


March 2017

LUNCH

Holy Spirit Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mac & Cheese Broccoli Choice of fruit Milk Ash Wednesday	2 Pancakes Sausage Carrots Choice of fruit Milk	3 Ametis Pizza Black bean salad Choice of fruit Milk
6 Hot Dog Baked beans Choice of fruit Milk	7 Taco Lettuce/cheese/salsa Choice of fruit Milk	8 Spaghetti&Meat Balls Peas Choice of fruit Milk	9 Chicken Patty on a Bun Carrots Choice of fruit Milk	10 Ametis Pizza Green beans Choice of fruit Milk
13 Cheeseburger Potato wedges Choice of fruit Milk	14 Nachos (Beef) Corn/salsa/cheese Choice of fruit Milk	15 Garlic Chicken Pasta Broccoli Choice of fruit Milk	16 Oven Roast Chicken Corn Dinner roll Choice of fruit Milk	17 Ametis Pizza Bean salad Choice of fruit Milk  Happy St Patrick's Day
20 Open Hot Turkey Carrots Choice of fruit Milk	21 BBQ Chicken Strips on a Bun Corn Choice of fruit Milk	22 Pasta with Meat Sauce Spinach Choice of fruit Milk	23 Pulled Pork on a Bun Peas Choice of fruit Milk	24 Ametis Pizza Green beans Choice of fruit Milk
27 French Toast Sausage Green beans Choice of fruit Milk	28 Mac & Cheese Peas & carrots Choice of fruit Milk	29 Chicken Burrito Rice/beans Choice of fruit Milk	30 Cheeseburger Oven sweet potatoes Choice of fruit Milk	31 Ametis Pizza Bean salad Choice of fruit Milk
Menu Subject to Change Choice of 1% White or FF Chocolate Milk Fruit from the season Lunch tickets available in advance \$3.50 per lunch / 10 meals \$35.00 20 meals - \$70.00 / Adult Lunch - \$4.00		Snack Bar 1% or Fat Free Milk - \$.50 Fresh Backed Cookies - \$.50 Assorted Chips - \$.50 Ice Cream - \$1.00 NOTE: Pizza - \$1.50 Xtra Slice		Chef's Specialty Wraps/sandwiches Monday-Ham and Cheese Tuesday-Egg Salad Wednesday-Chicken Salad Thursday-Turkey and Cheese Friday-PB&J Sandwich
Available Daily Yogurt Bag Sliced bagel with cheese, carrot sticks, yogurt, fruit, & milk PB&J Bag Whole wheat bread, carrot sticks, fruit & milk Cereal Bag Cereal, cheese, yogurt, carrot sticks, fruit & milk				