



Seven basic habits we need to develop in order to grow spiritually:

1. In order to grow, we need to nourishment: the Word of God
2. In order to grow, we need to breathe: prayer
3. In order to grow, we need good spiritual hygiene: confession
4. In order to grow, we need a caring family: fellowship
5. In order to grow, we need regular exercise: service
6. In order to grow, we need protection: temptation
7. In order to grow, we need to give: stewardship

Week 25 6/18-6/24

Our growth takes time.

In Ephesians 4:13, the Bible says “ This will continue until we all come to such unity in our faith and knowledge of God’s Son that we will be mature in the Lord, measuring up to the full and complete standard of Christ.

God has given the church a huge responsibility: to make disciples in every nation. This involves preaching, teaching, healing, giving, nurturing, building and many other tasks.

Our human nature is to overestimate what we can do on our own and underestimate what we can do together. It is impossible to do it alone. Together we can obey God and grow more fully than any of us could alone. God has given us each special gifts and it is crucial that we are using them. Are you spiritually mature (growing) exercising the gifts that God has given you?

