

**BOONE COUNTY SENIOR SERVICES, INC.**

# **SENIOR SOUNDS**

Volume XXXVIII Number 6

November/December 2017



**The 3rd Annual BCSSI  
Olympics was a success  
with more than 170  
participants!  
Thank you to our sponsors  
and volunteers for a  
fantastic year!**

**Turn to page 6-7 for the  
medal results!**

## **What's Inside**

**Page 4-7  
What's Happening  
at BCSSI!**

**Page 8-11  
Activities & Van  
Trips**

**Page 14-15  
Helpful Assistance  
for Winter**

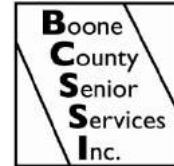
**Pages 16  
Giving Tuesday**

**...And More**

# **Boone County Senior Services, Inc.**

## **2017 Board of Directors**

Gina Middaugh, President  
Don Barnett  
Margaret Beesley  
Roger Burrus  
Angie Caldwell  
Vicki Carr  
Roger Henry  
Pat Jones  
Marilyn Neese  
Ann Newsom  
Alan Quick  
Eric Ragsdale  
Maili Sickels-Davis  
Jayne Thompson  
Rick Whiteman  
Anita Bowen  
Executive Director  
Sonya Shoup  
Newsletter Editor,  
Director of Development



***Mission Statement:***  
*To promote independence and provide enriching opportunities for older adults in Boone County.*

***Services include:***  
Homemaker & Personal Service  
Guardianship  
Respite  
Transportation  
Information & Assistance  
Friendly Visitor & Volunteers  
Activities & Workshops  
Insurance Information  
Legal Assistance  
Prescription Counseling  
Computer Classes  
Caregiver Support & More!

**Boone County Senior Services, Inc.**  
515 CrownPointe Dr.,  
Lebanon, IN 46052  
Monday-Friday, 8:00AM-4:30PM

**BCSSI Satellite Office**  
Zionsville Town Hall, Rm. 215  
Open Wednesday & Friday  
9:00AM-4:00PM or by appointment.  
**765-482-5220 or 317-873-8939**  
[www.booneseniors.org](http://www.booneseniors.org)



LIKE US ON



## ***From the desk of our Executive Director Anita Bowen***



Lately, I've been hooked on something. Don't laugh, but it's the newer theme song for Cheerios cereal called "Good Goes Round." Now, I really like many of the Cheerios cereal varieties, but the

catchy tune is what's really got my attention the past few months. It seriously makes me smile. And, I get the song stuck in my head, too. While this 60-second song starts out all about how to get the good tasting morsels inside the body to nourish us, it finishes with a much bigger message, including these two lines:

***Put in the good and the good will come back to you.***

***The circle of good makes the whole world better too.***

With all the bad that surrounds us today, we sometimes have to work harder to bring the good to the top. It's always there. It just often gets buried and hard to focus on when we hear, see and feel so much sadness that life is bringing. And, I hope you all agree that when you do good yourself, it comes back to you in a bigger way than you ever imagined, because you weren't doing good for you...you were focusing on someone else. Truly, the team effort circle of good makes the

greatest impact when we all do good and keep passing it on.

At Boone County Senior Services, Inc. (BCSSI), you all are in our circle of good. Not only during the holidays, but 12 months out of the year; you impact our little world by the way you care about others. Whether you're volunteering, donating items, giving funds, helping someone into the building, inviting someone to come to a meal, sharing information about resources, talking to us about a need for older adults in the community ... you name it ... in your own special way, you are enriching the lives of others and helping us meet our mission. You are making the whole world better, too, starting right here in Boone County!

Thanks to each of you for being a part of our lives, and we surely hope the holiday season is filled with lots of good times for you and your family and friends. You are always welcome to hang out with us at BCSSI in Lebanon, and we do hope you will visit us at our "brand new" office in the Zionsville Town Hall (110 W. Oak Street) soon, too! We are currently open Wednesdays and Fridays, 9 a.m. – 4 p.m., and other days by appt. Watch for more details coming soon about new activities in Zionsville for 2018.

*Stay warm & well. Until Next Time,*

*Anita*



**Pluckin', Pickin', & lotsa grinnin took place during a recent Lunch & Laugh!**  
**Thank you to Jalen Bahler & Small Town Band** for sharing your talents. Jalen is only 14 years old! Thank you to Homewood Health Campus for providing the lunch & Community Foundation of Boone County for sponsoring Lunch & Laugh!

**Twenty five “Sit and Tie” blankets were assembled during the Boone County Senior Health & Wellness Expo.**

Blankets will be donated to the local Child Advocacy Center and Law Enforcement. Thank you to the Lebanon Kiwanis Club, Boone County Health Department and BCSSI volunteers for making this intergenerational project possible.



**Coffee Connection 2 Community sponsored by Copper Trace started the day with coffee & pawsitivity!** Thank you to service dog Marlo and Laurie Durham from the Humane Society of Boone County (HSBC) for visiting. Participants who attended, donated items to the HSBC. Turn to page 9 for details about the next Coffee Connection.

**Congrats to United Way of Central Indiana on 100 years of Living United!** BCSSI is going strong in Boone County since 1978 and grateful for the partnership.





**The Farmers Bank was closed on Columbus Day but their hard-working crew did not take the day off! They spent the morning at BCSSI working on our property inside and out! We do love our volunteers! They make the world a brighter place.**

## **Fall fun for Lunch & Learn on the Road in downtown Metamora**

included yummy lunches, extra stops for sweet treats, an amazing cookie jar collection and other unique sites! The beautiful day was sponsored by CrownePointe of Lebanon and Best Choice Home Care...Thank you!!



**The BCSSI Travel Group visits Washington DC!** The group toured several memorials including WWI and Korean War, Capital Hill, Embassy Row, the Smithsonian, Martin Luther King Memorial, Lincoln Memorial and more! They also visited George Washington's Mount Vernon Estate & Garden. Thank you to Dan Warkentien, travel group leader, for an outstanding trip!

### **BCSSI Travel Group Announces 2018 Trips**

**Boston, Salem & Cape Ann—\$725, 7 days, 6 nights.** Trip includes full day guided tour of Boston, Boston's world famous Faneuil Hall & Quincy Marketplace, John F. Kennedy Presidential Library and Museum, full day guided tour of scenic Coastal Massachusetts and more!

**Mount Rushmore, the Badlands & Black Hills of South Dakota—\$858, 9 days, 8 nights.** Trip includes visit to Mount Rushmore National Memorial, guided tour of Deadwood, gaming at Deadwood Casino, Unique Journey Museum, Crazy Horse Memorial, Badlands National Park, Wildlife Loop Road and more!

**Trips include Motorcoach transportation and several meals. For more information contact Dan Warkentien, travel leader at 765-894-2665 or BCSSI at 765-482-5220 or 317-873-8939.**



## Medal Results!

### Bocce Ball

Gold: Judy Warkentien and Jack Allen  
 Silver: Dan Warkentien and Claudia McCracken  
 Bronze: Don Barnett and John Quinn

### Euchre

Gold: Richard Smith and Densel Hale  
 Silver: John Saulmon and Sue Handlon  
 Bronze: Nancy Giles and Patsy Staton

### Horseshoes

#### Men's 37'

Gold: Donald Huckstep  
 Silver: Tim Nichols

#### Men's 25'

Gold: Bob Sanders  
 Silver: John Saulmon  
 Bronze: John Quinn

#### Women's 15'

Gold: Margaret Donnolo  
 Silver: Alice Wines  
 Bronze: Camilla Bowman

### Bowling

#### Men 60-69

Gold: Tim Nichols  
 Silver: Dan Warkentien  
 Bronze: Richard Prather and John Surber

#### Men 70-79

Gold: Glenn Andrew  
 Silver: Densell Hale

#### Men 80-89

Gold: John Quinn  
 Silver: Leon Price  
 Bronze: Tom Cunningham

#### Men 90-99

Gold: Russ Roberts  
 Gold: Margaret Donnolo

#### Women 60-69

Silver: Judy Warkentien  
 Bronze: Camilla Bowman

#### Women 70-79

Gold: Gladys Dickey  
 Silver: Alice Wines  
 Bronze: Kay Martin

#### Women 80-89

Gold: Betty Brennan  
 Silver: Ruth Christopher  
 Bronze: Ellen Davis

### Track and Field

#### 1600m Walk

**Men 60-69** Gold: Jack Kelley  
**Men 70-79** Gold: Aaron Smith  
**Women 60-69** Gold: Nikki Barton  
 Silver: Melanie Dickerson  
 Bronze: Vicki Carr  
**Women 70-79** Gold: Claudia McCracken

#### 800m Run

**Men 60-69** Gold: Tom Easterday

#### 400m Run

**Men 60-69** Gold: Tom Easterday  
**Men 70-79** Silver: Dan Warkentien  
**Women 60-69** Gold: Jack Kelley  
 Gold: Nikki Barton

#### 200m Run

**Men 60-69** Gold: Tom Easterday  
**Men 70-79** Silver: Dan Warkentien  
**Women 60-69** Gold: Jack Kelley  
 Gold: Nikki Barton  
 Silver: Vicki Carr

#### Shot Put

**Men 60-69** Gold: Dan Warkentien  
**Men 70-79** Silver: Aaron Smith  
**Men 80-89** Gold: Jack Kelley  
 Gold: Bob Sanders

#### Softball Throw

**Men 60-69** Gold: Aaron Smith  
**Men 70-79** Silver: Dan Warkentien  
**Men 80-89** Gold: Art Small  
**Women 60-69** Silver: Jack Kelley  
**Women 70-79** Gold: Bob Sanders  
**Women 80-89** Gold: Sarah Hilton  
 Gold: Claudia McCracken  
 Silver: Carol McMakin  
 Gold: Betty Brennan  
 Silver: Loretta Tolley  
 Bronze: Ellen Davis

#### Basketball Shoot

**Men 60-69** Gold: Dan Warkentien  
**Men 70-79** Silver: Russ Handlon  
**Men 80+** Bronze: Tim Nichols  
**Men 70-79** Gold: Joe Newsom  
 Silver: Glenn Andrew  
 Bronze: Roy Flanary  
**Men 80+** Gold: Bob Sanders  
 Silver: John Quinn  
 Bronze: John Saulmon  
**Women 60-69** Gold: Sarah Hilton  
 Silver: Vera Rusk  
**Women 70-79** Gold: Cheryl Gates  
 Silver: Nancy Saulmon  
 Bronze: Betty Allen

**Women 80-89**

Gold: Ruth Christopher  
Silver: Barbara Tanselle  
Silver: Margaret Brindle

**Pickleball**

Gold: Dan Warkentien and Frank Hensley  
Silver: Russ Handlon and Vicki Deckard  
Bronze: Terry Brandenburg and Steve Psikula

**Golf 18 Holes****Men 60-69**

Gold: Monte McNew

Silver: Randall Sloan

Gold: Hurchel Biddle

Silver: Densell Hale

Bronze: Glenn Andrew

**Men 80-89**

Gold: John Saulmon

Silver: Bob Sanders

Bronze: John Quinn

**Women 60-69**

Gold: Yvonne Frankewich

Silver: Marilyn VanDyke

**Golf 9 Holes****Men 70-79**

Gold: Steve Psikula

Silver: Ron Rolston

Gold: Stephen Gebbia

Silver: Tom Cunningham

**Women 80-89**

Gold: Doris Gebbia



To view, download & print your favorite photos from the Olympics go to:  
[https://2ndannualbcssiolympics.shutterfly.com/#n\\_3](https://2ndannualbcssiolympics.shutterfly.com/#n_3)

**Thank you to our BCSSI Olympic sponsors:**

Witham Health Services, Homewood Health Campus, Boone County Senior Services Foundation, Inc., Zionsville Meadows, Minute Print It, Guardian Angel Hospice, Riner Enterprises, Home National Bank, The Farmers Bank, North Salem State Bank, Signature Healthcare at Parkwood, CrownPointe of Lebanon, All Animals Vet Clinic, Fairway Golf Course, Waters of Lebanon, Boone County Sheriff's Office, Senior Helpers, Suburban Home Health, Radio Mom 91.1, Clinton House Health & Rehab, The Lebanon Reporter & Zionsville Times Sentinel



## **Nov./Dec. Classes & Activities**

**Call 482-5220 for Registration and Information**

*All Classes & Activities held at BCSSI, Lebanon*



### **Tech Time Tuesday Moves to the Afternoon**

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. **Every Tuesday from 12:00-3:00PM. Must call BCSSI for an appointment.**

### **SHIP Counseling & CICOA Benefits**

Kendra Purvis from CICOA will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Benefits, Nutrition, Social Security, and more **on December 27 from 9:00-11:30AM. Call BCSSI for an appointment.**

### **Legal Assistance**

Free legal assistance will be offered **November 20 and December 18** beginning at **9:00AM**. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. **For more in-depth assistance, the attorney can make a referral or give the client other options. Call BCSSI for an appointment.**

### **Lunch & Learn**

Join us for a **FREE** Lunch & Learn about current topics that affect seniors and their caregivers. The luncheon is the **first & third**



**Wednesday of the month at noon** and is limited to 30 people. **For reservations contact BCSSI.**

Nov. 1	Veteran's Burial Benefits
Nov. 15	Your Life Story
Dec. 6	TBA
Dec. 20	Lunch and Laugh Christmas Party

### **Boone County Council on Aging (BCCOA) Luncheon**

Join BCCOA on **December 13 at 12:00PM** for lunch. Barbara Darnell will provide musical entertainment. Please bring small personal hygiene items to be donated. Lunch will be provided by Homewood. **Contact BCSSI to register.**

### **Medicare Annual Election Period**

**Nov. 17 from 9:00AM-12:00PM and Dec. 4 from 9:00AM-3:00PM with Crystal Cole.** Nov. 22 from 9:00AM-12:00PM with Kendra Purvis. Bring Medicare ID card, list of Rx and physicians.



## **Nov./Dec. Classes & Activities**

**Call 482-5220 for Registration and Information**

*All Classes & Activities held at BCSSI, Lebanon*



### **Art Classes Cancelled**

*There will be no art classes from Nov. 23-Jan. 4!*

### **Join our Book Club!**

The next book club meeting is **Tuesday, November 7 at 1:00PM**. The group will discuss “The Aviator’s Wife” by Melanie Benjamin. There are still copies available at BCSSI. Book club will also meet on **December 5**. The book to be discussed in December will be announced at the November meeting.

### **Creative Kids at Heart Craft Club**

The group will meet on **November 15** to work on a needlepoint project at **1:30**, and **December 20** will be a Christmas party.

### **Lunch & Laugh**

Holiday entertainment by Steve Elston. **December 20, at 12:00PM**. Lunch & Laugh is made possible through a grant from the Community Foundation of Boone County. Seating is limited. Please call BCSSI for a reservation. *No walk-ins.*



### **Coffee Connection 2 Community**

The **second Thursday** of every month at **9:30AM**. Join us on **Nov. 9** with donations for the Caregiver Support Group 5 minute Vacation Baskets: travel size soaps, lotions, teas, lip balm, small journals, etc. Come on **Dec. 14** with donations for the Caring Center-Helping the Boone County Homeless (food and warmth): socks, hats, small cans of easy open food, gloves, granola bars, etc. Sponsored by Copper Trace.

### **Looking For A Good Read?**

Stop in and select a book from our BCSSI bookshelf located in our Lebanon office lobby.



#### **BCSSI Bookshelf Rules:**

- Please take a book or books to enjoy.
- DO NOT return the books, pass them along or donate them to the library book sale.
- You DO NOT have to be a member of the BCSSI book club to take a book.
- Please share how you liked the book with other seniors.

***At this time we are not taking book donations.***



## Nov./Dec. Activities Zionsville

Call 317-873-8939 for Registration and Information

*Zionsville activities are held in various facilities*



### Caregiver Support Meeting

The group will meet the 2nd Wednesday of each month from 6:00-8:00PM at the Old National Bank Community Room, 385 S Main St, Zionsville. Elizabeth Oberholtzer, Social Worker at Zionsville Meadows, will be the facilitator. **Contact BCSSI to register.**

### SHIP Counseling & CICOA Benefits

Zionsville meetings will resume in January. We will continue to have appointments in the Lebanon office.

### Art Class Cancelled

*There will be no art classes from Nov. 23-Jan. 4.*

### Lunch and Learn

**2nd and 4th Friday of the month at noon.** Lunch is free to the first 30 registrants in the **Zionsville Town Hall Community Room.**



Nov. 10 NO LUNCH Zionsville OFFICE CLOSED

Nov. 24 NO LUNCH ALL BCSSI OFFICES CLOSED

Dec. 8 Holiday Lunch at The Hearth

Dec. 22 No Lunch, Office is Open



*Happy Holidays from Boone County Senior Services  
1978-2017*



# Get Out and Go with BCSSI!

Trips depart from: BCSSI Lebanon

Zionsville, Thorntown or Jamestown pick-up available for some trips



## Shopping

Greenwood Park Mall and Old Time Pottery	Tues. Nov. 28 Tues. Dec. 19 9:00AM \$10.00
Tippecanoe Mall	Tues. Nov. 14 Thurs. Dec. 7 9:00AM \$6.00
Castleton Mall	Tues. Dec. 12 9:00AM \$6.00

## Special Interest

Christmas Gift and Hobby Show	Weds. Nov. 8 9:00AM \$6.00 Admission \$8 for Seniors
Christmas Lights at Frankfort	Thurs. Dec. 7 6:00PM \$6.00
Civic Theatre: Joseph and The Amazing Technicolor Dreamcoat	Thurs. Dec. 14 4:45PM \$6.00
Reservations for Civic begin Mon., Nov. 13	



**BCSSI welcomes Bill Compton**  
as the newest BATS driver!  
Thank you Bill for joining the  
BCSSI team!



**Happy Birthday!** BCSSI clients Martha Bymaster (left) recently celebrated her 101st Birthday and Betty Runyan (right) recently celebrated her 90th Birthday!

## BOONE COUNTY

# Senior Services Foundation

Connecting Generations and Providing Support  
Since 1997

### President

Dan Mitchell

### Vice President

Taffy Day

### Secretary

Diana Lamb

### Treasurer

Chuck Ritz

### Board Members:

Vicki Carr

John Cowan

Judy Cunningham

Jody Durham

Rick Elsbury

Jane Hammock

Patty Hughes

Matt Hunt

Gary Powell

George Tikijian

Hank Walters

## *From the Foundation President....*



As we complete an outstanding year, the Foundation board of Directors would like to thank you for your support and ask you to consider making a year-end contribution. The Foundation made major efforts this year to support the agency's budget through gifting money to several activities as well as supporting the agency's transportation insurance, which significantly increased in 2017. The Foundation Board will continue to work toward meeting our goal of raising \$2.5 million through personal gifts, pledges, memorials and planned giving. We welcome all donations and would love to personally meet with you if you have any questions about making a donation. I am proud to be a part of this amazing organization which supports BCSSI and its efforts to serve the senior population of Boone County.

***Thank you again for your support. ~Dan Mitchell***

**Donations can be made to the following:**

**Boone County Senior Services Foundation, Inc.**

**515 CrownPointe Dr., Lebanon 46052**

**Or, go to: [www.booneseniors.org](http://www.booneseniors.org)**

## **Attention Business owners and nonprofits!**

### **BREAKFAST AND BOOMERS!**

**Thursday, November 9th @ 8 a.m., BCSSI, Lebanon**



Give us one hour of your time and we'll give you a hot breakfast and cool tips on marketing to the age 50+ market this fall. **Boone County Senior Services Foundation, Inc.** is proud to host...



**MARY PAT MCKEE**, CEO/Owner of Indy Boomer TV, Radio and Magazine. Mary Pat will provide useful information for you to apply to your business to assure you are connecting to recent and soon-to-be retirees in the best possible way. Her presentations are upbeat and focus on positive strategies to successfully engage this audience.

**A full breakfast will be provided by Poe's Country Garden Catering. FREE. RSVP to BCSSI by November 1.**

# Thank you for making the 2017 Boone County Senior Health & Wellness Expo a Success!



## Thank you to our Senior Expo sponsors:

Witham Health Services, Carpenter Realtors of Lebanon, The Lebanon Reporter, Zionsville Times Sentinel, Boone County Health Department, Home National Bank, The Farmers Bank, Homewood Health Campus, The Waters of Lebanon, Signature Healthcare at Parkwood and Boone County Senior Services Foundation



## The Boone County Health Department is offering Flu Vaccines

Monday-Friday, 8:00AM-4:00PM.  
Flu Vaccine \$30, High Dose Flu \$60  
Pneumovax 23 \$105, Prevnar 13 \$190

Insurance Accepted with several in-network providers (call for listing).

Insurance card must be presented  
Cash, Check or Credit Card Accepted  
Boone Co. Office Bldg.

116 W. Washington St., Lebanon  
765-482-3942 option 3

**Home visits are available for homebound residents.**

## Meals on Wheels



### Lebanon

765-482-1433  
765-482-2846  
765-482-4563

### Zionsville

317-258-9853

### Central Indiana

317-252-5558



## Do you need Energy Assistance?

**Contact:**  
**Community Action of Greater Indianapolis**  
**Boone County Office**  
**765-482-7018 ext. 1**

**Or, Dial 2-1-1 for Information and Assistance**



## Do you need a FREE winter coat or blanket?

**Contact:**  
**The Caring Center**  
**1230 Ransdell Ct., Lebanon**  
**765-482-2020**

\*You must sign up to become an approved client of The Caring Center to be eligible for free items.

**October 28, 9:00-11:00AM**  
**Annual Coat & Blanket Giveaway**

**Need HELP with your Medicare plan comparisons for open enrollment?**

**Contact 317-803-6138 or go to [www.cicoa.org/adrc/ship](http://www.cicoa.org/adrc/ship)**



LOCAL HELP FOR PEOPLE WITH MEDICARE



**The BCSSI offices will be closed:**  
**November 23 & 24**  
**December 25 & 26**  
**January 1**

This includes all personal services and transportation services. We apologize for any inconvenience. Thank you for your continued support.



\*\*\*\*\*  
\* Caregiver's Corner \*

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list contact Jessica Evans at [jevans@booneseniors.org](mailto:jevans@booneseniors.org) or call 765-482-5220 or 317-873-8939.

**Do you or someone you know need a little extra help?**

**Try BCSSI Personal Services**  
*Homemaker, Personal Care, Respite*



**Contact:**  
Cindy Hickson  
765-482-5220 or 317-873-8939  
[chickson@booneseniors.org](mailto:chickson@booneseniors.org)

**Black Friday. Cyber Monday.**

# #GIVINGTUESDAY

**November 28, 2017**

the Boone County Senior Services Foundation you can donate online at [www.booneseniors.org](http://www.booneseniors.org) or, please mail your gift to: 515 CrownPointe Drive, Lebanon, IN 46052.

***Thank you for your support!***

On Tuesday, November 28, 2017, charities, families, businesses, community centers, and students around the world will come together for one common purpose: *To celebrate generosity and to give.* **#GivingTuesday** is a global day dedicated to giving back.

Gifts of every size make a difference! If you are interested in **GIVING** back to the Boone County Senior Services or

## **BCSSI Personal Services Division has openings!**



Interested individuals with experience in homemaking/personal care, should **contact Cindy Hickson**, Director of Personal Services for more information or drop off a resume/complete an application at BCSSI. Openings include homemaking and personal care attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer. Background check required.

**765-482-5220 or 317-873-8939 or [chickson@booneseniors.org](mailto:chickson@booneseniors.org).**

## **Boone Area Transit System (BATS) is looking for drivers!**

Individuals must be willing to obtain (or already have) a public Passenger License, must pass a physical exam, drug test and background check and must be able to operate a wheelchair lift (training provided). **Contact Director of Transportation Cindy Elliott 765-482-5220 or 317-873-8939 or [cindy@booneseniors.org](mailto:cindy@booneseniors.org) for a complete job description.** Boone County Senior Services, Inc. is an Equal Opportunity Employer.



# Agency Memorial & Honorarium Gifts

## In Memory of Fred Stephens

Jeffrey & Jessica Evans  
Sharon Walker  
Kate Koehler  
Bob & Anita Bowen  
Keith & Brenda Burkholder  
Jeff Young  
Dana & Ellen Witte  
Lebanon Christian Church  
Sue Farrow & Family  
Sue Ritz  
Al & Margi McConnaha  
Lebanon Lions Club

## In Memory of Ron Shockley

Kate Koehler  
Chuck & Cindy Hickson

## In Memory of Ann Garoffolo-Goar

Sue Ritz

## In Memory of Bob Pittman

Chuck & Cindy Hickson

## In Memory of William Engledow

Jim & Christina Bush  
Mary Margaret Fox

## In Memory of Ken Perkins 95th Birthday

Evelyn Perkins

## In Memory of Donna Swank Rice

Jim & Christina Bush

## In Memory of Martha Bartlett Finch

Jim & Christina Bush

## In Memory of Jim Small

Howard & Kathleen Smith  
Sue Ritz  
Bob & Anita Bowen  
Chuck & Cindy Hickson  
Angela Stonehill "The Stonehills"  
Andrew Wood & Laura Temple  
Rev. Emmanuel & Mrs. Brenda Penumaka  
Diane & David Nowell  
Shirley Bush  
JR & Delores Ashton  
Bradley & Tamara Campbell  
Sandy Langoni  
Jill Troha & Jeff Wilson  
Emmanell Dunn & Family  
Terry & Denise Castelli  
Steve & Janice Strawmyer  
Tom & Ingrid Temple  
Keith & Brenda Burkholder  
William & Gay Winslow

## In Memory of Terry Bayles, Combat Infantry, Tet Offensive, Vietnam

Indianapolis Ch. WWII Roundtable Members:  
Col. Bob Clifford (retd.), Combat Infantry, Vietnam  
"Ponytail" Paul Cauley, Combat Infantry, Vietnam  
"Welcome Home Buddy"  
Allen & Elaine Andrews  
Dr. John Deck

## BCSSI Memorial and Honorarium Donation Form

In Memory of: \_\_\_\_\_

In Honor of: \_\_\_\_\_

Please send notification card to: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

**Thank you for your gift. Please mail form with payment to:**

BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

**Let BATS take  
you door to door!**  
**Boone Area Transit System**  
 County Wide, All Ages  
 482-5220 or 317-873-8939  
 Monday-Friday  
 7:30AM-4:30PM

**Are you interested in becoming a  
BATS driver? Give us a call!**



**BATS participated in the Boone County Senior Health & Wellness Expo! Thanks to the many attendees who stopped to say "hello"!**

*Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!*

## **Boone Area Transit Pricing 2017**

**Due to increasing demand please allow 2 weeks notice  
to book your next transit appointment.**

<b>SENIOR SUGGESTED DONATIONS</b>	<b>Cost:</b>
Inside city limits (unlimited stops)	\$5.00
Outside city limits in Boone Co. (unlimited stops)	\$10.00
<b>SENIOR OUTSIDE COUNTY COSTS</b>	<b>Cost:</b>
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone <b>round trip</b>	\$20.00
Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone <b>round trip</b>	\$15.00
Airport <b>one-way</b> mandatory pay per person	\$25.00
Any trip over 30 miles or more one way add \$5.00	\$5.00
<b>PUBLIC</b>	
Charge each time client boards	\$3.00
Drive-thru to <b>drop off</b> prescriptions only	N/C
Drive-thru to pick up medicine, bank, or fast food	\$3.00
Outside city limits in Boone Co.	\$5.00

# Easy Holiday Baking

From [allrecipes.com](http://allrecipes.com)

## Easy Pumpkin Muffins

1 box spice or yellow cake mix



1-15 oz. can pumpkin puree

Heat oven to 350° and grease or line 12 cups in a muffin tin. Mix all ingredients in a large bowl until smooth. (If you use a yellow cake mix, you can add 1 tsp. of pumpkin pie spice.) Spoon into muffin cups. Bake 20-25 minutes, until a toothpick inserted into the middle of a muffin comes out clean.

## Cake Mix Cookies

1-18.25 oz cake mix, any flavor you like      Optional: 1 cup of mix-ins

1/2 c. vegetable oil

(chips, nuts, etc.)

2 eggs

Heat oven to 350°. Mix all ingredients in a large bowl.

Form into small balls and place on cookie sheet. Bake for 6-9 minutes.



BOONE COUNTY SENIOR SERVICES, INC.

**SENIOR SOUNDS**

Volume XXXVIII Number 3      May/June 2017



NEW BCSS Book Club

The first meet and greet was a success and the book *Killer Lobster* by Mary Lou Kivinen was selected as the first read. Thank you to group leader and newest club member, Mary Lou Kivinen for your hard work and dedication.

Turn to page 9 for more details about future club meetings.

Have you moved? Please let us know so we can update our mailing list.

What's Inside

Page 6      Art & Photo Show, Book Club, Theater Thursday

Page 8-11      Activities, Van Trips & Lunch & Learn on the Road

Page 12      BCSS Olympics Announced

Page 14      Want Better Balance? Take a Tai Chi Class

And More

**If you have an address change please contact our office so we can continue to mail your Senior Sounds!**

**Thank you!**

**765-482-5220 or 317-873-8939**

**Boone  
County  
Senior  
Services  
Inc.**

*Connecting Generations  
since 1978*

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$5 annual donation to defray printing and mailing costs to:

BOONE COUNTY SENIOR SERVICES, INC.  
515 CROWNPOINTE DRIVE, LEBANON, IN 46052

To receive electronic copies of this newsletter  
email us at [bcssi@booneseniors.org](mailto:bcssi@booneseniors.org)  
[www.booneseniors.org](http://www.booneseniors.org)

Boone County Senior Services, Inc. is partially funded by the Boone County Commissioners, UWCI & CICOA.



United Way  
of Central Indiana



**BOONE COUNTY SENIOR SERVICES, INC.  
515 CrownPointe Drive  
Lebanon, IN 46052**

**ADDRESS SERVICE REQUESTED**

Non-Profit Org.  
U.S. Postage  
PAID  
Lebanon, IN  
Permit # 205