



## THE GYMNASTICS ZONE, Inc.

820 Anita Ave.  
Antioch, IL 60002  
(847) 838-4775



\_\_\_\_\_ Birthday Party!

### Parents Permission & Release Form

I do hereby give my permission for my Daughter/Son to participate in the Gymnastics activities during the birthday party at The Gymnastics Zone, Inc.

Nonetheless, I \_\_\_\_\_ as a parent of \_\_\_\_\_ do hereby release, discharge and covenant to hold harmless The Gymnastics Zone, Inc., or any person or entity associated with The Gymnastics Zone, Inc. from responsibility or liability from any and all: claims, demands, damages, cost, expenses, loss of services, actions and arising out of any act or occurrence up to the present time and particularly on account of all personal injury, disability, property damages of any kind sustained or that may hereafter be sustained by the said minor or by the undersigned in consequence of any accident which may occur arising out of participation in gymnastics at The Gymnastics Zone, Inc. during the Birthday Party.

### I HAVE READ AND UNDERSTAND THE TERMS OF THE AGREEMENT:

Parent / Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant's Name \_\_\_\_\_  
(Last Name) (First Name)

Date of Birth \_\_\_\_\_

Sex (Please Circle): Male Female

Mailing Address \_\_\_\_\_

School Grade \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Father & Mother's Names \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact's Name & Phone # \_\_\_\_\_

Health Restrictions: \_\_\_\_\_

### Appropriate Attire:

T-shirt and shorts, unitard, leotard with biker shorts. No tights, no shoes, no socks, or jewelry. Long hair needs to be pulled back in a ponytail.

