



ignite
your passion

The Florence Presbyterian Community invites you to join us in celebrating Active Aging Week, which promotes the benefits of a healthy lifestyle by giving older adults the opportunity to experience diverse activities and exercise in a safe, friendly and fun atmosphere.

As a Life Plan Community, The Florence Presbyterian Community offers leading edge services and the security of a full spectrum of retirement and healthcare options. Residents are encouraged to fully engage life within the seven dimensions of wellness. **Won't you join us?**

EVENT REGISTRATION

Please register for any or all of these events by **Friday, September 22:**

Melody.Adams@PresComm.org

(843) 656-2906



THE FLORENCE
PRESBYTERIAN COMMUNITY
Presbyterian Communities of South Carolina

2350 W. Lucas Street, Florence, SC 29501
PRESCOMMUNITIES.ORG



INTERNATIONAL COUNCIL ON ACTIVE AGING
2017

**ACTIVE AGING
WEEK**

Medicare 101: The New Rules for Rehab

Tues., Sept. 26 • 10 a.m.

Presented by Rhonda Sanders, RN

Healthy Eating & Cooking Demo

Wed., Sept. 27 • 10 a.m.

Cooking demonstration
with Chef Ben Pirkle

Wine & Cheese Social

Wed., Sept. 27 • 5 p.m.

Casual gathering with
residents and friends

Cultivating Bees with Ease

Thurs., Sept. 28 • 10 a.m.

Presented by Lee Randolph

(Take home a sample of organic honey!)

Balance Class

Fri., Sept. 29 • 10 a.m.

Led by Kara Morgan,
Physical Therapist

Exciting things are planned at The Florence Presbyterian Community for Active Aging Week – September 24-30.

You're invited to join us for events designed to ignite your passion...from a cooking demonstration to a balance class, from a bee cultivation seminar to a wine and cheese social!



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