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## Things Could Get *Intense*!

*Do You Want to Be a Part of It?*

*by Mary Ellen Burrus, PAC Lead Program Director*

Have you heard about Teepa's new workshops called Knowledge Intensives? These courses take things to a whole new level. Teepa digs deeper into important topics and guides the learner to develop and practice her Positive Approach® techniques to assist in solving every day issues. Teepa and her team of Positive Approach to Care (PAC) mentors will be visiting select cities in 2018, including Atlanta in March and the Detroit area in May.

In March, PAC will be in Stone Mountain, Georgia, near Atlanta, where Teepa will be presenting Workshop 1, **I Am Who I Was, But I'm Different** on Thursday, March 22<sup>nd</sup> and Workshop 2, **Creative Solutions to Challenging Situations** on Friday, March 23<sup>rd</sup>. These two days will be filled with active learning experiences geared towards providing tools that can be utilized by care partners every day, focusing on person centered care. Teepa will conduct these same two workshops in the Detroit area on May 10<sup>th</sup> and 11<sup>th</sup>.

**I Am Who I Was, But I'm Different** explores a simple tool that can be used by the entire care team to get to know residents. This tool helps the care staff identify and meet the likes, wants, and needs of each individual. The same tool can be used for care partners at home as a quick reference for likes and dislikes of the person living with dementia.

**Creative Solutions to Challenging Situations** looks at the tendency to label people living with dementia as agitated, resistant, or aggressive when they are merely trying to express an unmet need with a failing brain. Could the way we are reacting, instead of responding, be exacerbating situations? This workshop gives learners the tools and techniques to respond to situations that arise and to search for the cause of the challenging behavior, ultimately assisting the person living with dementia to meet his or her needs.

Please join us for one workshop for the price of \$250 or both workshops for a discounted price of \$400. For more information or to register, go to our [website](#).

Teepa's Knowledge Intensive: Workshop 1 – **Atlanta, GA** March 22, 2018

Teepa's Knowledge Intensive: Workshop 2 – **Atlanta, GA** March 23, 2018

Teepa's Knowledge Intensive: Workshop 1 – **Detroit, MI** May 10, 2018

Teepa's Knowledge Intensive: Workshop 2 – **Detroit, MI** May 11, 2018