



Ambassadors for Recovery

Chester County PRO-ACT



August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Chester County Office: 16 Mystic Lane Malvern, PA 19355</p>	<p>Register for trainings by contacting Andrea Howell, Recovery Programs Specialist: 610-675-4235</p>		<p>1. Overcoming Addiction 10-11:30</p>	<p>2.</p>		<p>2. Adventures In Recovery: Zip-lining in Elmwood Park Zoo 10 AM</p>
<p>Peer Leader Coordinator Alison Slickers 610-675-4200</p>	<p>6. Volunteer Orientation 1- 3:00 PM</p>		<p>8. Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM</p>	<p>9. Working Through Recovery 6:00 PM- 7:30 PM</p>		
		<p>14. Peer Mentoring I 11-4 PM Vision Team 6-7:30 PM</p>	<p>15. Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM</p>	<p>16. Working Through Recovery 6:00 PM- 7:30 PM</p>	<p>17.</p>	<p>For CRS Services, contact Adam Sledd, Coordinator: P: 484-325-5990 F: 484-318-2908</p>
	<p>19. Adventures In Recovery: Tubing the Brandywine 10-2 PM</p>	<p>20.</p>	<p>21. Peer Mentoring II/ Group Leadership Facilitation 9-4PM</p>	<p>22. Overcoming Addiction 10-11:30</p>	<p>23. Working Through Recovery 6- 7:30 PM</p>	
		<p>28.</p>	<p>29. Overcoming Addiction 10-11:30</p>	<p>30. Working Through Recovery 6:00 PM- 7:30 PM</p>	<p>31. Overdose Awareness Day The Melton Center 6-8PM</p>	

Highlights in August 2018

Volunteer Orientation Training: We are committed to the success of our volunteers. All volunteers complete this training to help them identify strengths and assets so everyone can get the most out of their volunteer experience. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

PRO-ACT Family Education Program: A three week, educational program for loved ones of those struggling with substance use disorder. Program is not for children under age 14 and not for the person suffering from a substance use disorder. The program is held August 8th and 15th from 7:00 pm—9:00 pm at 16 Mystic Lane, Malvern Pennsylvania 19335. Pre-registration is required. Please call (800) 221-6333 to register.

Peer Mentoring Training: Our Peer Mentoring training will help you learn effective peer mentoring strategies, active listening and supporting many pathways to recovery. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

Group Leadership and Facilitation Training: This training is for volunteers who have completed the Volunteer Orientation Training and would like to learn how to facilitate our Life Skills programs or a topic workshop. The training helps you hone your presenting, listening and leader skills. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

Overcoming Addiction: A peer-led support and discussion forum where people in recovery learn to see their struggles as their “story.” Group meets Wednesdays 10:30 to 11:30AM at the Coatesville Center for Community Health, 1001 E. Lincoln Highway, Coatesville PA 19320. Please call Andrea Howell, Recovery Programs Specialist, with any questions (610) 675-4235.

Working Through Recovery: A peer-led support and discussion group for all pathways to recovery. Group meets Thursdays 6 - 7:30 PM at the Salvation Army in Coatesville— 669 Lincoln Highway, Coatesville PA 19320. Please call Andrea Howell, Recovery Programs Specialist, with any questions (610) 675-4235.

Vision Team— Brainstorm and develop peer-based recovery support services and activities for Chester County PRO-ACT. This meeting is held at 16 Mystic Lane in Malvern from 6:30-8PM. In order to join our Vision Team, we ask for a one year commitment. Please call Per Hagen, Volunteer Coordinator, with any questions (610) 675-4208.

Zipline/Ropes Adventure-- Come out and join us for a fun morning on the rope course! Elmwood Park Zoo has more than 15 obstacle courses and 8 zip lines that PRO- ACT will take on. The meeting time is at 10Am outside the main entrance to the Elmwood Zoo. The cost is \$44.95/ person. Please call Per Hagen, Volunteer Coordinnator, with any questions (610) 675-4208.

Tubing the Brandywine- Join PRO-ACT in tubing down the Brandywine River on Sunday July 22 from 10AM to 12PM, starting at Northbrook Canoe Co. RSVP with Per Hagen, Volunteer Coordinator, at (610) 675-4208. The cost is \$20.00 /person. We hope to see you there! 1810 Beagle Rd. West Chester, PA

Complete your Community service hours with PRO-ACT! Contact Per Hagen today to find out more!

Cell: 610-675-4208