

## Keeping Pathways Open and Active

*Highlighting the work of Dr. Jennifer Bute  
by Teepa Snow, MS, OTR/L, FAOTA*

During our first ever International Symposium in London on August 22<sup>nd</sup>, Dr. Jennifer Bute, who is living well with dementia, shared her work about keeping her mind sharp and active while helping so many others to do the same. Her determination to not give up or give in, while acknowledging the need for changing her living situation and routines, has prompted her to live well for many years.

Her ability to make use of her computer, tablet, internet, and a variety of tech devices fosters her daily function and enables her to continue her work in advocacy and outreach to support others. Her history as a medical practitioner provided her with one view of dementia, her father's journey offered a second perspective, and now her own voyage through this condition provides her with a deeper appreciation of the importance of changing our societal view of this phenomena and the support that is offered.

Visit her [website](#) to learn more about her life, her work, and her program offerings to engage others living with dementia in her fun, brain-training modules using Japanese memory groups. These hand, eye, language, math, and rhythmic worksheets help individuals enhance and foster brain activity and use historically strong areas of brain ability to promote well-being and function in a supportive group setting.

Many thanks to Dr. Bute and her son for making the trip to join us and sharing with others her message and experience.