of the email.

Artist's First and Last Name: _____

Artist's Age: _____

Parent/Guardian Name: _____

Phone Number: _____

Address: _____

Email (if available): _____