

Mira Costa Baseball

Mindful Baseball

JANUARY
2-6

Costa's head coach Keith Ramsey brings a fresh approach to camp. Campers will benefit from 20+ years of baseball experience, including 11 years at the professional level. Camp will focus on hitting, fielding, pitching, base running and mental aspects of the game. Top level instruction from Mira Costa School coaching staff, players and guest coaches.

HURRY, Space is limited.



SNACKS

CAMPERS: Grades 1st-8th

T-SHIRTS

Camp Hours: 9:00-12:15pm (w/ a 20 minute snack break)

Camp Location: Mira Costa High School Baseball Field (Meadows Ave.)

****Early bird pricing until December 18th****

Full Week Cost: \$250 per camper w/ discounts for siblings

4-days: \$205

3-days: \$155

For registration and payment option, go to:

<http://tinyurl.com/MCMustangBaseballCamps>

PRIZES

GAMES

SPECIAL AFTER CAMP CLINICS

AGES 10-13 YEARS OLD FROM 12:30-1:30PM

SIGN UP ON-LINE FOR AN ADDITIONAL FEE

Hitting
Pitching
Catching
Sliding
Bunting

w/Costa Coach/Player
w/ Coach Keith Ramsey
w/ Costa Coach/Player
w/ Costa Coach/Player
w/ Costa Coach/Player

Days TBD - 5 spots each day
Days TBD - 5 spots each day
Days TBD - 5 spots each day
Days TBD - 10 spots each day
Days TBD - 10 spots each day

EXCLUSIVE Yoga for Young Athletes

w/ Coach Keith Ramsey

Days TBD - 20 spots

**Discount for all campers that attended the Thanksgiving weekend camp.
Get cool Costa Baseball gear if you refer a friend!**