

What is The Value of a *Psychiatric Advance Directive*?

A **Psychiatric Advance Directive (PAD)** is a written legal document that expresses the wishes of an individual about their mental health care regarding what types of treatments, services and other assistance he or she might want, or not want, during a personal mental health crisis.

Benefits of a Psychiatric Advance Directive:

- ✓ Contains useful information on an individual's clinical and medical background and history
- ✓ Provides insight into treatments that have been effective, and those that have not, in the past
- ✓ Acts as a form of consent to contact an individual's family or friends



About the MHANJ PAD Training Program

- Three training options available
- Covers NJ PAD Law, how to create a PAD & the registration process
- Provides information about the benefits of PADs for both providers and individuals working toward their recovery
- Includes information about upcoming changes to the PAD registry
- Easy scheduling; in-person and webinar trainings available

SCHEDULE A PAD TRAINING TODAY! *

Contact Cynthia Spadola, Community Advocate for the Mental Health Association in New Jersey, at cspadola@mhanj.org, or call 973-571-4100, ext. 133 to schedule a training

*Must have a minimum of 10 Participants present at the training