

Peach Smoothie Recipe:

A tasty, cold beverage for warm, late-summer days!

- 1 peach, peeled
- 1/2 cup plain yogurt
- 1/2 cup orange juice
- a few ice cubes
- 1 t. sugar (or to taste)

Combine all ingredients in a blender.

Serves 2 (or maybe 1, it can be hard to share!)