



WHAT IS CREATION SPIRITUALITY?

Creation Spirituality is a tradition and a movement. It honors the wisdom of the world's religions and our common creation-story as understood through science which inspires interdependence and sustainability. It calls forth the unique creativity and voice of all individuals to be co-creators of peace, justice, beauty, and compassionate communities. Creation Spirituality is practiced in churches and synagogues and by those outside traditional religion who experience wonder and awe through nature, science and in the intimacy of connecting with life in its many forms.

What do people do with Creation Spirituality (CS) education? They use their wisdom and creativity to transform families, communities and culture. Prior CS students have founded non-profits, provided leadership as elected politicians and business owners, developed educational programs that nourish the lives of inner-city youth, led hospice programs, penned books and screen plays, protected wetlands and forests, created spiritual communities that enliven a new generation, and have used their personal stories to restore hope for the future.

The Six Essentials of Creation Spirituality

One: The Universe, and all life within it, is fundamentally a blessing.

Two: It is through the work of spiritual practice that we move beyond fear into compassion and discover our deep and true selves.

Three: The spiritual journey can be understood as a dance moving in and out of four mystical paths:

- * awe, delight, gratitude, joy (known as the *Via Positiva*)
- * uncertainty, darkness, suffering, letting go (known as the *Via Negativa*)
- * birthing, creativity, passion (known as the *Via Creativa*)
- * justice, healing, celebration, rebirth, resurrection (the *Via Transformativa*)

Four: Every one of us carries within us the capacity to be a mystic, to be creative, to be a visionary, and to be an agent for positive change.

Five: It is our responsibility to cultivate these capacities for the benefit of Earth and all its creatures.

Six: We rejoice in and courageously honor the rich diversity within the Cosmos which is expressed in every individual and embodies multiple cultures, religions, and ancestral traditions.