



EXECUTIVE FUNCTIONING AND LEARNING

North County Regional Education Center
January 25, 2018

Susan Simmons, Ph.D.

Susan holds a Ph.D. in Special Education from Boston College. An Assistive Technology Specialist for the past 15 of her 30 years as an educator, her experience includes positions as program specialist, general education teacher, resource teacher, teacher of the deaf, and teacher of the visually impaired. She has served in adjunct faculty positions in graduate level education and psychology departments including: Boston College, California State University, Dominguez Hills, Claremont Graduate University, and California State University, Northridge (ATACP Program). Dr. Simmons was a teaching fellow for the Harvard University Summer Institute on Universal Design for Learning with faculty from CAST in 2007. Passionate about Assistive Technology, she has developed the High Incidence Assistive Technology Certificate Program offered through Diagnostic Center, Southern California and provides long-term technical support for several school districts implementing district wide Assistive Technology or Universal Design for Learning programs. She is known for developing engaging, active trainings that offer teachers and administrators fresh perspective paired with the necessary tools to create classroom accessible to all students.

Intended Audience:

Special Education and General Education teachers, support staff

Time:

8:30 AM-3:00 PM

Location:

North County Regional Education Center
255 Pico Avenue, San Marcos, CA 92069

Cost:

No cost for participants from NCCSE member districts*

Nonmembers: \$60

Register at <http://sdcoe.k12oms.org/884-135438>

Contact vasquez@sdcoe.net with any questions.

www.nccse.org

If you could only make changes in one area this is it! Adding supports and practice will yield big rewards.

Executive Function can be defined as "those self-directed actions needed to choose goals and to create, enact, and sustain actions toward those goals" or more simply as "self-regulation to achieve goals" (Wagner & Heatherton, 2011). These skills are critical in every area of the curriculum. The brain networks to support these skills are not fully developed until well into the 20's. Intentionally building supports and practice to build Executive Function skills are essential to curriculum access. There is a wide range of executive function skills in any classroom, among all students. This range, when supported and directly addressed, makes tremendous differences in educational outcomes.

Executive Functioning skills are essential to every area of the curriculum. Drawing from the work of Harvard Center on the Developing Child, and authors Russel Barkley, Peg Dawson and Richard Guare, this workshop will break down Working Memory, Inhibitory Control, and Mental Flexibility, highlighting strategies to build in both practice and supports within lessons.

This is an interactive workshop, come prepared to re-think teaching strategies and practice Executive Function supports. Standard classroom supports as well as technology supports for Executive Functioning will be demonstrated

Participants will be able to:

- Demonstrate a clear understanding of the primary areas of executive functioning.
- Practice activities, supports, and technology support executive functioning.
- Determine actions that can be taken immediately, in each area of the curriculum, to build and support these classroom activities.

Course meets the qualifications for continuing professional development credit for SLPs as required by the California Speech-Language Pathology and Audiology Board.

Member Districts: The North Coastal Consortium for Special Education (NCCSE) is a Special Education Local Planning Area (SELPA) that is composed of 14 school districts in North San Diego County. The San Diego County Office of Education is the administrative unit for NCCSE. Member districts include: Bonsall Unified, Cardiff, Carlsbad Unified, Del Mar Union, Encinitas Union, Fallbrook Union Elementary, Fallbrook Union High, Oceanside Unified, Rancho Santa Fe, San Dieguito Union High, San Marcos Unified, Solana Beach, Vallecitos and Vista Unified.

CPD/CE Documentation of attendance: Documentation of attendance will be provided to participants who attend the workshop in its entirety. Partial credit will not be awarded. Attendees must sign-in, sign-out, and submit a completed evaluation form. Documentation of attendance will be sent via email to participants who complete all requirements. No exceptions can be made.

If due to a disability, you need assistance to enable you to participate in a workshop contact us at least ten working days prior to the event.

Participants may be photographed for use in promotional and/or news materials.