

# Scouting for the Cure 2017

## General Information

Date: Saturday, October 28, 2017

Time: 10:00 a.m. to 1:00 p.m.

Location: University of North Carolina—Chapel Hill's Carolina Union Building

Cost: \$10 per Girl Scout, \$10 per Adult

Registration Opens: August 2nd

Girl Scouts and adults will lead the way in their community by standing up to cancer at Scouting for the Cure. This year, girls will learn about many different types of cancers, explore topics like healthy living, and also contribute to a service project benefitting cancer survivors. Even though Girl Scouts will be learning about multiple types of cancers at this year's event, they will still work towards their Think Pink patch at the Scouting for the Cure. Individually registered girls must attend with a registered adult.



- New venue— we so excited for a bigger space!
- Scouting for the Cure is now a cancer awareness event for multiple cancer types
- New community partners
- Adult workshops—learn more below
- Specific activities for older Girl Scouts
- New activity stations and crafts



## Adult Workshops

We are so excited to offer workshops for adults registered for Scouting for the Cure. These workshops will be held in Carolina Union Building. Learn about the workshop options below. To register for a workshop as an event attendee you will register when signing up for Scouting for the Cure on My GS. Co-leaders and parents are welcome to attend a session, however participation is not mandatory. If you register for a workshop, please be sure you are following Safety Activity Checkpoints and your Girl Scout/troop are safe.

### Workshop 1 Options:

- Healthy Eating Basics

In this workshop, you will learn how to planning and preparing quick and healthy meals for your family. Get tips and recipe ideas. The topic of this workshop is subject to change.

- Meditation and Yoga Basics

Finding time and space to be active is difficult when juggling the role of parent, employee, boss, spouse, and troop leader. Learn how to use a chair to gain strength, stretch muscles, and relax the mind.

### Workshop 2 Options:

- Volunteer Tool Kit (VTK) 101

This workshop is geared towards co-leaders who are interested in learning how to utilize this troop tool. In the workshop leaders, will learn the benefits of planning their year using the resource and executing badge and Journey requirements.

- Emotional Intelligence: Know Yourself

What is your emotional IQ? Learn about what emotional intelligence is and how it can benefit your life as a parent, spouse and leader. You will take away tips to increase your emotional intelligence.



### Event Support

Scouting for the Cure wouldn't be possible without troops volunteering to work the activity stations. We are looking primarily for Junior troops and above to run the activity stations. If you are interested in helping out please register for the event and then email Meridith Orr, Program Executive, [morr@nccoastalpines.org](mailto:morr@nccoastalpines.org) to be assigned an activity station.



### Service Project

Every year there is a service project as part of Scouting for the Cure. This year, troops will work together to make Cancer Care Kits for patients going through chemotherapy at local hospitals. The donation of materials will be from Girl Scouts—North Carolina Coastal Pines, local community partners, and troops. Please sign up to bring a small donation to add to the kits. At Scouting for the Cure troops will put together the kits with the donations supplied.



### Survivors

We would love to honor all cancer survivors at the event through recognition on stage and a small gift. If there is a cancer survivor attending the event your troop that would like to be recognized, please email Meridith Orr, Program Executive, [morr@nccoastalpines.org](mailto:morr@nccoastalpines.org) to let her know.



### Questions?

Questions about registration, event info, or anything else? Email Meridith Orr, Program Executive, [morr@nccoastalpines.org](mailto:morr@nccoastalpines.org). Registered participants will receive a confirmation packet with event details two week prior to the event.

