



Week 26 6/26-7/1

The bible lists nine fruits of the Spirit. Each one can help us grow in our relationship with God.

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. Galatians 5:22-23 (ESV)

When we accept Jesus as our Savior, the Bible says we receive supernatural help from the Holy Spirit.. Because of that help, we can become more like Jesus, showing nine key characteristics, the fruits of the Spirit, in our daily lives. The fruit of the Spirit is the spontaneous work of the Holy Spirit in us. We cannot obtain them by just trying to get them. If we want the fruit of the spirit to grow in us, we must join our lives to Jesus.

Read and write out John 14:4-5

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### 1. Love

“Jesus said the greatest commandment is to love God and love one another” Mark 12:30-31.

When we love God with all our heart, soul, mind and strength, and love our neighbors as ourselves, we show the world we belong to Jesus.

### 2. Joy

“Rejoice in the Lord always; again I will say, rejoice” Philippians 4:4.

It’s easy to rejoice when things are going our way. It’s a different story when life is hard. As followers of Jesus, we are called to have joy all the time not just when life is good. One of the keys to being joyful is knowing *why* we rejoice. We don’t rejoice in our status, success or even our relationships. We must rejoice *in the Lord*.

### 3. Peace

“I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world” John 16:33

In spite of the inevitable struggles we will face, we are never alone. Jesus does not abandon us. If we can remember that the ultimate victory has already been won, we can claim the Peace of Jesus in our most troublesome times.

### 4. Patience

Living in this fast-paced and broken world, we can easily become impatient. In some translations, the word “long-suffering” is used in place of “peace” in Galatians 5:22. Both patience and long-suffering deal with endurance—a necessary companion for your faith walk