



Make the Most of Summer Vacation

With the final bell of the school year about to ring, kids everywhere will soon be faced with the question: "What am I going to do today?" Here are some things you can suggest to your kids over the upcoming summer months so you can avoid the dreaded "I'm bored."

Enjoy the Outdoors

They've probably spent most of the school year indoors studying, watching television and playing video games, so it is time to get outside. There are many things to do that require little or no money or planning like riding bikes, hiking in the local park, skateboarding or just sitting under a tree reading a book.

Plan Something Exciting

Have they ever wanted to go rock climbing? Or try Frisbee golf? There is no better season to do extreme activities.

Have a Water Fight

You do not need a pool to keep cool in the summer months. Tell them to round up some friends, equip themselves with water guns, water balloons and hoses, and find an open area.

Earn Money Doing Seasonal Work

Mowing lawns and washing cars in the neighborhood is a great way to earn money while helping out the neighbors.

Have a Yard Sale

Need money for the movies? They can make it selling toys, clothes and other possessions they no longer need and you can reclaim some storage space.

Host a Cookout

Have them plan a cookout. Tell them to invite friends or neighbors over so you can barbecue for them.

Observe Nature

Set up a tent in the backyard so they can enjoy some time in the outdoors. Check out the stars and moon in the sky.

Here when you need us.

Call: | TTY: 800.697.0353

Online: guidanceresources.com

App: GuidanceNowSM

Web ID: