

Living Compassion

2018 / 2019 EURO LIFE Program Living and Integrating Full Embodiment with Robert Gonzales, Ph.D

Program Information

The 2018/2019 EURO LIFE Program is intended for people who have intermediate to advanced skills in Nonviolent Communication. Participants are expected to already have the ability to apply the basic skills of expressing honestly, self-empathy and empathizing with others.

Application to the Program is required. Applications will be reviewed to ascertain prior training, experience, and practice of NVC. The Program aims to have approximately 24 participants, with the intention to ensure a quality of learning that typically happens in smaller groups and to support a quality of community connection. There is also the intention to have a balanced and consistent level of skills among the participants to enhance the potential for peer learning and growth.

The EURO LIFE Program is given in English.

Our intention is to have 2 EURO LIFE Programs in 2018/2019, both happening in Germany. One Program will have the retreats at Seminarhaus Hof Oberlethe. The other Program will have the retreats at Seminarhaus Sampurna. The content, curriculum and course structure will be the same for both Programs.

We feel confident that both Programs will be filled. However, in the event that there are not enough participants to fill two Programs, we will consolidate in one location for one Program and that will be at Seminarhaus Hof Oberlethe, with its corresponding retreat dates.

**On the application, you will indicate which Program with its corresponding retreat dates you would prefer. We will do our best to accommodate your preference. We cannot guarantee exact placement.*

This is a two-year Program, 2018 and 2019.

EURO LIFE Program at Oberlethe

There will be two, seven day retreats EACH year, held at:

Seminarhaus Hof Oberlethe
Wardenburgerstraße 24
26203 Wardenburg, Germany

www.hof-oberlethe.de

The dates for the 2018 retreats are: **11 - 18 March, 2018 & 16 - 23 September, 2018**

The dates for the 2019 retreats are: **31 March - 7 April, 2019 & 14 - 21 September, 2019**

EURO LIFE Program at Sampurna

There will be two, seven day retreats EACH year, held at:

Seminarhaus Sampurna
Am Tiergarten 1
65388 Schlangenbad, Germany

<http://www.sampurna.de>

The dates for the 2018 retreats are: **27 May - 3 June, 2018 & 11 - 18 November, 2018**

The dates for the 2019 retreats are: **26 May to 2 June, 2019 & 10 - 17 November, 2019**

For each EURO LIFE Program, in addition to the two retreats per year:

1. There will be two, 2 hour live video-conferences that Robert will facilitate each year.
2. Every participant will have one, one-hour individual session with Robert each year (by ZOOM or phone).
3. The Program will also include participant-only practice sessions (phone/Skype). The participant-only practice sessions will be organized at the first retreat and can vary in commitment from once a week to once a month, depending on each participant's schedule and needs. The request is that each participant be willing to commit to this part of the Program as

much as possible, as Robert highly values the community building and learning that he sees happen through these sessions.

Cost of the EURO LIFE Program

The cost of each EURO LIFE Program is the same. The program **per year** (includes tuition, housing & meals, and shared overhead fee for two retreats) is:

Tuition: \$1920 USD (\$960 USD per retreat)

Housing & Meals:

options range from dormitory 750 € (375 € per retreat)

to single room 1288 € (644 € per retreat)

Shared Overhead Fee: 190 € (95 € per retreat)

***We regret that, at this time, we are unable to offer discounts, work-trade or financial assistance for anyone needing financial support to attend the EURO LIFE program. We encourage you to creatively think of ways you can request support from family, friends or your community that would enable you to attend.**

Participants may incur an additional charge for the live video-conferences, if they choose to access the conference via telephone. The additional charges would depend on your individual long distance service provider and the coverage plan you have.

Tuition costs: Once you have been accepted into the program, a \$500 USD, non-refundable deposit will be requested and will be applied to the tuition portion of the costs. There are options for paying the remaining tuition fee which is paid in USD to the Center for Living Compassion. The first preference for tuition payment is that the total amount for one year of the Program be paid before the Program begins each year. The second preference is that one half of the total tuition be paid at the beginning and one half at the mid-way point in the Program each of the two years.

Housing & meal costs at Hof Oberlethe: Housing/meal costs are to be paid in Euros € to Hof Oberlethe upon arrival at each retreat. They prefer payments to be made in cash. If this is not possible for you, they accept Maestro / EC-card. They do accept credit cards, but it is not their preference.

Housing & meal costs at Seminarhaus Sampurna: Housing/meal costs are to be paid in Euros € to Sampurna upon arrival at each retreat. Payment options are cash in Euros €, credit card, or EC-card.

Shared overhead fee: This fee covers the housing/meals for Robert, the assistants & the on-site coordinator, as well as retreat handouts and supplies. This fee is to be paid in cash Euros € to the on-site coordinator at the start of each retreat.

Commitment Agreement

In applying to the 2018/2019 EURO LIFE Program, applicants are asked to give serious consideration to their agreement to commit to the Program for two years. This Program requires a sizable commitment of both time and financial resources. Committing to the full two year Program allows for a depth of experience and integration over time. It also allows for a depth of community, trust, care and mutual support to develop among the participants. Should you choose to drop out mid-Program, your action will impact your fellow participants and the quality of the community experience. Each person is important to the fabric of the whole and cultivating an awareness of our interdependence is a core value of this Program. Additionally, dropping out mid-Program results in a reduction in the income that was anticipated and budgeted in order to make the Program viable, as spaces cannot be filled mid-Program. For this reason, any participant who drops out for reasons other than unforeseen emergencies will be asked to pay the remaining tuition portion of the fees for each of the two years. (Please note that in the event of unforeseen emergencies, our intention is to be in mutual collaboration with you.)

Your agreement to complete this two year commitment meets needs for collaboration, follow-through, reliability and interdependence.

We also ask that you be willing to be at each of the four retreats for the **entire** time. A very high value is placed on the unity of the group and the cohesion of the work from the start to the finish of the time that is agreed upon to spend together. The request is that participants be willing to plan their travels in such a way that they will be able to be present for the entire time of each retreat, starting with 6:00 pm dinner on the first day and ending at 12 noon on the last day. Lunch will be served on the last day for those who are able to stay beyond the 12 noon official end time.

Timeline for Application Process

March 2017	Call for Applications Emailed
March - August 1, 2017	Applications Accepted
August 1, 2017	Final Deadline for Applications to be Received
August 1 - September 1, 2017	Application Review
By September 1, 2017	Applicant Notification

Request for Tuition Payment Timeline

Year One

October 1, 2017	Deposit of \$500 USD due to hold space in the Program
6 weeks prior to 1st retreat	Full, or first ½ payment due for those making 2 payments
6 weeks prior to 2nd retreat	Second ½ payment due for those making 2 payments

Year Two

6 weeks prior to 3rd retreat

6 weeks prior to 4th retreat

Full, or first $\frac{1}{2}$ payment due for those making 2 payments

Second $\frac{1}{2}$ payment due for those making 2 payments

To request an application please email Maura at maura@living-compassion.org.