



Ambassadors for Recovery

# Chester County PRO-ACT



## March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Register for trainings by contacting Andrea Howell, Recovery Programs Specialist: 610-675-4235</p>				<p>1</p>	<p>2</p>	<p>For CRS Services, contact Adam Sledd, Coordinator: P: 484-325-5990</p>
<p>Peer Leader Coordinator Alison Slickers 610-675-4200</p>	<p>5. Volunteer Orientation 1-3PM</p>	<p>6. Peer Mentoring I 12-4:00 PM</p>	<p>7. Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM</p>	<p>8. Working Through Recovery 6:00 PM- 7:30 PM</p>	<p>9.</p>	<p>Chester County Office: 16 Mystic Lane Malvern, PA 19355</p>
<p>11.</p>	<p>12. Vision Team 6:30PM-8:00PM</p>	<p>13. Peer Mentoring II 12-4:00PM</p>	<p>14. Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM</p>	<p>15. Working Through Recovery 6:00 PM- 7:30 PM</p>	<p>16.</p>	<p>17.</p>
<p>TAKE JUST A MOMENT AND REMEMBER HOW <i>lucky</i> YOU ARE</p>	<p>19.</p>	<p>20. Group Leadership Facilitation 12-4:00 PM</p>	<p>21. Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM</p>	<p>22. Working Through Recovery 6:00 PM- 7:30 PM</p>	<p>23.</p>	<p>24. Adventures In Recovery Disc Golf Outing 1PM</p>
	<p>26.</p>	<p>27.</p>	<p>28. Overcoming Addiction 10-11:30</p>	<p>29. Working Through Recovery 6:00 PM- 7:30 PM</p>	<p>30. Offices Closed for Good Friday</p>	

# ALL ARE WELCOME—WE LOOK FORWARD TO SEEING YOU!

## Highlights in March 2018

**Volunteer Orientation Training:** We are committed to the success of our Volunteers. You will receive comprehensive knowledge about the disease of addiction and how you can be a part of the hope, help and healing of recovery. All Volunteers complete this training to help them identify strengths and assets so everyone can get the most out of their volunteer experience. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

**PRO-ACT Family Education Program:** A three week, educational program for loved ones of those struggling with substance use disorder. Program is not for children under age 14 and not for the person suffering from a substance use disorder. The program is held the first three Wednesdays of March from 7:00 pm—9:00 pm at 16 Mystic Lane, Malvern Pennsylvania 19335. Pre-registration is required. Please call (800) 221-6333 to register.

**Peer Mentoring Training:** Our Peer Mentoring training will help you learn effective peer mentoring strategies, active listening and supporting many pathways to recovery. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

**Group Leadership and Facilitation Training:** This training is for Volunteers who have completed the Volunteer Orientation Training and would like to learn how to facilitate our Life Skills programs or a topic workshop. The training helps you hone your presenting, listening and leader skills. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

**Overcoming Addiction:** A peer-led support and discussion forum where people in recovery learn to see their struggles as their “story.” Group meets Wednesdays 10:30 to 11:30AM at the Coatesville Center for Community Health, 1001 E. Lincoln Highway, Coatesville PA 19320. Please call Andrea Howell, Recovery Programs Specialist, with any questions (610)675-4235.

**Adventures in Recovery—** Come out and play Frisbee golf with PRO-ACT on March 24 at 1:00PM. Free discs and instructions will be provided. 1151 Scherfel Blvd. Pottstown, PA 19465

Complete your Community service hours with PRO-ACT! Contact Per Hagen today to find out more!

Cell: 610-675-4208

Email: [phagen@councilsepa.org](mailto:phagen@councilsepa.org)