

Vibrant communities with a positive future.

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Kansas PRIDE Webinar
January 18, 2018

SAVE THE DATE

Thank you to all who participated in the Doodle poll for the Kansas PRIDE Webinar. We will be presenting a Zoom conference call/webinar to highlight current Kansas PRIDE Program awards and related updates on:

January 18, 2018 at 12pm

To join us send us an email at PRIDE@ksu.edu and we will respond with a link on how to join us.

Thank you for all that you do, update you soon!

Message from Madison



Hello Kansas PRIDE communities! It deeply saddens me to say that my time with the Kansas PRIDE Program has come to an end. Last weekend I graduated from K-State with a Bachelor's degree in Agricultural Communications and Journalism and plan to find a career within my field.

There aren't enough words in the world to describe how much I am going to miss all of you and working for this organization. You have all become like family to me and I hope that in the near future we all cross paths again.

It warms my heart to see PRIDE members' dedication to serving their communities across the state and I feel so blessed that I got to be a part of that mission these past two years. While this may be goodbye for now, I plan to come back to Manhattan constantly to see my work family and hear about the progress all of you are making in

your communities! If you ever want to contact me, please feel free to send me a hello at madisonmb@ksu.edu.

Thank you all for making this such a wonderful experience and I hope you have an amazing Holiday! -*Madison Blevins, K-State Research and Extension PRIDE Student Office Professional*
madisonmb@ksu.edu

National Rural Grocery Summit

R G I

Rural Grocery Initiative

Strengthening our stores
Strengthening our communities

Millions of rural residents now face limited choice and low quality in their retail food options. Significant research indicates a strong relationship between lack of access to healthy food and chronic, diet-related disease. Obesity, high blood pressure, high blood cholesterol, type 2 diabetes, and coronary heart disease are all associated with a lack of access to healthy foods.

An important source of healthy rural food access is the local grocery store. They are a vital source for nutrition and health, providing a supply of fresh fruits and vegetables, dairy and protein. In fact, the presence of grocery stores in rural areas has been shown to correlate with lower rates of obesity and nutrition-related disease. Unfortunately, these rural businesses struggle and it seems every day we hear about another store closing shop and shutting their doors.

Because the loss of a rural grocery store threatens the health of local citizens and the very existence of

that community, Kansas State University and a broad range of partners are working to assist rural communities and their grocery stores. Toward that goal, we are proud to announce that on June 25-26, 2018 we will host the Sixth National Rural Grocery Summit at the Hilton Garden Inn in Manhattan, Kansas. At the Sixth National Rural Grocery Summit we will bring together store owners, citizen leaders, food suppliers, academic researchers, policy makers, and funders to talk with one another about how best to sustain this critical piece of community infrastructure and improve the health of our rural citizens.

The agenda, Call for Proposals and Registration information is at <http://conferences.k-state.edu/ruralgrocery> -*Nancy Daniels, K-State Research and Extension Community Vitality Specialist*
nkdaniels@ksu.edu

Photo Contest

Every year we highlight your work in the Kansas PRIDE Annual Review. One of the hardest tasks associated is choosing a cover photo.



Inspired by the League of Kansas Municipalities Kansas Government Journal photo contest of yesteryear, Jan and I decided it would be a great way to promote your communities on our Facebook page, and allowing you all to vote for your favorites! The winner will be the photo with most likes. Don't resist the chance to be semi-famous!

The Rules:

1. Photos must be high quality. This means that when you send them you must send them original size, not compressed. *If you send them from your phone at all you should try to get onto a Wi-Fi network to avoid outrageous data charges.*
2. One photo per community please.
3. A sentence or paragraph about your photo is required so that we can highlight your great works!
4. Have fun!

Send your photos to PRIDE@ksu.edu By April 1, and we will post them to Facebook for voting. We are excited to see your photos!

Don't forget to use a photo release form if any people are in your photos. You can find a copy online here: <https://goo.gl/f3umBn> (website address is case sensitive).

Survey Contest Results



Potwin PRIDE was the winner of the K-State gift basket for taking the Kansas PRIDE 3 Year Evaluation Survey last month. Thank you to all who participated!

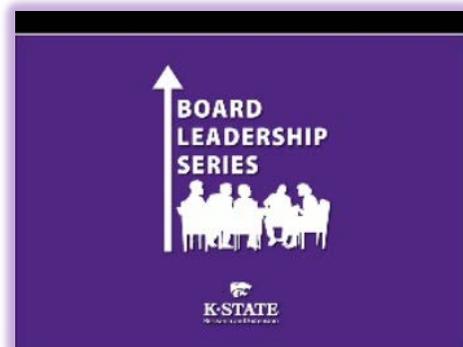
Any community who had all the required documents submitted and took the evaluation

survey were entered into a list and an internet generator randomly selected a name as our winner!

If you are looking for an easy way to host fun drawings, I highly recommend going to random.org and use the List Randomizer, in which you can use any list and have a fair drawing. This is a great hands-off approach to selecting a winner for any competition. When you go to this site, there will be numerous categories you can choose from, but I recommend to select the List Randomizer where you can put in the names and the randomizer will randomly scramble the list, and number them with the first pick as #1. It also helps in case anyone might feel like there is any possible bias for anyone drawing a name.

If you have any further questions about this, feel free to call the Kansas PRIDE office at 785-532-5840. -*Madison Blevins, K-State Research and Extension PRIDE Student Office Professional* madisonmb@ksu.edu

Board Leadership Series



K-State Research and Extension will be offering the Board Leadership Series in February 2018 at several host sites around the state. These interactive sessions are great educational opportunities for your PRIDE leadership, and any partner organization board members.

Participants will learn about holding effective meetings, a board member's role and responsibilities, fiscal responsibilities and fundraising, ethical and legal issues, conflict resolution, understanding fellow board members, and strategic planning.

Sessions will be held from 11:00 AM to 1:00 PM on Tuesdays in February (6, 13, 20, and 27). For more information about locations, content, and how to register, you can view the flier in PDF format here: <https://goo.gl/SU9aZK> (website address is case sensitive). – **Jan Steen, Kansas PRIDE Co-Coordinator, K-State Research and Extension** jmsteen@ksu.edu

Website Updates

At first glance the Kansas PRIDE Program website might not appear to have changed much, but we've made some additions, as well as moved a few things, to make accessing the information a little easier. Program Participation has been changed to Enrollment and Reporting, and by clicking on that page, you can easily choose to enroll or report using the corresponding buttons on the right side of the page. We've also made the Education page part of the main menu, and we'll be posting how-to videos there in the future. Take a look around:



<http://kansasprideprogram.k-state.edu>

Should you have any questions, or have difficulty finding information, let us know by e-mailing PRIDE@ksu.edu. – **Jan Steen, Kansas PRIDE Co-Coordinator, K-State Research and Extension** jmsteen@ksu.edu

Up for a Community Visit?

Would your PRIDE organization like to be brought up to speed on available opportunities? Have you had a leadership change and would like to make sure you're on the right track? Let us know and we'll work on scheduling a time to meet with you. Send us an email at PRIDE@ksu.edu. – **Jan Steen, Kansas PRIDE Co-Coordinator, K-State Research and Extension** jmsteen@ksu.edu

Funding Opportunities



Looking for funding? Click on the \$ to view our *Outside Funding and Other Useful Funding Resources Page*.

Volunteers Impact PRIDE Communities of Excellence Grant (for Communities of Excellence only, that are in good standing).

Deadline – February 15, 2018

[CLICK HERE](#) for information and application.

K-State Research and Extension has Grant Writing Workshops. Contact PRIDE@ksu.edu to find out if one will be provided near you in 2018.

Events Calendar

Quarterly Report Dates:

April 15th

July 15th

October 15th

January 15th



Opportunity Dates:

February 15, 2018 – Award Applications Due

August 15, 2018 – Award Applications Due