# **One-to-One Relational Meetings**

The One-to-One relational meeting is an intentional, framed conversation between two people. It connects head and heart and motivation (why we act) and moves us to meet others with openness, sharing and receiving stories of what matters most.

We at the Winchester Unitarian Society strive to have at least 100 relational meetings between January 1 and June 1, 2018. Join in the experience!



Image: Mural at the Unitarian Universalist Church of Annapolis, MD

#### What does a One-to-One Meeting help us to do?

- form relationships
- further welcome people from all parts of the community
- discern grassroots needs and dreams
- claim our own callings

- identify our own and others' gifts and wisdom
- discover common purpose and build power within the congregation
- stir up ideas and direction for ministry
- build a culture of relationship and trust

## What Happens in a One to One?

- Two people meet for an agreed upon time. Ideally, the conversation is at least a half-hour but no longer than an hour.
- This is <u>not</u> surface small talk, pastoral conversation or an interview. The focus is on individual
  convictions and hopes that drive them. While the attention may center on the person invited
  into the conversation, both facilitator and conversation partner share in this personal way.
- Sharing is usually guided by compelling concerns and reflection on specific experiences.
- The conversation usually ends with a request for referral: "Who should I speak with next?"

## What Kind of Questions Are Asked in a One to One?

- What first brought you to WUS? What keeps you here?
- Where did you grow up? What was your childhood like? How did it shape your values?
- Tell me about your past experiences in faith communities. How do they inform your current spiritual identity?
- What social issues concern you? How have your life experiences contributed to this concern?
- What are your strongest gifts? How have you used them well?
- What do you want to be remembered for the most?
- What do you plan to do about that which most concerns you?
- Who should I speak with next?

#### **How Do I Participate? What Happens Next?**

- Let the facilitation team know you are interested in having a conversation by sending a note to <a href="mailto:onetoone@winchesteruu.org">onetoone@winchesteruu.org</a> or by calling Rev. Heather at 781.729.0949. A facilitator will reach out to you to schedule your conversation.
- OR if a facilitator contacts you and asks to have a conversation, take a chance and say "yes!" Then set up a time for your conversation.
- Facilitators will meet periodically to share what they have heard (not details, just themes) and to identify other people with whom to have a conversation.

• If you enjoyed your conversation and wish to facilitate some of your own, contact Rev. Heather about joining an upcoming facilitator training. These trainings are only about an hour long and will be scheduled according to collective availability.

Learn more about relational organizing at  $\underline{\text{http://www.industrialareasfoundation.org}}$  or  $\underline{\text{http://www.piconetwork.org}}$