


# January 2018

# LUNCH

## Holy Spirit Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1				3		4		5	
				Cheeseburger Green beans Choice of fruit Milk		Taco Lettuce/cheese/salsa Choice of fruit Milk		Ametis Pizza Black bean salad Choice of fruit Milk	
8		9		10		11		12	
Cheeseburger French fries Choice of fruit Milk		French Toast Sausage Carrots Choice of fruit Milk		Pasta with Meat Sauce Peas Choice of fruit Milk		Fish Sticks Corn Choice of fruit Milk		Ametis Pizza Green beans Choice of fruit Milk	
		16		17		18		19	
No School		Cheeseburger Baked beans Choice of fruit Milk		Mac & Cheese Peas Choice of fruit Milk		Chicken Noodle Soup Grilled cheese Carrots Choice of fruit Milk		Ametis Pizza Chick peas Choice of fruit Milk	
22		23		24		25		26	
Cheeseburger Green beans Choice of fruit Milk		Garlic Chicken Pasta Peas Choice of fruit Milk		Hot Dog Baked beans Choice of fruit Milk		BBQ Chicken strips on a Bun Carrots Choice of fruit Milk		Ametis Pizza Bean salad Choice of fruit Milk	
29		30		31					
Cheeseburger Corn Choice of fruit Milk		Pasta with Meat Sauce Carrots Choice of fruit Milk		Pulled Pork on a Bun Sweet potatos Choice of fruit Milk					
Menu Subject to Change Choice of 1% White or FF Chocolate Milk Fruit from the season  Lunch tickets available in advance \$3.75 per lunch / 10 meals \$37.50 20 meals - \$75.00 / Adult Lunch - \$4.25		Snack Bar 1% or Fat Free Milk - \$.50 Fresh Backed Cookies - \$.50 Assorted Chips - \$.50 Ice Cream - \$1.00 NOTE: Pizza - \$1.50 Xtra Slice		Chef's Specialty Wraps/sandwiches Monday-Ham and Cheese Tuesday-Egg Salad Wednesday-Chicken Salad Thursday-Turkey and Cheese Friday-PB&J Sandwich			Available Daily Yogurt Bag Sliced bagel with cheese, carrot sticks, yogurt, fruit, & milk PB&J Bag Whole wheat bread, carrot sticks, fruit & milk Cereal Bag Cereal, cheese, yogurt, carrot sticks, fruit & milk		