

# Middle School Summer Checklist (for students)



- Get lots of exercise this summer!*** Regular activity helps prevent some of the “sluggishness” that can happen at the beginning of a new school year.
  
- Think about how you will organize your study time*** and space at home. Ask parents or older brothers and sisters to help you find a space where you will keep your school materials and do your studying. Remember, you want to choose a space that has as little distraction as possible! Organization and a good study space is very important for your success in middle school.
  
- Write down any questions you have*** about middle school this summer. Ask your parents to send your questions to the office or save them until Back-to-School morning. The more questions you ask, the more comfortable you will feel next year!
  
- Talk to your parents about middle school.*** Let them know how you are feeling, what you are looking forward to. Make sure you ask them for help when you need it! They are your best resource!
  
- Complete your required summer reading and writing journal.***
  
- Be excited about what's ahead!*** Middle school is great and you're going to love it!



# Middle School Summer Checklist (for parents)

- Spend some time helping your child get organized*** before the school year begins. Identify a quiet study location where students can both store their materials and work at home with as little distraction as possible .
- Be sure to submit your Middle School Activity Fee.*** This payment (applied to 6th Grade Camp) is due July 1 if you opted for the pay in full option. You may submit payment to the school tuition box prior to June 13 or wait for your July 1 statements that will go out by mail.
- Consider reading the book "7 Habits of Highly Effective Teens"*** by Sean Covey or a similar book with your child over the summer. This resource provides a great description of what makes middle and high school students successful. Often experiencing a book like this with your child opens up lines of communication that will hopefully continue through the coming years.
- Check the mail for our Back-to-School Information*** in early August. There will be important information specific to Middle School included with this packet.
- Plan to attend our Back-to-School Morning*** on Friday, August 24 . Students will receive their class schedules, meet all their teachers, and walk through a typical school day. This experience will be different than what you and your student might be used to from past Back to School Mornings so please make a point to attend. It is key for students to feel comfortable on the first day of school.
- Check out the new uniform options*** for middle school students in the Parent Handbook and order over the summer. All students required to have 1 complete PE uniform at the start of the new year.
- Contact Mrs. Henzel with any questions*** you may have over the summer months. (619) 232-3794 or [becky.henzel@citytree.org](mailto:becky.henzel@citytree.org)
- Enjoy the benefits*** that come with student maturity and independence!