



documented faith 365



Documented Faith 365 is about making time each day to get into God's word. It doesn't matter what time you do it. What matters is that take time to do it. Personally, I give God the first part of my day and He provides me with time needed during the rest of the day to get done what needs to be done.

Week 4 1/22-1/28

Cast all your anxiety on him because he cares for you. Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. 9 Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings. 1 Peter 5:7-9 NIV

Notes: Carrying all of your worries, stress and daily struggles by yourself shows that you have not trusted God fully with your life. Letting God have your anxieties calls for action. Do not submit to circumstances but to the Lord who controls them.

Notes to Self:

- Write It Out - Use a journal. Planner or binder and write out your thoughts and prayers. List concerns and things that you are grateful for. Write out whatever comes to mind to clear out the clutter.
- Be quiet and listen - Sometimes we feel like we are not doing anything when we are not doing anything but that is not true. Sit quietly.
- Read one verse at a time and study it instead of reading the next 3 or four verses.
- Be really honest with God with what is on your heart. (he already knows, He just wants to hear from you)

God promises to bless my life if I meet with Him daily. The following are just a few of the 7000 promises in the Bible. Take time this week to read the following and look up the verses referenced.

1. Trust in Me with all your heart and I will guide you. Proverbs 3:5-6
2. I will provide every good thing you need to do My will. Hebrews 13:20-21
3. Commit all that you do to Me and your plans will be successful. Proverbs 16:3
4. If you persist and do My will, you will receive what I have promised. Hebrews 10:36