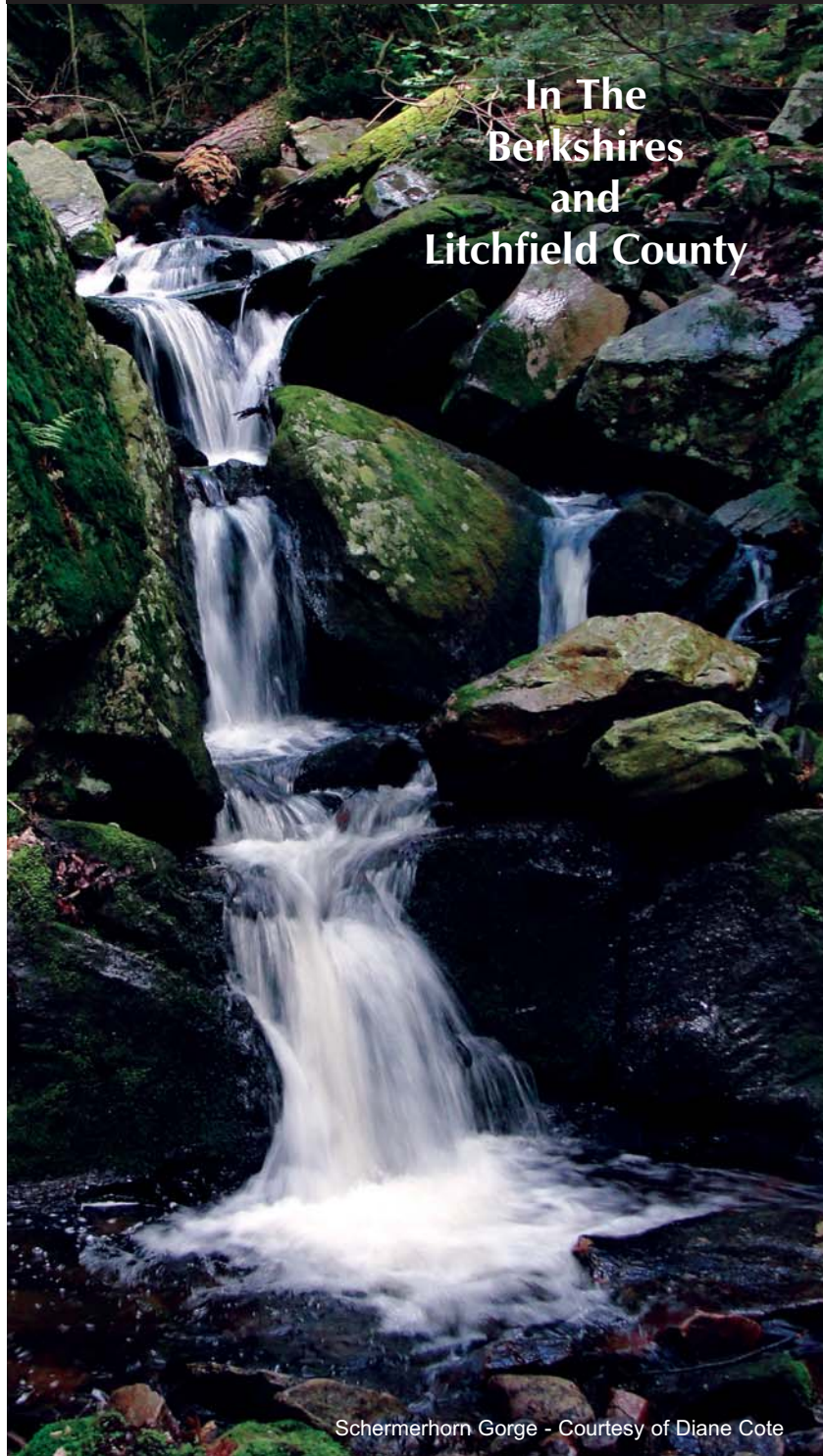


Heritage Walks 2017



In The Berkshires and Litchfield County

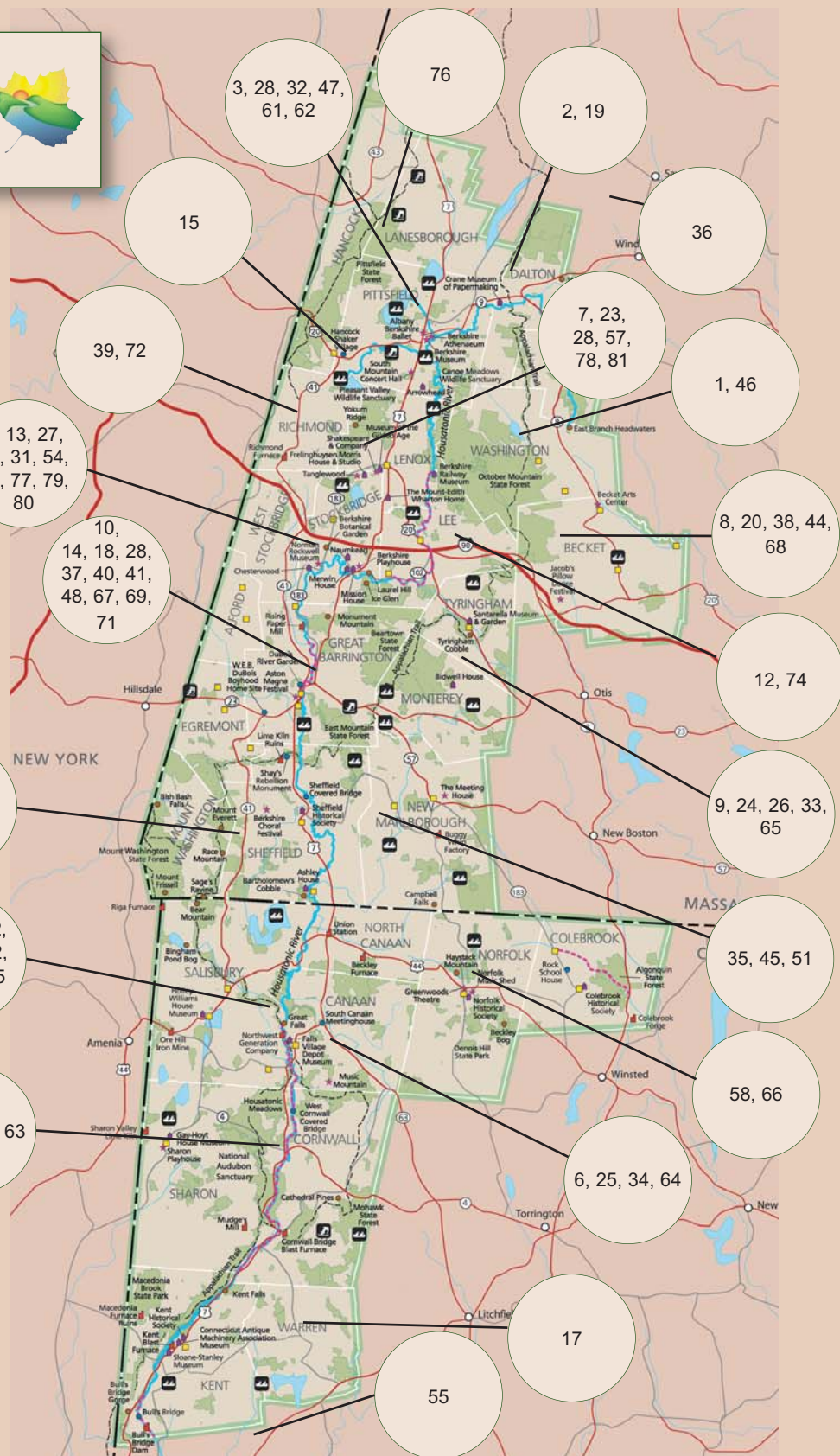


Schermerhorn Gorge - Courtesy of Diane Cote

In Partnership with
National Park Service



A Guide To Heritage Walks Locations





SATURDAY - SEPTEMBER 16, 2017

1 Washington, MA

BIRDING WALK AT WASHINGTON MOUNTAIN MEADOW

Join Ed Neumuth, from the Hoffman Bird Club, for a birding walk in this area of October Mt. State Forest which hosts a number of nesting species and migrants. We'll explore the marsh and discuss the intriguing history of the state forest. Rain Date is Sunday, 9/17.
3 hours - 1.5 miles.

7 AM - 10 AM



MEET at Washington Town Park on Rt. 8.

2 Hinsdale, MA

WALK THE OLD MILL TRAIL ALONG THE EAST BRANCH OF THE HOUSATONIC RIVER

Join a pleasant walk with Dennis Regan, from the Housatonic Valley Assoc., along the Housatonic River on the Old Mill Trail, that follows the remnants of an early mill operation that once powered a thriving woolen mill. Wear sturdy footwear and bring drink/snack.
3 hours - 3 miles

9 AM - 12 PM

TO REGISTER: dregan@hvatoday.org or call 413-394-9796.
MEET at the Old Mill Trail along the Housatonic River at the junction of Old Dalton Rd. and Rt 8 in Hinsdale, 3.5 miles from junction of Main St, High St, and Rt 9/8A in Dalton .

3 Pittsfield, MA

URBAN MILL TRAIL OF PITTSFIELD IN THE 1800's

Join John Dickson, from the Berkshire County Historical Society, for a historic walk through north Pittsfield along the Housatonic River and it's tributary, Onota Brook. We will pass the buildings and remnants of 7 "major and once thriving" mills to examine the connection between the flowing water and industrial activity in the 1800's. Take a step back in time to find the buildings that are Pittsfield's history and hear about their origins and our ancestors who worked in them. Most of the walk will be on sidewalks/paved areas. These were the factories that drove Pittsfield's economy, and enticed thousands of workers and their families to come to Pittsfield in search of a better life. 2 hours - 4 miles.

9:30 AM - 11:30 AM



West Cornwall - photo by Dan Bolognani

MEET at the Pontoosuc Lake boat ramp on Hancock Road. Take Rt 7 to the southern edge of the lake, and turn onto Hancock Road. Boat Ramp parking lot is on the right just past the dam.

4 Cornwall, CT

WALK THE CORNWALL RIVERSIDE TRAIL

Walk with Johan Winsser, from the Cornwall Conservation Trust, on a quiet, level, shady trail through varying woodlands, along the Housatonic River, and with old stone works at the end. The old river road used to connect the villages of West Cornwall and Cornwall Bridge, until the railroad was built in 1842 and it fell into diminished use. 1.5 hours - 2.8 miles.

10 AM - 11:30 AM

FROM Rt 7 in West Cornwall, drive through the West Cornwall covered bridge, and take the first right onto Lower River Road and drive to the Trinity Retreat Center parking area.

5 West Stockbridge, MA

19th CENTURY INDUSTRIES & LIME KILNS

Join Barbara Dowling & Robert Salerno as they investigate early industries in the center of town, particularly the iron works, lime quarry, lime kilns and blast furnaces that defined it.
1-1/2 hours - 0.5 mile.

10 AM - 11:30 AM

TO REGISTER: wshistorybd@gmail.com or call 413-232-5055.
WALK WILL BEGIN at the West Stockbridge public parking lot on Moscow Rd., across from the Post Office. Take Rt 102 to West Stockbridge. If arriving from the south, turn left on Center St. - parking area is one block further, on the left. If arriving from the west/north, turn right on Depot Street (just before the bridge) - parking area is one block further.

6 Falls Village, CT

SCENIC, HISTORIC BIKE RIDE THROUGH SALISBURY AND TWIN LAKES

Join Terry Burke, from the Housatonic Heritage Area, for a bike ride on a beautiful, scenic loop through Salisbury and the Twin Lakes area and back to Falls Village. 2 hours - 23 miles.

10 AM - 12 PM

MEET at the Hunt Memorial Library at 63 Main St., just off Rt 126 in Falls Village.



Arrowhead Museum

7 Lenox & Pittsfield, MA 10 AM - 12 PM
FROM IRON ORE TO ORIOLES: ECOLOGY AND INDUSTRY IN THE BERKSHIRES

Join Mass Audubon's Gayle Tardif-Raser on an exploration of the fascinating ecological history of the Berkshires landscape, a story of massive change and recovery. By van, we will visit several sites that reveal elements of the story of how the Berkshires landscape was shaped through human activity (the 18th/19th century charcoal, lime, glass & iron industries) and how the rise and fall of local industry has impacted native forests and wildlife. We will visit sites at Pleasant Valley Sanctuary, Lenox, and to the Berkshire County Historical Society's Arrowhead Museum to view artifacts from the glass and iron ore industries.

NOTE: This program is appropriate for participants with mobility challenges and involves only short walks at each site. Please request needed accommodations upon pre-registration.

NOTE: Does not include a tour of Arrowhead Museum. 3 hours

PRE-REGISTRATION IS REQUIRED: call 413-637-0320 or email gtraser@massaudubon.org.

FROM Rt 7/20 in Lenox, take West Dugway Road (which is located a very short distance north of the Arcadian Shop). Drive to West Mountain Rd and take a left and drive 1.5 miles to Pleasant Valley Sanctuary.

8 Becket, MA 10 AM - 12 PM
EXPLORING THE BECKET LAND TRUST'S HISTORIC QUARRY & FOREST

Enjoy a leisurely hike to explore the historic quarry with Becket Land Trust founders, Ken and Ann Smith. Learn about granite quarrying from 1850-1950's. Witness the quarry, now filled with water, surrounded by stands of beautiful white birch trees and the standing wooden derrick and winches. Hear how the Trust saved this property for recreation and developed miles of hiking trails. Wear sturdy footwear & bring drink/snack.



Becket Land Trust Quarry

2 hours - 2 to 3 miles.

FROM junction of Rts 20 & 102 in Lee, take Rt 20 east and drive



Bidwell House Museum - courtesy of David Dashiell

about 14 miles, to the junction where Rt 8 turns left off Rt 20. Here, you will turn right on Bonny Rigg Hill Rd. Drive about 2 miles and turn left on Quarry Rd. and drive for 1 mile. Parking is on the right.

9 Monterey, MA 10 AM - 12:30 PM
NATURE IN AUTUMN AT THE BIDWELL HOUSE

Join the Bidwell House Museum and Tom Tynning (a professor of environmental science at Berkshire Community College), who will take you on a walking tour to explore the flora and fauna of the Berkshire upland forest. Wear sturdy footwear, and bring snack/drink. 2.5 hours - 2 miles.

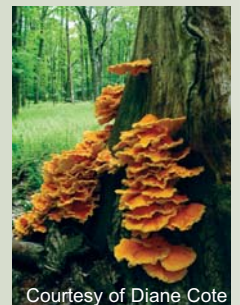
NOTE: Does not include a tour of the museum interior, which, for a fee, can be arranged after the free Heritage Walk.

TO REGISTER: email - bidwellhouse@gmail.com or call 413-528-6888.

FROM Monterey center, take Tyringham Rd. for 1.5 miles, and take a left onto Art School Rd. and drive 1 mile to the end; OR From the traffic light at Big Y in Lee, take Tyringham Rd and drive 5.5 miles. Take a right onto Monterey Rd and drive for 2.3 miles, then take a right on Art School Rd. and drive 1 mile to the end.

10 Gt. Barrington, MA 11 AM - 11 PM
NATURE WALKS WITH BERKSHIRE BIOBLITZ

Join the Berkshire Bioblitz team, Berkshire Natural Resources Council staff and experts in the natural sciences at BNRC's Thomas & Palmer Brook Reserve. The Bioblitz is an opportunity for the general public to engage with biologists, naturalists and environmentalists to survey as many species as possible in a given area within a 24-hour period. You will see first-hand the importance of a healthy, active ecosystem in your own community. Berkshire Bioblitz offers a variety of family-friendly, interactive, nature-oriented nature walks and talks taking place throughout the day. Examples of some programs are mammal tracking workshops, invasive species identification exhibit, a "Firefly Count" and a "Moth-Light" demonstration.



Courtesy of Diane Cote



Hancock Shaker Village - courtesy of Diane Cote

FROM the traffic light junction of Rtes 23 & 7 in Great Barrington, across from Elise Abrams Antiques store, drive east on Rt 23 for 0.7 mile to the site (located near Koi's Restaurant between 301 & 309 State Rd/Rt 23).

11 Salisbury, CT 1 PM - 2 PM
WALKING TOUR AT THE SALISBURY LAND TRUST'S SYCAMORE FIELD

Sycamore Field is a beautiful field that borders the Housatonic River and Rt 7. Join Lynn Meehan, from the Salisbury Land Trust, for a walk along the edge of the field to the river and hear about the flora and fauna, the history of the area and about the Housatonic River. 1 mile - 1 hour.



Salisbury Land Trust's Sycamore Field

MEET at the site, located on Rt 7, about 0.5 mile south of the intersection of Rts 7 & 112 (which is just south of Housatonic Valley Regional High School).

12 Lee, MA 1 PM - 3:30 PM
THE CIVILIAN CONSERVATION CORPS (CCC) IN OCTOBER MT. STATE PARK - A "NEW DEAL" IN BUILDING PARKS

Explore a rustic landscape shaped by the Civilian Conservation Corps (CCC). Alec Gillman, from the MA Dept. of Conservation & Recreation, will lead this guided hike on the scenic Gorge Trail uphill to Felton Pond. We will discover forgotten rustic features built by the CCC some 80 years ago and hear stories about Schermerhorn Brook and October Mountain State Forest. The CCC, a "New Deal program" during the 1930s Great Depression, improved public parks and forests nationwide. The program inspired a recreational heritage that we still enjoy today. This is a moderate, uphill hike with a 600 foot elevation gain. Wear boots/sturdy footwear, appropriate clothing for weather, bring snack and drink. 2.5 hours - 1.5 miles.

MEET at the junction of (286) Woodland Road and Valley St. in Lee, a dirt pull-off. Shuttle van available to trail head.



Drury Preserve Walk - courtesy of Laura Cook

13 Stockbridge, MA 2:30 PM - 3:30 PM
WALKING TOUR OF HISTORIC ST. JOSEPH CEMETERY
 Take a historic walking tour through St. Joseph's Cemetery, with Josh Hall, from the Stockbridge Library, Museum & Archives. Hear about the historic background of the cemetery and about some of the people whose names appear on gravestones. 1 hour - 1/2 mile

FROM the Red Lion Inn (at junction of Rt 102 & Rt 7), drive west on Rt 102 for 1 mile and turn right onto Church St. at the monument (which is still Rt 102), and almost immediately, enter the cemetery's stone archway entrance on the left.

SUNDAY - SEPTEMBER 17, 2017

14 Gt. Barrington, MA 8 AM - 12 PM
NATURE WALKS WITH BERKSHIRE BIOBLITZ
 REFER TO WALK # 10 FOR DETAILS

15 Hancock, MA 9 AM - 1 PM
HIKE TO THE REMAINS OF THE HOLY SITES AT HANCOCK SHAKER VILLAGE

Join author of "50 Hikes in the Berkshires" book, Lauren Stevens, for a hike to the Hancock Shakers' Holy Sites. We will follow Shaker Brook past their old water system remains, pass by foundation remains and up Shaker Mountain, the Hancock community's holy site, then back down into the valley and up Holy Mount, which belonged to the New Lebanon Shaker community. Stonewalls and some other artifacts will be visible. After a lunch stop, we'll head back. Bring lunch & drink and wear sturdy shoes/boots. NOTE: Does not include a tour of the museum interior, which, for a fee, can be arranged after the free Heritage Walk. 4 hours - 6.5 miles.

TO REGISTER: lstevens@berkshire.net
 MEET at parking lot of Hancock Shaker Village on Rt 20.

16 Sheffield, MA 9:30 AM - 12 PM
EXPLORE THE SCHENOB BROOK WETLANDS AT THE NATURE CONSERVANCY'S DRURY PRESERVE

Explore this preserve with Rene Wendell, from The Nature Conservancy. Hike through rare, forested wetlands, fields, unique



Great Barrington River Walk

cobbles, and to a pond on Schenob Brook. Great wildlife viewing and a spectacular view of the Berkshire-Taconic mountains. Wear sturdy footwear and bring drink/snack. 3 miles - 2.5 hours.

TO REGISTER: rwendell@TNC.org or call 413-229-0232.
FROM Rt 7 in Sheffield center, turn onto Berkshire School Rd. Take a left onto Salisbury Rd. After 1 mile, turn left on Barnum St. and drive 1.3 miles.

17 Warren, CT 10 AM - 11 AM RADAR TOWER WALK: WARREN DURING THE COLD WAR

Step back into the Cold War-era with Ellen Paul & Dave Schneiderbeck, from the Warren Historical Society and Warren Land Trust, on this easy walk to the remains of a radar tower, built as part of Bell Laboratories' "Project Nike" anti-aircraft missile system. Learn about how the United States' post-WWII conflict with the Soviet Union made itself felt even in this quiet corner of Connecticut. 0.75 mile - 0.75 hour.



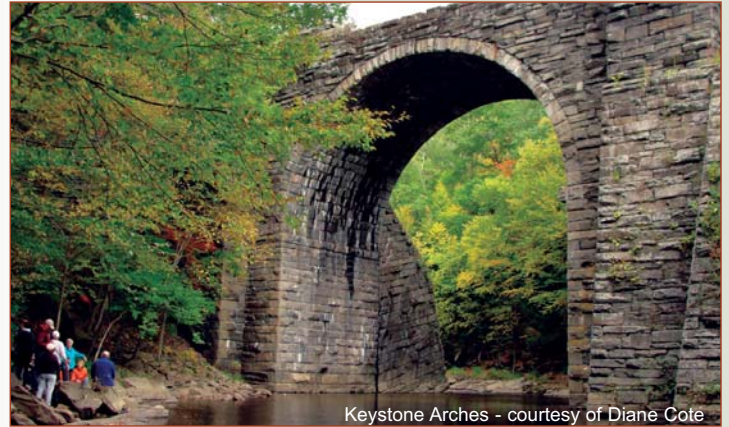
Above All State Park

TO REGISTER: warrenhistorian@hotmail.com
FROM New Preston, take CT-45N for approximately 3.5 miles. Turn left onto CT-341E/CT-45N and drive approximately 0.2 mile. Bear left onto Sackett Hill Road, drive approximately 0.7 mile. Turn left onto Above All Road. Travel about 0.5 mile. The hike's starting point will be on the right hand side across from a farm field.

18 Gt. Barrington, MA 10 AM - 11 AM AN INTERPRETIVE STROLL ON THE HOUSATONIC RIVER WALK: BERKSHIRES' NATIONAL RECREATION TRAIL

Join the Greenagers on a tour of this designated National Recreation Trail that follows the Housatonic River as it flows behind Main St. Incredible volunteer efforts removed 400 tons of debris from the river and developed a trail that respects nature and reveals the river's beauty. Learn of the historic, cultural and ecological significance of the river. 1 hour - 0.5 mile.

MEET at the Du Bois River Garden Park at Church St. and River St. The River Walk is located in the heart of Great Barrington. Parking



Keystone Arches - courtesy of Diane Cote

is located off of Rt 7, on Bridge St., behind the Searles Bryant building (across the street from Memorial Field).

19 Hinsdale, MA 10 AM - 12 PM WALKING TOUR THROUGH THE HISTORIC INDUSTRIAL CENTER OF HINSDALE

Join Peter White and learn of the history of the mills and dams on the Housatonic River in Hinsdale and the development of the town center after the railroad came through. We will wander down to the saw mill and grist mill dam that still exists and hear the history about the mills it supplied. Continue along Route 8 to see where the Hinsdale Woolen mill once stood. We will return up Plunkett Street by the Taylor Homestead, which was built as the Hinsdale Academy, a Williams College prep school, then on to the 1795 Congregational Church. We'll then walk by the Hinsdale Public Library, built in 1866 in conjunction with the Academy. 2 hours - 1.5 miles.



TO REGISTER: pepawhite@aol.com
MEET at the gazebo in the center of Hinsdale.

20 Becket, MA 10 AM - 1:30 PM HIKE TO THE KEYSTONE ARCHES RAILROAD BRIDGES - A MOST MAGNIFICENT ENGINEERING FEAT BUILT IN THE 1840's!

Join David Pierce, from the Friends of the Keystone Arches, for a hike to the keystone arch railway bridges. On the drive to the start of hike, experience the historic, unspoiled, naturally beautiful drive over Jacob's Ladder Trail Scenic Byway. Built in 1800, this road was the first mountain road crossing built for automobiles through the rugged countryside, eventually helping open "the West" for settlement. The hike is on moderate terrain to see the awe-inspiring historic keystone arch railroad bridges, the first ever built in America, in 1840. They are impressive, breath-taking structures! 70 feet high, brilliantly revealing their ancestry in the great cathedrals of ancient Rome. Wear sturdy footwear. Bring drink/lunch. 3.5 hours - 5 miles.



TO REGISTER: dpiercedlp@aol.com or call 413-354-7752.
FROM junction of Rts 20 & 102 in Lee, take Rt 20 east and drive ~ 18 miles to Chester center.
MEET at the Chester Railway Museum, 10 Prospect St. We will carpool 2 miles to the trailhead.

21 Salisbury, CT 11 AM - 12 PM
CANNON AT 20 PACES! THE RISE AND FALL OF THE AMES IRON WORKS

Contrast a shaded walk along a flat trail beside the Housatonic River with the smoky history of the same land. Lou Bucceri, from the Salisbury Association Historical Society, will share the history about the factory and the people that produced the most powerful cannon of the Civil War. Learn how the cannon destroyed no Confederate targets, but only the man and company who created it. 1 hour - 0.5 mile.

FROM the Rt 7 & Rt 112 junction in Falls Village, drive west on Rt 112 to Dugway Road (opposite the Outfield Entrance to Lime Rock Park), turn right and follow Dugway Rd. for 2 miles. At iron bridge, turn left, then immediately turn right onto Housatonic River Rd. Drive 0.5 mile to parking lot for Falls Village Dam boat launch. OR from Rt 44 or Rt 41, drive east on Rt 112 until you reach the Outfield Entrance to Lime Rock Park, then turn left onto Dugway Road and follow the above highlighted directions.

22 Salisbury, CT 1 PM - 2 PM
WALKING TOUR AT THE SALISBURY LAND TRUST'S SYCAMORE FIELD

Sycamore Field is a beautiful field that borders the Housatonic River and Rt 7. Join Roger McKee, from the Salisbury Land Trust, for a walk along the edge of the field to the river and hear about the flora and fauna, the history of the area and about the Housatonic River. 1 mile - 1 hour.

TO REGISTER: rmckee@salisburyschool.org or call 860-435-5824.
MEET at the site, located on Rt 7, about 0.5 mile south of the intersection of Rts 7 & 112 (which is just south of Housatonic Valley Regional High School).



23 Lenox, MA 1 PM - 4 PM
A WALK BACK IN TIME TO THE BERKSHIRES GILDED AGE HISTORY AT KENNEDY PARK

Enjoy a moderate hike with Jan Chague, from the Lenox Historical Society, at historic Kennedy Park, a Lenox treasure. On a clear day, there are wonderful views of New York, Connecticut and Mount Greylock. The park is the site of the remnants of the magnificent, former Aspinwall Hotel, touted as "Hotel Beautiful." Built in 1902, this five-story leviathan burned down in 1931. Wear sturdy footwear & bring snack/drink. 3 hours - 5 miles.

TO REGISTER: j4chague@gmail.com or call 413-637-1818.
MEET at Kennedy Park parking area on West Dugway Rd., just a short distance north of the Arcadian Shop on Rt 7/20. West Dugway Rd. is also the road to Mass Audubon's Pleasant Valley Sanctuary.

24 Monterey, MA 1 PM - 3 PM
DEVANY'S HEARTHSTONE QUARRY

Join Bernard Drew, from the Gt. Barrington Historical Society, for a hike to the mid-19th century quarry operated by John Devany, who supplied fire-resistant hearthstone quartzite to area iron blast furnaces. The walk will be on current and abandoned sections of the Appalachian Trail to Devany's Bluff, part of Beartown State Forest. Wear sturdy footwear, as terrain is rugged and steep in parts, and bring drink/snack. 2 hours - 1.5 miles.

TO REGISTER: bddrew@verizon.net
MEET at the Appalachian Trail parking area on the north side of Rt 23. Drive 3.3 miles east of the traffic light junction of Rts 23 & 7 in Great Barrington. If parking area is full, park on the north side of Rt 23 and be careful of road traffic, as the entrance is hidden behind a tall hedgerow.

25 Falls Village, CT 1:30 PM - 2:30 PM
AMERICAN CHESTNUTS: LOST & FOUND

Join Ellery Sinclair for a walk into a 300-planting american chestnut orchard at Great Mountain Forest. Learn of the dramatic,





Courtesy of Gould Farm

sudden loss of this major tree and the ecological impact. Hear of the American Chestnut Foundation's efforts to restore this iconic tree to our landscape. Wear sturdy footwear. 1 hour - 1/4 mile.

TO REGISTER: WML61@comcast.net or call 860-824-7454.
Rain cancels this walk.

FROM Falls Village, and driving on Rt 7, turn onto Undermountain Rd. and drive about 3 miles to the grove. OR driving from Rt 63, turn onto Undermountain Rd. and drive about 1 mile to the grove.

26 Monterey, MA 1:30 PM - 3:30 PM GOULD FARM AND IT'S HERITAGE

Join Robert Rausch on a hike around the farm, to learn about its founding as one of the first therapeutic 'working communities' 100+ years ago. Explore the land as we pass old charcoal pits, stone walls and foundations. Learn about our "model forest" status. Join us for tea in the main house afterwards. Wear sturdy footwear and bring drink/snack. 2 hours - 2 miles.

FROM Rt 102 in Lee, at the traffic light at Big Y, take Tyringham Rd and drive 5.5 miles south, then turn right on to Monterey Rd and drive 4 miles to Rt 23 in Monterey center. At Rt 23, turn right, and drive 2 miles, then turn left onto Curtis Rd and drive 0.5 mile to Gould Rd. Turn left and continue to the 2nd driveway, to the Harvest Barn. OR From the traffic light junction of Rts 7 & 23 in Gt. Barrington, take Rt 23 east and drive 6.2 miles and turn right onto Curtis Rd. Drive 0.5 mile to Gould Rd, then turn left and continue to the 2nd driveway, to the Harvest Barn.

27 Stockbridge, MA 2 PM - 4 PM IN THE FOOTSTEPS OF THOREAU, MELVILLE AND HAWTHORNE

Hike with Richard Seltzer and Moose Foran, from the Stockbridge Bowl Association, on wooded trails and through the meadows of Bullard Woods, Gould Meadow and the gardens of the historic Shadowbrook Estate along paths once walked by mutual friends Hawthorne, Melville and Thoreau.



Photo courtesy of Dan Bolognani



Bicycle Tour - courtesy of Diane Cote

Walk along the shore of Stockbridge Bowl and Tanglewood, the summer home of the Boston Symphony Orchestra. 2 hours - 2.5 miles.

MEET at the yellow/brown trailhead sign at north end of Stockbridge Bowl at junction of Hawthorne Rd & Hawthorne St. From Lenox center, at tall marble monument junction, take West St. (towards Tanglewood) for 1.6 miles, take left onto Hawthorne Rd. for 0.6 mile OR from Rts 102/183 junction in Stockbridge, drive north on Rt 183 for 4 miles to Hawthorne Rd., take right and drive for 0.6 mile.

SATURDAY - SEPTEMBER 23, 2017

28 Berkshires, MA 8:30 AM - 4 PM BIKE RIDE SECTIONS (OR THE ENTIRE MASSACHUSETTS SECTION) OF THE NEWLY DESIGNATED, 3-STATE "WESTERN NEW ENGLAND GREENWAY"

The Berkshire Bike Path Council invites you to ride sections of the 57-mile Berkshires area (from Sheffield to Williamstown) of the Western New England Greenway, OR ride the entire 57 miles, if you'd like. This self-guided ride is on roads, except for the 11 miles of the paved Ashuwillticook Rail Trail. The ride is designed for experienced road cyclists with minimum support. Maps, refreshments, parking and toilets are available at each station during the hours listed. Sag cars can be called in an emergency. Cyclists ride at your own speed and do as much of the route as you choose. You are responsible for your return trip back to where you started from. Helmets are mandatory.

RAIN DATE is Sunday, Sept. 24. See the route on website, www.WNEGreenway.org.

Registration is requested, email - marge@berkshirebikepath.com

*Sheffield Town Hall, 8:30 to 9:30 am. Ride 5 miles to next station. START at 21 Depot Square, in the center of Sheffield. GPS 42.110949, -73.354200

*Great Barrington Big Y store, 8:45 to 10:30 am. Ride 7 miles to next station. START on Rt 7 (700 South Main St.), 1 mile from the center of Gt. Barrington. GPS 42.180664, -73.365980



Cathedral Pines Preserve, Cornwall CT.

*Norman Rockwell Museum in Stockbridge, 9:30 to 11:30 am. Ride 8 miles to next station. START at 9 Glendale Road/Route 183, just 1 mile south of the junction of Rts 102 & 183 in Stockbridge. GPS 42.288221, -73.336027

*Parsons Marsh on Undermountain Road in Lenox, 9:45 am to 12:00 pm. Ride 7 miles to next station. START opposite Stonover Farm, 169 Undermountain Road, Lenox. GPS 42.3644, -73.3049

*Arrowhead Museum in Pittsfield, 10:00 am to 12:30 pm. Ride 5 miles to next station. START at 780 Holmes Road, Pittsfield. From the junction of Rt 7/20 and Holmes Road, Lenox (at Mobil station), take Holmes Road and drive 1.4 miles.

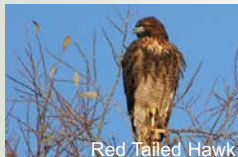
*Lanesboro Ashuwillticook Rail Trail, 10:30 am to 1:30 pm. Ride 9 miles to next station. START at Rtes 7 & 8 Connector Road, downhill from the Berkshire Mall. GPS 42.488736, -73.203659

*Adams Visitors Center, 11:15 to 2:30 pm. Ride 11 miles to next station. START at 3 Hoosac St., Adams, just off Rt 8 in the center of Adams. GPS 42.624767, -73.117967

*Spoke Bike Shop, Williamstown, 12 to 4 pm. Ride 10 miles to end of ride at VT border. START at 250 Main St., (off Rt 2) Williamstown (next to Desperados Mexican Restaurant). GPS 42.702770, -73.184853

29 Sheffield, MA 8 AM - 10 AM BIRDING WALK AT LIME KILN FARM WILDLIFE SANCTUARY

Join Dale Abrams, from Mass Audubon's Berkshire Wildlife Sanctuaries, during the height of fall migration for a morning bird walk. We will listen and look for warblers, sparrows, thrushes, and other birds. Learn about the fascinating history of this former farm and industrial property. Bring binoculars if you have them.



Red Tailed Hawk

TO REGISTER: dabrams@massaudubon.org
Lime Kiln Farm Wildlife Sanctuary is located on Silver St., which is off Rt 7 (just a bit south of Berkshire Mountain Distillers) in Sheffield.



The Colonial Theatre

30 Cornwall, CT 9 AM - 12 PM LEARN ABOUT THE OLD GROWTH WHITE PINE TREES IN NORTHWESTERN CONNECTICUT

Join Ron Hummell for a visit to three forest preserves to learn about the natural history of white pine trees and enjoy the forests and wildlife along the way. Start at CATHEDRAL PINES to witness & learn about the extensive damage caused by the 1989 tornado and subsequent regrowth, then BALLYHACK, which is well known for its large stand of old growth pines left forever wild and GOLD's, an old growth pine forest which has been thinned to promote restoration. Easy walking with some hills, good hike for families. Wear sturdy footwear and bring drink/snacks. 3 hours - 2 miles of walking and 4 miles to drive between the three preserves.

TO REGISTER: gobibear@icloud.com or call 860-672-2325.
MEET at Cathedral Pines Preserve. FROM Rt 4 in Cornwall, take Pine St. and drive to the T-junction, where you will take a left onto Valley Road. Drive 0.3 mile and take the first left onto Essex Hill Rd. and drive 0.2 mile to the parking area on the left.

31 Stockbridge, MA 10 AM - 11 AM WITNESS THE 'RECORD-HOLDING' HUGE, OLD TREES OF BULLARD WOODS

Join Richard Seltzer, from the Stockbridge Bowl Assoc., for a tour of Bullard Woods. Walk in the footsteps of Nathaniel Hawthorne and Henry David Thoreau at the edge of the Boston Symphony's Tanglewood, through 50 acres of primary growth woodland bordering beautiful Stockbridge Bowl. 1 hour - 1 mile.

MEET at the yellow/brown trailhead sign at north end of Stockbridge Bowl at junction of Hawthorne Rd & Hawthorne St. From Lenox center, at the tall marble monument junction, take West St. (towards Tanglewood) for 1.6 miles, take left onto Hawthorne Rd. for 0.6 mile. OR from Rts 102/183 junction in Stockbridge, drive north on Rt 183 for 4 miles to Hawthorne Rd., take right and drive for 0.6 mile.

32 Pittsfield, MA 10 AM - 11 AM TOUR OF THE HISTORIC COLONIAL THEATRE

Bill Munn will take you on a journey through the history of the gilded age Colonial Theatre, as he shares with you the story of the



Cycling along the Housatonic River

1903 world-class theatre, movie house, National Historic Treasure appointment by Hillary Clinton, restoration, and 2006 grand re-opening. 1 hour tour.

LOCATED at 111 South St., just north of the junction of Rts 7 & 20 in the center of Pittsfield. Wear sensible walking shoes for walking through 3 floor levels. We do have elevator access.

33 Monterey, MA

10 AM - 12 PM

CAMERA TRAPPING: AN UP-CLOSE LOOK AT WILDLIFE

Join the Bidwell House Museum and Richard Greene, who will explain wildlife tracking using trail cameras. He will demonstrate equipment needed and how to install it, show examples of wildlife captured on film, and then take the group on a walk on the Bidwell grounds to tracking sites.



2 hours - 1.5 miles. NOTE: Does not include a tour of the museum interior, which for a fee, can be arranged after the free Heritage Walk.

TO REGISTER: bidwellhouse@gmail.com or call 413-528-6888. FROM Monterey center, take Tyringham Rd. for 1.5 miles and take a left onto Art School Rd. Drive 1 mile to the end; OR From the traffic light at Big Y in Lee, take Tyringham Rd and drive 5.5 miles. Take a right onto Monterey Rd and drive for 2.3 miles, then take a right on Art School Rd. and drive 1 mile to the end.

34 Falls Village, CT

10 AM - 12 PM

12-MILE SCENIC BIKE RIDE ALONG THE HOUSATONIC RIVER

Enjoy a leisurely, scenic bike ride along low traffic roads from Falls Village to West Cornwall and back with Dan McGuinness from the Upper Housatonic Valley National Heritage Area. A long stretch of the route is hard packed dirt, with great views of the Housatonic River. The route is part of the newly-established Western New England Greenway that runs from Norwalk, CT to the Canadian border. Bike helmets required. 2 hours - 12 miles.

MEET in the parking area in front of the Town Hall, 108 Main Street, Falls Village, CT.



Photo courtesy of Tammis Coffin

35 New Marlborough, MA

10 AM - 1 PM

HIKE TO THE SOURCE OF THE WHITING RIVER IN COOKSON STATE FOREST

This hike is a great introduction to the water-rich uplands of New Marlborough and their importance to the Housatonic River basin. Venture into the Cookson State Forest and around the circumference of East Indies Pond and Wolf Swamp. Join David Hosford, from the New Marlborough Land Trust, on this exploration along deserted roads and logging trails of some wonderful territory, seeking out the source of the Whiting River. NOTE: This hike is intended for more experienced hikers. Wear sturdy footwear, bring food/drink. 6 miles - 3 hours.

FROM the traffic light junction of Rtes 7/23 in GB (at the Sunoco station), take Rt 23/183 heading east for 6.5 miles to New Marlborough village. Or if coming from Monterey village and heading west on Rt 23, split off of Rts 23/57, turn left onto Rt 57 and drive 5.5 miles to the center of New Marlborough. At the center across from the white meetinghouse, turn right onto New Marlborough/Southfield Road and drive 1.3 miles to a stop sign. Turn left onto Norfolk Road, cross the bridge, and you will shortly arrive at the Southfield Store. Turn left here, on East Hill Road, and drive for 1.7 miles (turns into a narrow dirt road along the way) and take a right onto Hotchkiss Road and drive for 0.9 mile to the trailhead on the left (where the road bends to the right).

36 Windsor, MA

10 AM - 1 PM

DROWNED LANDS HIKE: RIVER, STREAMS & PONDS OF THE SPRUCE-FIR BOREAL FOREST

This one-way hike with Aimee Gelinis will start at the Tamarack Hollow Nature and Cultural Center and continue through Notchview Reservation and Windsor Jambes State Forest, crossing over the drowned lands watershed, streams and to a backcountry beaver pond. Hike concludes at Windsor Jambes at remnants of the former Babbit axe factory sluiceway. We will meet at the State Forest to drop off cars and then carpool to Tamarack Hollow starting point, which will allow for a one-way hike. Hike is free (donations accepted for support of the Nature Center). Sponsored by the Windsor Cultural Council & Berkshire Environmental Endowment Fund. Wear sturdy footwear and bring drink/snack. 3 hours - 3 miles.



Jacob's Pillow - photo by C. Duggan

TO REGISTER: aimee@gaiaroots.com or call 413-522-1505.
FROM Dalton, at junction of Rt 8 & 9, take Rt 9 east for 11.3 miles to West Cummington to the entrance of Windsor Jamb's State Forest. Turn left onto West Main Street and drive for 0.1 mile, then take an immediate left onto River Road and follow for 2.9 miles to the day-use area entrance on the left.

37 Gt. Barrington, MA 10 AM - 1 PM
HIKE THE APPALACHIAN TRAIL TO "UNIQUE" ICE GULCH

The Appalachian Trail Conservancy invites you to step out of the hustle and bustle of daily life and into the quiet of wilderness. This section of the AT will allow you to explore forest and views of the "unique" rocky crevice known as Ice Gulch. Take in a panoramic view while we rest and snack at the Tom Leonard Shelter. Join naturalist Christine Ward, an AT maintainer and Cheryl Byrne, Conservation Steward for the Appalachian Trail Conservancy, to learn about the natural diversity, history, and ongoing volunteer maintenance of this iconic national park. Bring lunch and drink. Wear sturdy footwear and poles suggested.
3 hours - 4 miles, with some steep terrain.

TO REGISTER: info@gbtrails.org
MEET by 10 am at the Appalachian Trail (AT) trailhead parking area. From the traffic light intersection of Rts 7 & 23 in Gt. Barrington, drive 2.2 miles and turn right onto Lake Buel Road and drive 1 mile to the AT parking area on the left. (Note: If you pass Kutshers Sports Academy, you went too far.)

38 Becket, MA 10 AM - 12 PM & 2 PM - 4 PM
DISCOVERING THE FOOTPRINTS OF JACOB'S PILLOW DANCE

Jacob's Pillow Dance, located in the Berkshire Hills, is the "hub and mecca of dancing" (TIME Magazine). This treasured 220-acre National Historic Landmark was once a farm and a station on the Underground Railroad. Join the staff for a historical, behind-the-scenes tour of "one of America's most precious cultural assets" (Mikhail Baryshnikov). We will walk the recently restored Wetlands Trail, explore the transformation of a family farmhouse into "the dance center of the nation" (The NY Times), and discover the diverse footprints of our past and present. Wear sturdy footwear, as walking will be on outdoors pathways. 2 hours - 0.5 mile.



The Appalachian Trail "Ice Gulch"

PLEASE PRE-REGISTER by 9/16, email - jlopez@jacobspillow.org
MEET at the Hunter House at Jacob's Pillow, located at 358 George Carter Road, Becket. From the Big Y in Lee, follow Rt 20 East for 8 miles to Becket, and then turn left for 1/2 mile on George Carter Road to the parking lot on your right.

39 Richmond, MA 11 AM - 12:30 PM
HIKE TO WITNESS THE UNIQUE GEOLOGIC FEATURE KNOWN AS "THE RICHMOND BOULDER TRAIN"

Join Bill Edwards, from the Richmond Historical Society, for a hike to see and learn about The Richmond Boulder Train, a unique, famous geologic feature that was identified by Dr. Stephen Reed. In 1842, he identified a line of large, erratic boulders stretching through the Richmond landscape, recognizing that they did not fit in with their surrounding geology, and theorizing that the movement of these large boulders could only have occurred by some great force and that the boulders extended from the source point just over the border in NY state. Presenting his findings at a national conference, he triggered a trans-Atlantic debate on the boulders origin. Reed proposed glacial transport while other geologists argued icebergs and tsunamis. In the 1870's, Reed's findings led to the acceptance of his "theory of continental glaciation". He and the Richmond countryside were instrumental toward understanding the process of continental glaciation. Wear sturdy footwear and insect repellent.
1 mile - 1.5 hours.



Photo by Diane Cote

TO REGISTER: wedwards44@hotmail.com or call 413-698-3458.
MEET at BNRC's Hollow Fields property, located off Rt 41 in Richmond, 1 mile north of the junction of Rts 295 & 41.
FROM Pittsfield, take Rt 20 to the junction of Rt 41 (at the Hancock Shaker Village). Drive south on Rt 41 for 2.4 miles to Perry's Peak Rd/Greenmeads Farm sign on the right. Drive up Perry's Peak Rd for 0.3 miles to Hollow Fields parking on the left. OR, from West Stockbridge, drive north on Rt 41 for 5.8 miles to Perry's Peak Rd /Greenmeads Farm sign on the left and drive up Perry's Peak Rd for 0.3 miles to Hollow Fields parking on the left.



Shay's Rebellion Monument

40 **Gt. Barrington, MA** **1 PM - 2 PM & 2 PM - 3 PM**
ENCOUNTERING W.E.B. DU BOIS:
NATIONAL HISTORIC SITE TOUR

W.E.B. Du Bois, the great African-American author and civil rights leader, was born and raised in Great Barrington and returned frequently. Join David Glassberg, from the Friends of the W.E.B. Du Bois National Historic Site, for an interpretive tour on a level woods trail, leading to the foundation of Du Bois' boyhood home-the first destination in the U.S. to tell the story of his life and legacy. 1 hour - 0.5 mile.

Recommend insect repellent.

Website - www.duboisnhs.org



W.E.B. Du Bois

MEET at the Homesite (at 612 So. Egremont Rd), located 2 miles south of Gt. Barrington center. At junction where Rt 7 & Rt 23 split off, take Rt 23 and drive west for 1 mile.

41 **Egremont, MA** **1 PM - 3 PM**
A HIKE AT HISTORIC JUG END - "FROM RESORT TO REFUGE"

Jug End Barn, perhaps the most famous and vibrant of the Berkshire recreational resorts from 1935-83, today is a state park and wildlife refuge. The distinctive barn and features now gone, only scant traces remain, but memories of its heyday still resonate. Join Nancy-Fay Hecker, daughter of Angus and Mimi MacDonald, long-time Jug End managers, and DCR State Park staff, Alec Gillman, for a leisurely tour of the former resort's significant sites, the Heritage House, the ski lodge and pro shop, the Guildler House, and its transformation back to nature. Be prepared for tall grass and vegetation. Wear sturdy footwear, appropriate clothing for weather, long pants, bring pest repellent, a snack & drink, and most important, bring your memories of Jug End! 2 hours - 1 mile.

MEET at Jug End State Reservation & Wildlife Mgmt. Area, approximately 116 Jug End Road, Egremont, MA. Take MA Rte. 23 to Egremont village, then take Rt 41 south by Mill Pond, then take immediate right onto Mt. Washington Road. Follow Mt. Washington Road for 1.7 miles, turn left onto Jug End Road. Follow Jug End Road for 0.5 mile and turn right into the parking lot.



Jug End State Park and Wildlife Refuge

42 **Gt. Barrington/Sheffield, MA** **1 PM - 3:30 PM**
A GENTLE WALK ON THE SHAY'S REBELLION SECTION OF THE
APPALACHIAN TRAIL

Join Appalachian Mountain Club leader, Bess Dillman, for a walk starting at the monument commemorating the last battle of Shay's Rebellion in 1787, then walk through fields, hardwood forests, and across a swampy area on a boardwalk, to the railroad tracks and Rt 7. The trail is uneven with roots and rocks; however, this section is one of the flattest sections on the AT and is a lovely walk through a variety of habitats. Wear sturdy footwear. 4 miles - 2.5 hours.

FROM Rt 7 in Sheffield, driving south on Rt 7, drive 2.2 miles from the Big Y store in Gt. Barrington and take a right onto Lime Kiln Road and drive 1 mile and turn right. You will immediately see the monument on the right and AT parking area on the left.

FROM Rt 23/41 in Egremont, take Sheffield Road and drive for 1.7 miles to the AT parking area on the right and the Shay's Rebellion marker on the left.

43 **Salisbury, CT** **1:30 PM - 2:30 PM**
WALKING TOUR AT THE SALISBURY LAND TRUST'S SYCAMORE
FIELD

REFER TO WALK # 11 FOR DETAILS

44 **Becket, MA** **2 PM - 4 PM**
EXPLORING THE BECKET LAND TRUST'S HISTORIC QUARRY &
FOREST

REFER TO WALK # 8 FOR DETAILS

45 **New Marlborough, MA** **2:30 PM - 4 PM**
EXPLORE BNRC's CLAM RIVER PRESERVE'S NEWEST TRAIL

Join Mike Leavitt, from Berkshire Natural Resources Council, to hike the newest section of trail at the Clam River Preserve. Pass old farm ruins, walk through dark Hemlock forests and see beautiful views of the Clam River from high along its banks. Bring drink & snack, and wear sturdy footwear. 1.6 miles - 2.5 hours.

TO REGISTER: mleavitt@bnrc.org or call 413-499-0596.

FROM Great Barrington, take Rt. 23 towards Monterey. Bear right onto Rt. 57 East towards New Marlborough. Travel through New Marlborough, staying on Rt. 57. Immediately after passing Town



Bartholomew's Cobble - photo by Tammis Coffin

Hall Road, take a left onto Hammertown Road. Travel north on Hammertown Road for 0.6 miles, take a right into the pull off across from the white house.

SUNDAY - SEPTEMBER 24, 2017

46 Washington, MA 9:30 AM - 12 PM THE SECRETS OF MUDDY POND & THE BUILDING OF THE 1ST U.S. RAILROAD MOUNTAIN CROSSING

Join David Pierce, from the Chester Railway Station Museum, on a hike around Muddy Pond and it's interesting history, on the watershed divide of the Berkshires. This area presented unique challenges to Whistler's father as he engineered the world's first mountain railroad up and over the Berkshire plateau! The railway age began in earnest here, bringing the canal era to an end. Level walk, but very rocky ground on the side of railroad tracks. Wear sturdy footwear with good ankle support & bring snack/drink. Heavy rain will cancel. 3 miles - 2.5 hours.



Muddy Pond - courtesy of David Pierce

TO REGISTER: dpiercedlp@aol.com or call 413-354-7752.
FROM the junction of Rt 102 & Rt 20 in Lee, drive 7 miles east on Rt 20 to West Becket, to the junction where Rt 8 splits. Turn left onto Rt 20-east/Rt 8-north. Drive for 5 miles, and at the bottom of a long hill, take a left turn onto Rt 8-north. Drive 10 miles to the Washington Town Hall, take a right turn onto Summit Hill Rd. and drive to the narrow bridge over the railroad tracks. Park along here. OR FROM DALTON, follow Rt 8 south (approx. 9 miles) and turn left onto Summit Hill Rd. in Washington and drive to the narrow bridge over the railroad tracks. Park along here.

47 Pittsfield, MA 9:30 AM - 11:30 AM URBAN MILL TRAIL OF PITTSFIELD IN THE 1800's REFER TO WALK # 3 FOR DETAILS



New Marlborough - courtesy of Dan Bolognani

48 Gt. Barrington, MA 10 AM - 11 AM AN INTERPRETIVE STROLL ON THE HOUSATONIC RIVER WALK - BERKSHIRES' NATIONAL RECREATION TRAIL REFER TO WALK # 18 FOR DETAILS

49 Salisbury, CT 10 AM - 11 AM WALKING TOUR AT THE SALISBURY LAND TRUST'S SYCAMORE FIELD REFER TO WALK # 22 FOR DETAILS

50 Ashley Falls, MA 10 AM - 11:30 AM LEARN OF THE GEOLOGIC HISTORY OF THE BERKSHIRE HILLS

Join us at Bartholomew's Cobble for a lovely walk with a geologist from The Trustees of Reservations. Hear about how our beloved hills were formed 420 million years ago. Participants will have an opportunity to learn more about the rocks that they see everyday. 2 miles - 1.5 hours.

LOCATED at 105 Weatogue Road. On Rt 7 in the center of Sheffield, drive south and turn onto Rt 7A and follow for 0.5 mile; then bear right onto Rannapo Rd. and drive for 1.5 miles. Turn left and then immediate right onto Weatogue Road. Just around the bend, the Bartholomew's Cobble visitor's center is located on the left.

51 New Marlborough, MA 10 AM - 12 PM HIKE TO THE SOURCE OF THE UMPACHENE RIVER AT THE NEW MARLBORO PRESERVE

Join Martha Bryan, from the New Marlborough Land Trust, on this exploration of some wonderful territory on a visit to the New Marlboro Preserve. The Umpachene River and its main tributary Willow Creek form a 45-acre wishbone through the Preserve. Wild and rugged, the core watershed areas are one of the Town's ecological treasures, with water flow destined to arrive miles later at Umpachene Falls. The River touches and influences all the component parts of the entire parcel. We'll follow Willow Creek to it's confluence with the Umpachene River. The gorge along the river is spectacular! This walk is of moderate difficulty but definitely worth the effort. Wear sturdy footwear. 2.25 miles - 2 hours.

TO REGISTER: nmlandtrust@gmail.com or call 413-229-8633.



Photo courtesy of "Chesterwood"

FROM the traffic light junction of Rtes 7/23 in GB (at the Sunoco station), take Rt 23/183 heading east for 6.5 miles to New Marlborough village. OR if coming from Monterey village and heading west on Rt 23, turn left onto Rt 57/183 and drive 5.5 miles to the center of New Marlborough, at the white meeting-house. Continue for another 0.3 mile to the junction where Rts 183 & 57 split. AT THIS JUNCTION on the right side of Rt 183, is a small parking area. Be very careful and drive slowly while approaching this junction, to warn drivers behind you that you are STOPPING to turn right through the field fencing at this junction. (the drivers behind you will think that you are just bearing right onto Rt 183 and won't be expecting you to stop abruptly to turn right.

52 Salisbury, CT 11 AM - 12 PM
CANNON AT 20 PACES! THE RISE AND FALL OF THE AMES IRON WORKS
 REFER TO WALK # 21 FOR DETAILS

53 Ashley Falls, MA 11:30 AM - 12:30 PM
GUIDED TOUR OF THE 1735-BUILT COL. ASHLEY HOUSE
 Listed on the National Register of Historic Places, the Ashley House tells the intertwined stories of the Ashley family and the enslaved African Americans who lived and worked there in the 18th century. Colonel Ashley supported the American Revolution, heading a committee that wrote the fiery Sheffield Resolves, a petition against British tyranny and a manifesto for individual rights in 1773. Inspired by the revolutionary-era rhetoric and her own desire for freedom, Elizabeth Freeman, who was enslaved in the Ashley House, helped to end slavery in Massachusetts. In 1781, she sued Col. Ashley for her freedom – and won! Elizabeth Freeman remains an inspiration to all who learn of her story.
 1 hour



Col. Ashley House

LOCATED at 117 Cooper Hill Road. On Rt 7 in the center of Sheffield, drive south and turn onto Rt 7A and follow for 0.5 mile;



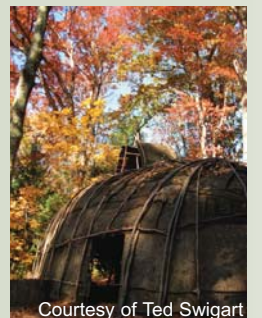
Housatonic River

then bear right onto Rannapo Rd. and drive for 1.5 miles. Turn right onto Cooper Hill Rd. and drive a short distance to the Ashley House on the left.

54 Stockbridge, MA 1 PM - 2 PM
CHESTERWOOD: AN ARTIST'S LANDSCAPE
 Explore the landscape of the home, studio and gardens of famous public sculptor, Daniel Chester French, who designed and sculpted the gardens and walkways after European estates. Learn about the mechanics that went into building a "Berkshire cottage" on this tour with Gerard Blache.
 NOTE: Does not include an interior tour. 1 hour - 1.5 miles.

TO REGISTER: gblache@savingplaces.org or 413-298-3579 x2021.
 FROM Stockbridge, drive west on Rt 102, turn left on Rt 183. Drive 0.25 mile past the Norman Rockwell Museum, turn right onto Mohawk Lake Road, then left onto Willow St., which becomes Williamsville Rd., just before reaching Chesterwood.
 MEET at the Barn Gallery.

55 Washington, CT 1 PM - 2 PM
STEP BACK IN TIME: NATIVE AMERICAN HERITAGE WALK AT THE INSTITUTE FOR AMERICAN INDIAN STUDIES
 Archaeologist, Dr. Lucianne Lavin will lead a walk along the museum's trails and end at a replicated 16th century Algonkian village. Glimpse into the history and culture of the local Pootatuck tribal peoples, learn about their medicinal plants, and hear of their community life and spirituality. Wear sturdy footwear. NOTE ; Does not include a tour of the museum interior, which, for a fee, can be arranged before or after the free Heritage Walk. 1 hour - < 1 mile.



Courtesy of Ted Swigart

TO REGISTER: general@iaismuseum.org or call 860-868-0518.
 DRIVE on Rt 67 towards Roxbury. Turn onto Rt 199 and follow for 2 miles, then turn onto Curtis Road and drive to the end. IAIS is the last driveway on the right. MEET inside the gift shop.



56 Stockbridge, MA 2 PM - 4 PM
 IN THE FOOTSTEPS OF THOREAU, MELVILLE AND
 HAWTHORNE
 REFER TO WALK # 27 FOR DETAILS

57 Lenox, MA 3 PM - 4:30 PM
 EXPLORE THE IMPRESSIVE GARDENS & LANDSCAPE OF THE
 MOUNT - HOME OF EDITH WHARTON
 Join Anne Schuyler to explore the impressive gardens and
 woodland trails of the 1902 home (a National Historic Landmark)
 of Pulitzer Prize-winning author Edith Wharton. NOTE: Does not
 include an interior house tour, which, for a fee, can be arranged
 before the free Heritage Walk. 1.5 hours - <1 mile.

FROM the junction of Rt 20 & Rt 7 in Lenox, head south on Rt 7,
 and drive 1 mile to Plunkett St. on the left.
 MEET at the ticket booth. www.EdithWharton.org

58 Norfolk, CT 4 PM - 5 PM
 BRASS VALLEY: THE FALL OF AN AMERICAN INDUSTRY
 SLIDE & TALK PRESENTATION
 Join the Norfolk Historical Society's "walk through history"
 presentation at the Norfolk Library. In this slide show, Emery Roth,
 author of "Brass Valley: The Fall of an American Industry", will
 introduce you to the Naugatuck River's brass valley. The story
 begins in 1802, when two metalworking families joined forces to
 manufacture brass. Business soared during the War of 1812. As
 large-scale brass manufacturing grew, mill towns along the river,
 such as Torrington and Waterbury, developed into thriving cultural
 centers. Vibrant photos and moving poetry relate the region's
 legendary industrial history and ponder its legacy. 1 hour

TO REGISTER: call 860-542-5075.
 MEET at the Norfolk Library at 13 Village Green.

SATURDAY - SEPTEMBER 30, 2017

59 Salisbury, CT 9 AM - 10 AM
 WALKING TOUR AT THE SALISBURY LAND TRUST'S SYCAMORE
 FIELD
 REFER TO WALK # 11 FOR DETAILS



60 Sharon, CT 9 AM - 11 AM
 LEAF SHAPES AND COLORS - A DISCOVERY HIKE FOR ALL
 AGES AT WILDWOODS PRESERVE
 Join Weantinog Heritage Land Trust and local naturalist, Ron
 Hummel for a hike at Wildwoods Preserve. The hike starts with a
 moderately difficult ascent then levels out for a hike with plenty of
 opportunities to stop, discover and ask questions about this
 protected 163-acre northern
 hardwood forest. Ron will engage
 children and adults with discussions
 on plant and tree identification,
 focusing on leaf shapes and colors.
 Wear sturdy footwear and bring
 drink/snack. The hike will take place
 rain or shine. 2 hours - 2.5 miles.



TO REGISTER: info@weantinog.org
 FROM the village clock tower in Sharon, take Route 41 south for 6
 miles to Knibloe Hill Road, on the left. Go 1.5 miles to the crossing
 of Clark Road and Webber Road, where Knibloe Hill Road
 becomes Caray Hill Rd. Continue on Caray Hill Road for 1.5 miles
 and park on the right side of the road, just past a cedar-shingled
 house. The trailhead is across the road.

61 Pittsfield, MA 10 AM - 11 AM
 TOUR OF THE HISTORIC COLONIAL THEATRE
 REFER TO WALK # 32 FOR DETAILS

62 Pittsfield, MA 10 AM - 11 AM
 URBAN MILL TRAIL OF PITTSFIELD IN THE 1800's
 REFER TO WALK # 3 FOR DETAILS

63 West Cornwall, CT 10 AM - 11 AM
 WEST CORNWALL: A PAPERBOY'S VIEW
 Sponsored by the Cornwall Historical Society, join Denny Curtis as
 he takes you on a tour around the village of West Cornwall and
 tells stories from his growing up there in the 1950's.
 1 hour - 2 miles.

MEET at the West Cornwall Post Office on Rte 128.



Photo courtesy of Dennis Regan

64 Falls Village, CT 10 AM - 12 PM
12-MILE SCENIC BIKE RIDE ALONG THE HOUSATONIC RIVER
 REFER TO WALK # 34 FOR DETAILS

65 Monterey, MA 10 AM - 12:30 PM
TRACING NATIVE AND SETTLER HISTORIES ON THE LANDSCAPE

Join the Bidwell House Museum and Robert Hoogs, who will lead you on an exploration of the Native American presence that pre-dated early settler history. This was not the "howling wilderness" often portrayed. We'll explore how Mohicans lived here for centuries before and after English settlers. We'll view some of the 4 miles of trails, stone walls and artifacts built on the Bidwell grounds by farmers in the 18th and 19th centuries. Wear sturdy footwear bring snack/drink. 2-3 hours - 2.5 miles.

NOTE: Does not include a tour of the museum interior, which, for a fee, can be arranged after the free Heritage Walk.

TO REGISTER: bidwellhouse@gmail.com or call 413-528-6888.
 FROM Monterey center, take Tyringham Rd. for 1.5 miles. Take a left onto Art School Rd. and drive 1 mile to the end; OR From the traffic light at Big Y in Lee, take Tyringham Rd and drive 5.5 miles. Take a right onto Monterey Rd and drive for 2.3 miles, then take a right on Art School Rd. and drive 1 mile to the end.

66 Norfolk, CT 10 AM - 12:30 PM
GREAT MOUNTAIN FOREST OVERLOOK WALK

Join Jody Bronson & David Leff, from Great Mountain Forest, for this walk on a woods trail that was a former highway. See a huge glacial erratic and a visit a beautiful view that overlooks Crissey Pond. Wear sturdy footwear and bring lunch & drink. 2.5 hours - 3 miles.



Great Mountain Forest

TO REGISTER: jean@greatmountainforest.org or 860-824-8188.
 FROM the Norfolk green, at the intersection of Rts 44 & 272, go south on Rt 272 and take the first right onto Mountain Road. Follow Mountain Rd. for 1/3 mile, then take first left onto Westside Rd. Follow Westside Rd. for 1 mile, then take first right onto



Buckley Dunton Lake - photo by Diane Cote

Windrow Rd. Follow Windrow Rd. for about 1 mile. Parking is on the left at the kiosk near the forestry office at 201 Windrow Rd.

67 Gt. Barrington, MA 10 AM - 3 PM
HOUSATONIC RIVER PADDLING TRIP

Paddle a stretch of the Housatonic River through Great Barrington, with Dennis Regan and Alison Dixon, from the Housatonic Valley Association. Learn about the history of the area as we meander our way through quickwater and riffles and then paddle flatwater until we reach the Covered Bridge. All equipment provided, or use your own canoe/kayak, just let us know. Pre-trip vehicle shuttling possible. For safety concerns, space is limited. Bring lunch/drink, sunscreen, jacket & hat. Wear lightweight pants, NOT denim. Full information will be sent upon REQUIRED pre-registration. 5 hours - 6.5 miles.

REGISTRATION IS REQUIRED: call 413-394-9796 or email adixon@hvatoday.org.

Directions to the start of paddling trip will be given at the time of pre-registration.

68 Becket, MA 10 AM - 3 PM
A QUIET WATER PADDLE ON BUCKLEY DUNTON LAKE IN OCTOBER MOUNTAIN STATE FOREST

Buckley Dunton Lake is surrounded by October Mountain State Forest and is truly a gem in the Berkshires, since there is little shore development. Join Nancy and Tom Condon from The Naturalists' Club in Springfield, for a leisurely paddle around the lake, watching for wildlife on the water and viewing colorful fall foliage. Bring your own kayak/canoe and gear. Or rent a boat from us for \$5 per person, for which we will provide lifejackets and paddles and a small dry bag for phone/camera. Bring lunch and drink, and footwear you don't mind getting wet, sunscreen and hat. Bring raincoat if there is a slight drizzle. Heavy rain cancels. 5 hours

TO REGISTER or rent boat: spiderwoman@russellma.net or call 413-297-0778.

FROM the intersection of Rt 102 & Rt 20 in Lee (at exit 2 of the Mass Pike), drive east on Rt 20 for 4 miles, and turn left on Becket Rd (across from Lujohn's Auction Gallery). Drive steeply uphill then



Photo courtesy of Mill River Farm

downhill for 2.4 miles till the road levels out and there is a brown colored 10-bay garage. Take a left here at lake sign, and drive 0.4 mile to the end.

69 Alford, MA 11 AM - 1:45 PM
HIKE THE MOTHER TRAIL AT BNRC's ALFORD SPRINGS PRESERVE

Join Mike Leavitt, from Berkshire Natural Resources Council, for a hike on the Mother Trail. On this beautiful trail you will pass eastern views into the Alford Valley and eat lunch alongside Dr. Beebe's foundation in an old apple orchard. Wear sturdy footwear and bring drink & lunch and insect repellent. 2 miles - 2.75 hours.

TO REGISTER: mleavitt@bnrc.org or call 413-499-0596.
 FROM Rt. 7 in the center of Gt. Barrington, at the traffic light by the big stone St. James church and the tourist info building, take Taconic Ave. (which later turns into Alford Rd.) After passing Simon's Rock College, take a left onto Seekonk Rd., which turns into Green River Rd. Take a right onto Mountain Rd, just before the NY/MA state line. Bear hard right past BNRC's first parking lot and drive to the end of Old Village Road to the trailhead.

SUNDAY - OCTOBER 1, 2017

70 Salisbury, CT 9 AM - 10 AM
WALKING TOUR AT THE SALISBURY LAND TRUST'S SYCAMORE FIELD
 REFER TO WALK # 22 FOR DETAILS

71 Gt. Barrington, MA 10 AM - 11 AM
AN INTERPRETIVE STROLL ON THE HOUSATONIC RIVER WALK: BERKSHIRES' NATIONAL RECREATION TRAIL
 REFER TO WALK # 18 FOR DETAILS

72 Richmond, MA 10 AM - 11 AM
HILLTOP ORCHARD'S HERITAGE, ANTIQUE APPLE TOUR & FURNACE BROOK WINERY
 Explore this historic orchard and enjoy a tree-plucked apple, on a walk to the splendid vista from the hilltop, with owner John Vittori. Hear



Alford Springs Preserve - by Wendy Ames

about their preserving and perpetuating many varieties of rare heritage apples. Also the Berkshires' first farm winery, enjoy a free wine tasting. Wear sturdy footwear. 1 hour - < 1 mile.

MEET outside the orchard store on Rt 295, Richmond (508 Canaan Rd., 1/4 mile east of the NY border and 1 mile west of junction Rt 295 & Rt 41).

73 Mill River, MA 11 AM - 12 PM
TOUR MILL RIVER FARM - A CERTIFIED ORGANIC FARM & BERKSHIRE WILDFLOWER HONEY

Jan Johnson will take you on a tour of her holistically managed farm: the pastures, gardens, grazing & planting areas. She will also talk about Berkshire Wildflower Honey and her practice of natural beekeeping. Wear sturdy footwear. Participants may purchase farm produce or meat after the tour. 1 hour - 1/2 mile.

TO REGISTER: millriverfarm@gmail.com or 413-229-6650.
 FARM ADDRESS is 282 Brewer Hill Rd., Mill River. Brewer Hill Rd. runs parallel to Rt 7. FROM Gt. Barrington, drive south on Rt 7 (before reaching the Sheffield line) and take left on Maple Ave., then right on Hewins St., then left on Hewlett Hill Rd., then right onto Brewer Hill Rd.

74 Lee, MA 11 AM - 12 PM
A WALKING TOUR AT GOLDEN HILL TOWN FOREST
 Join naturalist Linda Cysz, from the Lee Land Trust, for a meandering walk through this town forest to get a sense of the natural setting and learn some town history. 1 hour - 1 mile.

FROM the center of Lee, heading north on Rt 20, after crossing the railroad tracks and then the Housatonic River, continue driving north on Rt 20 for 0.8 mile (pass the Mass State Trooper Barracks) to Golden Hill Road on the right (across from the Retro Pop Shop). Drive uphill for 0.3 mile to a small parking site on the right side, for the Lee Town Forest - The Pinnacle.

75 Salisbury, CT 11 AM - 12 PM
CANNON AT 20 PACES! THE RISE AND FALL OF THE AMES IRON WORKS
 REFER TO WALK # 21 FOR DETAILS



Bascom Lodge - photo courtesy of John and Lynn Hasenmeyer

76 Lanesborough, MA 1 PM - 2 PM
THE HISTORY AND NATURE OF MT. GREYLOCK'S SUMMIT
A HISTORIC MOUNTAINTOP WALK

Join Mike Whalen, from the Mass. Dept. of Conservation and Recreation, and Peter Dudek, from Bascom Lodge, atop the most scenic, highest elevation (3,491') and oldest wilderness state park in Massachusetts. Discover the 1930's period of great park building when government work programs like the Civilian Conservation Corps created special places for recreation. The rustic, yet elegant, "parkitecture" of Bascom Lodge became a distinctive style that defined America's parks. This is an interpretive walk around the summit of Mount Greylock, with an emphasis on its unique ecology and historic structures as they comprise a fully realized historic landscape; and take an insider's tour of Bascom Lodge. NOTE: Summit Parking Fee is \$5 for Mass. plates, \$6 for non-Mass. plates. 1 hour - 0.25 mile.

MEET on the summit of Mt. Greylock in front of Bascom Lodge. Access to the reservation is from Rockwell Rd., off Rt 7 in Lanesborough or from Notch Rd. in No. Adams.

77 Stockbridge, MA 1 PM - 2:30 PM
A LEISURELY, PLEASANT STROLL OVER LAUREL HILL AND THE
MARY FLYNN TRAIL

Join Patricia Flinn for a leisurely history walk of the Laurel Hill Association's signature property, and continuing on to the Mary Flynn Trail, which is handicap accessible. Wear sensible walking shoes. 1.5 hours - 1.5 miles.

MEET at the Stockbridge Town Offices building at 50 Main St., at the 'Town Offices' sign on the right side.

78 Lenox, MA 1:30 PM - 3:00 PM
DISCOVERING HISTORIC KENNEDY PARK - A VISUAL
PRESENTATION

In collaboration with Mass Audubon's Berkshire Sanctuaries and held at Pleasant Valley Wildlife Sanctuary, join Jan Chague, from the Lenox Historical Society, for a visual presentation to learn about the secrets of Kennedy Park, explore the remnants of a by-gone era, and discover aspects of the Aspinwall Hotel once touted as "Hotel Beautiful", serving the rich and famous. 1.5 hours



The Mary Flynn Trail - courtesy of Diane Cote

TO REGISTER: berkshires@massaudubon.org or call 413-637-0320 FROM Rt 7/20 in Lenox, take West Dugway Road (which is located a very short distance north of the Arcadian Shop). Drive to West Mountain Rd and take a left and drive 1.5 miles to Pleasant Valley Sanctuary.

79 Stockbridge, MA 2 PM - 3 PM
THE GRAVEDIGGERS' TOUR

The Stockbridge cemetery has been part of town life since 1750, and grave digging has been a vital job since then. Come learn about the gravediggers: their lives, work and relationships, and how the job changed over time. They did more than dig graves, as we'll discover. The tour ends with a surprise! The walk is led by Karen Marshall of the Stockbridge Library Museum & Archives. 1 hour



Courtesy of Diane Cote

MEET at the entrance to cemetery, located on Main St./Rt 102 - 0.5 mile west of The Red Lion Inn. Park across the street at the old town hall.

80 Stockbridge, MA 2 PM - 4 PM
IN THE FOOTSTEPS OF THOREAU, MELVILLE AND
HAWTHORNE
REFER TO WALK # 27 FOR DETAILS

81 Lenox, MA 3 PM - 5 PM
BEGINNER HIKE AT STEVENS' GLEN: A BERKSHIRE NATURAL
RESOURCES COUNCIL PROPERTY

Join Deana Gilbert, from the Berkshire Hiking Club, for an easy walk through the woods to the gorgeous waterfall on this reserve owned by the Berkshire Natural Resources Council. 2 hours - 1.5 miles.

FROM Lenox center, take Rt 183 south, passing Tanglewood. When Rt 183 bears left, take a right onto Lenox-Richmond Road. Drive uphill 1.6 miles and turn left on to Lenox Branch Road (also called Lenox-West Stockbridge Rd). Drive 0.6 miles to the pullover on the right, at the sign. Overflow parking is further downhill.

A program of the
Upper Housatonic Valley
National Heritage Area



In partnership
with the
National Park Service



Heritage Walks 2017

The Upper Housatonic National Heritage Area
invites you to explore the wonders of this region
during Heritage Walks 2016 - three weekends:

September 16 & 17
September 23 & 24
September 30 & October 1

Historians, naturalists and environmentalists will
be your guide as you explore the Upper
Housatonic Valley and surrounding area.

- **Learn** about the history of the villages and towns
in the region as expressed in archaeological and
industrial sites, architecture, bridges and monuments.
- **Discover** both prominent and unsung geological,
ornithological and horticultural resources.
- **Enjoy** splendid autumn foliage and scenic vistas as
you explore the rich historical, cultural and natural
heritage of the Upper Housatonic Valley.

Generously Supported By:



The Berkshire Eagle



For updates and detailed descriptions:
HousatonicHeritage.org/Events/Heritage-Walks