

## MaineHealth ACO Measure of the Month for October 2017: Pediatric BMI and 5210 Quality Measure

### Measure Definition

**Goal:** At least 88.5% of patients ages 2 through 18 with an office visit during the last 12 months have a BMI documented, and if BMI is outside of normal parameters a 5210/Healthy Habits Questionnaire is completed. Our current performance is 88.3%.

**Numerator:** Number of patients in the denominator with a BMI documented in the last 12 months and if the BMI is outside of normal parameters a 5210 survey documented in the last 12 months [last BMI completed and last 5210 survey completed - do not have to occur on same encounter but must occur during the measurement period].

**Denominator:** Number of patients ages 2-17 at the beginning of the measurement period with an office visit in the last 12 months.

### Top Tips To Achieve Success

- Define Core Workflow
  - Engage your whole team and physical office environment by implementing the Let's Go! framework
    - Add Let's Go! posters to your waiting room
    - Address staff attitudes and beliefs
    - Consider stigmas/bias to ensure a safe environment for providing care to patients who are overweight or obese
  - Identify when the 5210 Healthy Habits Questionnaire will be distributed to patients during the rooming process
- Clinical Competencies
  - Utilize Childhood Obesity Algorithm as a guide for treatment
  - Apply Motivational Interviewing as a technique to talk to patients and families about health goals and willingness to change

### Shared Innovation from the Field

Through standardization of documentation and workflow, **Western Maine Health** has consistently been able to achieve success with this measure. **WMHC Family Medicine's** focus has primarily been on pre-visit planning to identify what patients are due for, including the 5210 survey. As a standard, they do the survey at all well child visits, but if appropriate, will offer the survey at acute visits if one has not been completed in the last year. Also, while not required for this measure, the practice enters survey answers into their EHR so that providers have a reference for future discussions. Similar to Family Medicine, **WMHC Pediatrics** does 5210 surveys on all patients at well child visits, as well as documents patient goals. WMHC Peds also has an informal, weekly practice improvement meeting with representation from at least one person per role, including a parent, where they discuss improvement opportunities. At this meeting, they were able to identify that documentation may be a barrier for this and other measures, and found that each provider was using a different well child template in the EHR. After some discussion and trials, they were able to collaboratively decide on a standard template and workflow. For more information about these strategies, please contact: Loretta MacDonald [macdonaldi@wmhcc.org](mailto:macdonaldi@wmhcc.org) at WMHC Family Medicine or Karen Gurney [gurneyk@wmhcc.org](mailto:gurneyk@wmhcc.org) at WMHC Pediatrics

### Resources

- ACO Performance Team, [email](#) us for assistance
  - Additional resources, trainings and materials
  - Quality improvement support
  - Data analysis
- Let's Go Healthcare Toolkit; <http://www.lets-go.org/toolkits/hc-toolkits/>
- Provider Training Module (Continuing Medical Education credits available) <http://www.mh-edu.org/lets-gobasic>