

# Take the Pledge



## Will you pledge to be a D.A.N.C.E.R.?

The Devereux Center for Resilient Children invites you to take a pledge to promote the resilience of all children, and to educate yourself and others on the negative impacts of childhood trauma and the need for trauma-sensitive care. Taking the pledge means that you will commit to doing the following:

- **D**evelop a shared understanding of trauma and trauma-sensitive care by watching/reading Oprah Winfrey's *60 Minutes* interview, focused on how trauma impacts childhood development (*link available on our website*).
- **A**dvocate for organizations in your community – early childhood programs, schools, police departments, hospitals, etc. – to integrate trauma-sensitive practices.
- **N**urture yourself. Adult wellness and child wellness are connected. Young children need the adults who take care of them to be happy and healthy to do the important work they do!
- **C**onnect with others. Join ACEs Connection ([www.acesconnection.com](http://www.acesconnection.com)), which provides an online community of allies, advocates and experts in trauma-sensitive care.
- **E**njoy and celebrate the fact that healing is possible.
- **R**emember that relationships are key to resilience – make sure that the children in your life feel loved, valued, heard and seen.

Learn more, take the pledge, and access resources at  
[www.centerforresilientchildren.org/devereuxdancer](http://www.centerforresilientchildren.org/devereuxdancer)