












Ambassadors for Recovery

# Chester County PRO-ACT 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Chester County Office:</b> 16 Mystic Lane Malvern, PA 19355</p>	<p><b>Volunteer Coordinator</b> Per Hagen 610-675-4208</p>	<p><b>PRO-ACT Project Coordinator</b> Alison Slickers 610-675-4200</p>	<p><b>For CRS Services, Contact Adam Sledd, Coordinator:</b> P: 484-325-5990 F: 484-318-2908</p>	<p>1 Working Through Recovery 6:00 PM - 7:00 PM</p>	<p>2</p>	<p>3 </p>
<p>4 Adventures in Recovery Horseback Ride Sheeder Mill Farm 12:30</p>	<p>5</p>	<p>6 <b>VOTE!</b> Peer Mentor Training 10:00AM-4:00PM Vision Team Meeting 6:00 PM</p>	<p>7 Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM</p>	<p>8 Working Through Recovery 6:00 PM - 7:00 PM</p>	<p>9 </p>	<p></p>
<p>11</p>	<p>12 Volunteer Orientation 1:00PM-3:00PM</p>	<p>13 Peer Mentor and Group Leadership Training 10:00AM-4:00PM</p>	<p>14 Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM</p>	<p>15 Working Through Recovery 6:00 PM - 7:00 PM</p>	<p>16</p>	<p>17</p>
<p>Join Chester County PRO-ACT for "Amends in Action" <b>BLANKET &amp; CLOTHING DRIVE</b> Keep a Friend Warm This Winter Donate new or gently used blankets, sleeping bags, winter coats, scarves, hats and gloves to benefit the homeless in Chester County.</p> <p> Ambassadors for Recovery Donations can be dropped off at: The Council of Southeast Pennsylvania 16 Mystic Lane, Malvern, PA Tuesday &amp; Friday, 11am-3pm Until December 15th. Questions? Call Per Hagen (610) 675-4208</p> <p></p>	<p>19</p>	<p>20 </p>	<p>21 Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM</p>	<p><b>HAPPY THANKSGIVING</b> </p>		<p>24</p>
<p>26</p>	<p>27 </p>	<p>28 Overcoming Addiction 10-11:30</p>	<p>29 Working Through Recovery 6:00 PM - 7:00 PM</p>	<p>30  sign up today!</p>	<p><b>Andrea Howell</b> Recovery Programs Specialist: 484-569-9726</p>	

## Highlights in November 2018

**Volunteer Orientation Training:** We are committed to the success of our volunteers. All volunteers complete this training to help them identify strengths and assets so everyone can get the most out of their volunteer experience. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

**PRO-ACT Family Education Program:** A three week, educational program for loved ones of those struggling with substance use disorder. Program is not for children under age 14 and not for the person suffering from a substance use disorder. The program is held the first three Wednesdays of November from 7:00 pm—9:00 pm at 16 Mystic Lane, Malvern Pennsylvania 19335. Pre-registration is required. Please call (800) 221-6333 to register.

**Peer Mentoring Training:** Our Peer Mentoring training will help you learn effective peer mentoring strategies, active listening and supporting many pathways to recovery. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

**Group Leadership and Facilitation Training:** This training is for volunteers who have completed the Volunteer Orientation Training and would like to learn how to facilitate our Life Skills programs or a topic workshop. The training helps you hone your presenting, listening and leader skills. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

**Overcoming Addiction:** A peer-led support and discussion forum where people in recovery learn to see their struggles as their “story.” Group meets Wednesdays 10:30 to 11:30AM at the Coatesville Center for Community Health, 1001 E. Lincoln Highway, Coatesville PA 19320. Please call Andrea Howell, Recovery Programs Specialist, with any questions (610) 675-4235.

**Working Through Recovery:** A peer-led support and discussion group for all pathways to recovery. Group meets Thursdays 6PM-7PM at the Salvation Army in Coatesville— 669 Lincoln Highway, Coatesville PA 19320. Please call Andrea Howell, Recovery Programs Specialist, with any questions (610) 675-4235.—

**Adventures in Recovery:** Horseback Ride Sunday November 4th 12:30 pm Sheeder Mill Farm 12 Sheeder Mill Rd. Spring City PA. Pre Registration Required Cost \$36.00 Contact Christine Sledd 484-576-9877.

**Amends in Action:** Blanket/Sleeping Bag/Winter Clothing Drive: Taking donations of new or Lightly Used items for distribution to Chester County Homeless. Drop off Tuesday & Friday 11am to 3pm: 16 Mystic Lane Malvern, PA . Per Hagen with any questions (610) 675-4208.

**Chester County 5K Color Run:** Chester County 5K Color Run Saturday November 10th 8am Registration 9am Race. Everhart Park West Chester PA. [chesco.org/color5k](http://chesco.org/color5k) for more information

**Vision Team:** Brainstorm and develop peer-based recovery support services and activities for Chester County PRO-ACT. This meeting is held at 16 Mystic Lane in Malvern from 6:00-7:30PM. In order to join our Vision Team, we ask for a one year commitment. Please call Per Hagen, Volunteer Coordinator, with any questions (610) 675-4208.

**Complete your Community service hours with PRO-ACT! Contact Per Hagen today to find out more!**

**Cell: 610-675-4208**