

## MaineHealth ACO Measure of the Month for November 2017

### Colorectal Cancer (CRC) Screening Quality Measure

#### Measure Definition

**Goal:** At least 75% of patients with an office visit during the last 12 months have a colorectal cancer screening documented. Our current ACO performance is 72.9%.

**Numerator:** Number of patients with one or more screenings documented for colorectal cancer: colonoscopy in the last 10 years; flexible sigmoidoscopy in the last 5 years; computed tomography (CT) colonography in the last 5 years; fecal immunochemical DNA test (FIT-DNA) in the last 3 years; fecal occult blood test (FOBT) during the measurement period.

**Denominator:** Number of patients ages 50-75 at the beginning of the measurement period with an office visit in the last 12 months.

Top Tips To Achieve Success	Shared Innovation from the Field
<ul style="list-style-type: none"> <li>• Ensure educational materials and FIT tests are pre-stocked and readily available in exam rooms</li> <li>• Define Core Workflow <ul style="list-style-type: none"> <li>○ Utilize pre-visit planning checklists and daily huddles to review patient panel and screening history</li> <li>○ Define care team roles</li> <li>○ Utilize EMRs to generate reports of patients that are due for colorectal cancer screening</li> <li>○ Dedicate a staff person to manage outreach, track tests and referrals, and follow up on positive results</li> <li>○ Use Shared Decision Making to help patient choose the screening test they are most comfortable with</li> <li>○ Standardize documentation in EMR and get support from IS as needed</li> </ul> </li> <li>• Clinical Competencies <ul style="list-style-type: none"> <li>○ Utilize the MaineHealth “Talking Points” and “What You Need to know” to guide care team discussions with patients</li> <li>○ Embed shared decision making tools in your EHR to engage patients in a meaningful dialogue about the risks and benefits of screening</li> </ul> </li> </ul>	<p>Tim Goltz, MD and <b>Lincoln Medical Partners Family Medicine</b> have seen success from their recent efforts to increase colorectal cancer (CRC) screening rates.</p> <p>The team:</p> <ul style="list-style-type: none"> <li>• Created a workgroup to focus on CRC screening, which included MAs, RNs, and front desk staff</li> <li>• Developed a standardized workflow</li> <li>• Consistently review the EHR record, and regardless of reason for visit, encourage a screening if a patient is due</li> <li>• Stocks FIT kits in exam rooms</li> <li>• Actively outreach, run reports, call patients after hours, and encourage patients to complete the test</li> </ul> <p>Some challenges they have run into include reminding patients to return FIT kits, having providers across several offices consistently use the recommended protocol, and finding funds to pay MAs to make calls after hours.</p>

#### Resources

- ACO Performance Team, [email](#) us for assistance
  - Additional resources, trainings and materials
  - Quality improvement support
  - Data analysis
- MaineHealth Colorectal Cancer Screening Guidelines ([link to document](#))
- MaineHealth Patient Education Materials [www.mhmaterials.com](http://www.mhmaterials.com)
- NorDx patient tools within FIT Kits ([link to how to collect](#))
- For more information on colorectal cancer screening education materials, please contact Stephanie Gagne, [SLGagne@mainehealth.org](mailto:SLGagne@mainehealth.org), 661-7294