

May 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 May Day! When you hang that basket on your neighbors' door—use your bike as a getaway!	2 It's National Bike Month! Be sure to check your bike and helmet for safety.	3 Get to know the sharrows! Check out this article to learn more about these markers.	4 Tomorrow is Mason City Community Schools District-Wide Walk-a-Thon ! Plan on biking over to support them!	5 Happy Cinco De Mayo! Bike to Pastime Gardens – a Blue Zones Restaurant®!	6 Have errands to run? Choose your bike to get there! Explore the Mason City Bike Map for all current trails.	
7 Looking for some light reading? Check out the Activating Mason City Bicycle Pedestrian Plan .	8 Take a break from work – check out the River City Sculptures on Parade during a lunchtime bike ride.	9 You don't always need an epic adventure – today's a great day to take a relaxing ride around your neighborhood.	10 Today is National Bike to School Day ! Encourage youth to grab their helmet and review bike safety!	11 Before Bike to Work Week, check out the Mason City ordinances to ride safely and responsibly.	12 Our Mason City 3 rd graders will be receiving bike education today – knowledge is power!	13 Check out the Bike Rodeo for elementary students today at the Mason City Police Department.	
14 Happy Mother's Day! Treat Mom to a bike ride.	15 Grab your co-workers! Today kicks off Bike to Work Week !	16 Brighten your day with an article on " 8 weird and wonderful facts you didn't know about cycling ."	17 Reflect on a serene memorial ride today at the Ride of Silence . It starts at Central Park at 7pm.	18 Happy #MuseumDay. Ride over to Charles H. MacNider Art Museum and revel in this local treasure!	19 It's Bike to Work Day . On your way home, stop by the opening day of the North Iowa Farmers Market .	20 Bike to Hy-Vee for groceries or a meal! Both Hy-Vees are Blue Zones Restaurants®!	
21 It's the weekend! Bike to a Blue Zones Restaurant .	22 We have two community garden sites in Mason City? Ride by and see what's growing!	23 Enjoy Wine at 5 with your right tribe ... then bike home responsibly.	24 Why bike? Explore BikeRader's article on " 30 great benefits of cycling ."	25 Ride downtown to listen to the Mason City Municipal Band on the plaza starting at 6pm.	26 Make sure your bike is ready for fun-- it's Band Festival weekend and the carnival starts at 5pm!	27 Bike downtown to celebrate Band Festival ... all weekend long!	
28 Ride to Trinity Lutheran Church for their outdoor worship at 9am.	29 Happy Memorial Day. Ride over take a visit to Elmwood Cemetery and pay your respect to fallen veterans.	30 Fun Fact: The first human powered land vehicle was constructed by Giovanni Fontana in 1418. Read bike facts .	31 Today is National Senior Health & Fitness Day ! All ages can bike to move naturally.	Notes: Visit the Blue Zones Project page on masoncity.net for Bike Month materials for your worksite.			