

December 2016



LUNCH

Holy Spirit Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Patty on Bun Corn Choice of fruit Milk	2 Beef Nachos Lettuce/cheese/salsa Choice of fruit Milk	3 Mac & Cheese Carrots Choice of fruit Milk	4 Grilled Cheese Vegetable soup Choice of fruit Milk	5 Ametis Pizza Green beans Choice of fruit Milk
6 Chicken Fajita Brown rice Choice of fruit Milk	7 Hot Dog Baked beans Choice of fruit Milk	8 Ametis Pizza Bean salad Choice of fruit Milk	9	
10 Open Hot Turkey Corn Choice of fruit Milk	11 Pasta with Meat Sauce Peas Choice of fruit Milk	12 Pulled Pork on a Bun Carrots Choice of fruit Milk	13 Ametis Pizza Green beans Choice of fruit Milk	
14 Cheseeburger Potato wedges Choice of fruit Milk	15 Taco Lettuce/cheese/salsa Choice of fruit Milk	16 Oven Roasted Chicken Sweet potato Corn Choice of fruit Milk	17 Ham & Cheese Wrap Black bean salad Choice of fruit Milk	18 Early Dismissal No Lunch
19 No School	20 No School	21 No School	22 No School	23
24 No School	25 No School	26 No School	27 No School	28 No School
Menu Subject to Change Choice of 1% White or FF Chocolate Milk Fruit from the season	Snack Bar 1% or Fat Free Milk - \$.50 Fresh Backed Cookies - \$.50 Assorted Chips - \$.50 Ice Cream - \$1.00 NOTE: Pizza - \$1.50 Xtra Slice	Chef's Specialty Wraps/sandwiches Monday-Ham and Cheese Tuesday-Egg Salad Wednesday-Chicken Salad Thursday-Turkey and Cheese Friday-PB&J Sandwich		Available Daily Yogurt Bag Sliced bagel with cheese, carrot sticks, yogurt, fruit, & milk PB&J Bag Whole wheat bread, carrot sticks, fruit & milk Cereal Bag Cereal, cheese, yogurt, carrot sticks, fruit & milk