

Measure of the Month

2017 Depression Screening Quality Measure

Measure Definition

Goal: At least 82% of patients with an office visit during the last 12 months have a PHQ2 or PHQ9 documented. Our current ACO performance is 79.2%.

Numerator: Number of patients in the denominator with a PHQ2 or PHQ9 documented in the last 12 months.

Denominator: Number of patients ages 18+ at the beginning of the measurement period without a diagnosis of Depression or Bipolar Disorder and an office visit in the last 12 months.

Top Tips To Achieve Success

- Define Core Workflow
 - Use a standard screening tool, such as PHQ2 or PHQ9, to identify patients with depression
 - Identify when and who will administer screening and how provider will be notified if screening is positive
 - Integrate behavioral health clinicians into primary and specialty care workflow
- Clinical Competencies
 - Ensure adequate systems in place for accurate diagnosis, effective treatment, and appropriate follow up
 - Refer to behavioral health clinicians as next step in diagnosis and treatment for depression

Shared Innovation from the Field

LincolnHealth has incorporated the PHQ2 into their Patient Visit Planning forms which include reason and concerns for visit, as well as other age appropriate screenings. The forms are distributed to all patients at every visit, including the PHQA for patients ages 12-18, and completed in the waiting area. During rooming the MA enters the results into the patient's chart, and if the patient scores positive on the PHQ2, the MA will complete a full PHQ9 screening and notify the provider. For more information about the workflow or these forms, please contact Robin Lozinski at Robin.Lozinski@lchcare.org.

Resources

- ACO Performance Team, [email](#) us for assistance
 - Additional resources, trainings and materials
 - Quality improvement support
 - Data analysis
- <https://mainehealth.org/maine-behavioral-healthcare/about/behavioral-health-integration-program>
- "Screening for Depression in Adults." Link will download PDF: www.uspreventiveservicestaskforce.org/Home/GetFileByID/2563. U.S. Preventive Services Task Force, Jan. 2016. Web.)