NJ CONNECT

for recovery 855-652-3737

A free, confidential call line

Family Education Groups

Need guidance and support dealing with addiction in a loved one?

Don't know where to turn?

- ✓ Learn about the how to navigate the treatment system
- ✓ Understand addiction from a "loved one's" perspective!
- ✓ Get guidance and direction for your own healing and recovery while dealing with a loved one who is stuck in addiction.

First Meeting of a Six-Week Series

6 – 8 p.m., Thursday June 1, 2017

4 East Jimmie Leeds Rd.

Suite 8, Galloway, NJ

Follow-up Workshops will continue Thursdays @ 6 p.m. through July 7

Mental Health Association Atlantic County

4 East Jimmie Leeds Rd, Suite 8, Galloway, NJ 08205

Topics:
Session 1 - Impact of Addiction on a Family
Session 2 - Relationships and Boundaries
Session 3 - Advocating for Yourself & Your Loved One
Session 4 - Understanding Treatment & Continuum of Care
Session 5 - Self Care and Your Wellness
Session 6 – Q & A, Wrap Up & Processing

For more information contact Tonia Ahern at tahern@mhanj.org
or Christine Miller at (609)652-3800.