

May 2017

LUNCH



Holy Spirit Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheeseburger Green beans Choice of fruit Milk	2 French Toast Sticks Sausage Carrots Choice of fruit Milk	3 Spaghetti & Meatballs Peas Choice of fruit Milk	4 Chicken Fajita Brown rice/beans Choice of fruit Milk	5 Ametis Pizza Chick peas Choice of fruit Milk
8 Cheeseburger Sweet potato fries Choice of fruit Milk	9 Mac & Cheese Peas Choice of fruit Milk	10 Beef Nachos Corn/salsa/cheese Choice of fruit Milk	11 Pancakes Sausage Carrots Choice of fruit Milk	12 Ametis Pizza Black bean salad Choice of fruit Milk
15 Cheeseburger Corn Choice of fruit Milk	16 Chicken Burrito Rice/Salsa Choice of fruit Milk	17 Pasta with Meat Sauce Green beans Choice of fruit Milk	18 BBQ Chicken strips on a Bun Carrots Choice of fruit Milk	19 Ametis Pizza Chick peas Choice of fruit Milk
22 Hot Dogs Baked beans Choice of fruit Milk	23 Beef Taco Lettuce/cheese/salsa Choice of fruit Milk	24 Garlic Chicken Pasta Peas Choice of fruit Milk	25 Cheeseburger Corn Choice of fruit Milk	26 Ametis Pizza Green beans Choice of fruit Milk
29 Memorial Day No School 	30 Pasta with Meat Sauce Carrots Choice of fruit Milk	31 Oven Roast Chicken Sweet potatoes Dinner roll Choice of fruit Milk		
Menu Subject to Change Choice of 1% White or FF Chocolate Milk Fruit from the season Lunch tickets available in advance \$3.50 per lunch / 10 meals \$35.00 20 meals - \$70.00 / Adult Lunch - \$4.00		Snack Bar 1% or Fat Free Milk - \$.50 Fresh Baked Cookies - \$.50 Assorted Chips - \$.50 Ice Cream - \$1.00 NOTE: Pizza - \$1.50 Xtra Slice		Chef's Specialty Wraps/sandwiches Monday-Ham and Cheese Tuesday-Egg Salad Wednesday-Chicken Salad Thursday-Turkey and Cheese Friday-PB&J Sandwich
				Available Daily Yogurt Bag Sliced bagel with cheese, carrot sticks, yogurt, fruit, & milk PB&J Bag Whole wheat bread, carrot sticks, fruit & milk Cereal Bag Cereal, cheese, yogurt, carrot sticks, fruit & milk