The Fifth Annual
Mountain Vista High School

Elementary School
1 Mile Cross Country Race

Tuesday, October 4th
5:30 - 7:00 p.m.
Mountain Vista High School

All 3rd-6th Grade Mountain Vista feeder area elementary students are invited to compete!

Sponsored by the MVHS Cross Country Team
State Champions (Boys) 2012, 2013, 2014, 2015

- ✦ Come be a part of Vista Nation Cross Country
- ✦ Meet and stretch with the Vista Nation athletes
- ✦ Green or pink Vista Nation t-shirts for all runners
- ✦ Post-Race pizza, chocolate milk and cookies for sale

- ★ Early Registration (by Sept. 28th):
  $10 per student
- ★ Late/Walk-Up Registration (After Sept. 28th):
  $15 per student (t-shirt may arrive after race)
- ★ Medals for all finishers
- ★ Race photos available on our Shutterfly site
- ★ Ribbons for top 10 boys & girls in each race
- ★ Arrive early - Shirt size/color first come, first serve!

5:30 - 5:45 Registration, team and runner warm up
5:45 3rd/4th grade boys and girls race
6:10 5th grade boys and girls race
6:35 6th grade boys and girls race
7:00 Awards
  (If possible, we will try to run ahead of schedule)

For more information or to download additional forms, please see our website: www.vistanationxc.com

TEAR OFF BELOW AND KEEP ABOVE INFO FOR RACE DAY SCHEDULE

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Please turn in registration forms and registration fee ($10) by September 28th to your elementary school front office.
Please make checks payable to MVHS Booster Club and staple to this form.
Please use a separate registration form for each registrant.
After September 28th, please bring registration form with $15 fee to Walk-Up Registration Table on race day

Runner Name: _____

Grade: (circle): 3rd 4th 5th 6th   Gender: (circle): Boy Girl

School (circle): Bear Canyon   Copper Mesa   Heritage   Northridge   Sand Creek   Summit View

Platte River   Ben Franklin   STEM   Other:_____

I give my child (named above) permission to run in the Mountain Vista Elementary School Cross Country race.

Parent Name: _____   Parent signature: _____

Email: _____

Please print clearly!

Phone/Mobile #: _____