Keynote Speakers

K-1 *A New Model for Delinquency: Brain Development and the Consequences of Maltreatment*, George Davis, MD, Fellow- The ChildTrauma Academy, Director of Psychiatry, New Mexico Department for Children, Youth and Families. (Thursday)

Early childhood experience largely lays the foundation for the course and the outcome of subsequent human development, greatly influencing lasting and fundamental traits such as mental health, resilience, empathy, and cognition. In particular, the quality of the earliest caretaking is the first and single greatest support for a child's developing brain. Child maltreatment of all kinds, on the other hand, places a child at increased risk for aggression, drug use, and antisocial behaviors. The most telling, but not the only, example of this is the role that maltreatment plays in the development of delinquency. The prevention of maltreatment, along with the management and care of children and adolescents who have already suffered it, constitutes the greatest task of social and psychological services for children. This presentation will outline the role that early childhood experience plays in subsequent development, and the principles of early and later interventions.

K-2 *The Impact of Pornography on Children and Youth*, Cordelia Anderson, MA, Sensibilities Prevention Services (Friday)

This session defines pornography and child pornography in ways that differentiate both from the general category of 'sexually explicit materials.' The training highlights numerous studies that show the impact of pornography on children, youth and culture. It outlines ways the impact has escalated with changing content and through the reach of technology. Several different strategies to combat the harm are also identified. The training outlines why addressing pornography is important in efforts to prevent child sexual abuse & exploitation as well as all sexual violence. It explains various ways pornography and the pornified culture hurt sexual and relational health, rather than helping.

Institutes (Wednesday, November 1)

N-1 *Trauma-Informed Supervision: Principles and Tools for Supervisors*, Teresa Strausz, LMSW, MSOD, Wichita State University; Joyce McEwen Crane, Ph.D, PCC, Wichita State University

Employee health and resilience are important factors in achieving positive client outcomes. Learn ways to incorporate trauma-informed supervision into your organization to increase resiliency and positively impact staff retention, secondary traumatic stress/burnout and effective client services.

N-2 *Empowering Kansas Families: Strategies & Skills to Address Domestic Violence in Child Welfare*, Kristina Scott, LMSW, Kansas Coalition Against Sexual & Domestic Violence; Carolyn Coiner, BS, Kansas Coalition Against Sexual & Domestic Violence

This institute will provide participants the strategies necessary to effectively address domestic violence in child welfare cases. Participants will be provided tools to assess batterer dangerousness, parenting capacity, as well as, child and adult victim safety. Case planning strategies that promote victim safety and perpetrator accountability will also be provided. This session is geared especially to those who work in the field of child welfare.

N-3 *Human Trafficking-Legal and Policy Issues*, Judge John Romero, National Council of Juvenile and Family Court Judges; Pat Colloton, J.D., Office of Kansas Attorney General Derek Schmidt; Kathy Armstrong, J.D., Kansas Dept. for Children and Family; Marty Snyder, J.D., Office of Kansas Attorney General Derek Schmidt

This 6 Hour CLE approved training regarding human trafficking will provide a broad spectrum of legal and policy issues that are presented when a child is subjected to an act of human trafficking. These child
victims are all children in need of care and their identification, rescue and recovery depend upon all facets of the legal system working together. The morning training session includes insights from a nationally recognized judicial expert about handling child trafficking victims, a summary of relevant and recently amended Kansas laws on human trafficking and a summary of the Dept. for Children and Families updated programs, policies and processes aimed at responding to runaway and trafficked children. The afternoon session includes a panel discussion by foster care providers who handle trafficking victims and a panel discussion by law enforcement officers who handle missing and runaway children. The afternoon concludes with a discussion of ethical issues presented in a variety of trafficking situations.

N-4 DSM 5 Attachment, Assessment, and Diagnosis, Todd Frye, PhD, LCPC, LCMFT, NCC, Mid-America Nazarene University
This presentation will be introducing participants to the major tenants of attachment theory and how a variety of diagnosis within the DSM-5 can be better understood within an attachment lens. We will also look at common attachment related disorders, causes of attachment disorders, and treatment. A recorded video session will be used to demonstrate a common approach to working with adults with attachment issues.

N-5 Mindfulness: A Resource for Family Services and Providers, Keenan Poore, LMFT, Horizons Mental Health; Mikyla Young-Bayless, LMFT, RYT-200, Axiom Counseling
As the practice of mindfulness has gained recognition within the public, its beneficial effects for healing trauma and promoting healthy development have been validated in multiple studies. This institute will present a basic understanding of mindfulness and selected mind-body skills as effective resources for both consumer and provider within family services and mental health systems. This will be experiential and educational.

N-6 Drug Trends, Paraphernalia and Signs of Use/Abuse, Jeff Collier, State Coordinator Kansas DEC/SFST Programs
This session is intended to acquaint the audience with a basic knowledge of the different categories of drugs that impair, along with some highlighted observable signs and symptoms. New drugs and tends will also be reviewed, along with a discussion of paraphernalia which is commonly associated with the various drugs of abuse. The intended takeaway from this session is for the audience to be able to detect possible drug use when interacting with clients. This will not make the audience drug experts but should provide some basic knowledge from which to document observations and possibly contact additional authorities.

Workshops (Thursday, November 2 or Friday, November 3)
Thursday, 10:30am-12:00pm
1-1 Handle with Care, Andrea Darr, RBA, West Virginia Center for Children’s Justice; Chad Napier, Appalachia High Intensity Drug Trafficking Area
This workshop offers innovative best practices for helping to mitigate the negative effects experienced by children’s exposure to trauma and highlights a promising initiative (Handle With Care) between schools, law enforcement and treatment providers. “Handle with Care” provides the school with a “heads up” when a child has been identified by law enforcement at the scene of a traumatic event. Schools are responding with interventions to help mitigate the trauma and mental health providers are co-locating at the school to provide services. Handle with Care programs promote safe and supportive homes, schools, and communities that protect children, and help traumatized children heal and thrive.
1-2 Foxhole Buddies: The Impact of Family Violence on Sibling Groups, Debbie Kennedy, MSN APRN-CNS, Wichita Children’s Home; Erin Teeter, LBSW, Wichita Children’s Home
Siblings raised in abusive, violent homes adapt to their personal “war zone” and become Foxhole Buddies. The impact of family violence, and further trauma to young siblings caused by separation in foster care, will be explored in a framework of PTSD and offer strategies for better addressing their unique needs.

1-3 Utilizing an Implementation Science Framework to Move from Trauma Informed to Trauma Practice, Pamela Cornwell, LCMFT, Saint Francis Community Services; Vickie McArthur, LCMFT, Saint Francis Community Services; Linda Bass, Ph.D, LCMFT, KVC Kansas
This interactive workshop will provide an example of a statewide initiative that is implementing trauma assessments for foster/adoptive children in Kansas. This partnership between the DCF, KVC, Saint Francis Community Services, and KU will demonstrate how an implementation science framework was used prepare, train, and implement a trauma intervention.

1-4 Breastfeeding's Impact on Mental Health, Brenda Bandy, BS, Kansas Breastfeeding Coalition
Breastfeeding can break the cycle of child abuse and neglect. There is a growing body of evidence that the act of breastfeeding helps mothers to parent in a way that can overcome past abuse and helps to improve children’s mental health in the process.

1-5 Making Progress On Daunting Challenges, Ed O’Malley, BA, Kansas Leadership Center
What does the exercise of leadership look like to each of us as individuals when we try to make progress on the things we care about the most? Ed O’Malley, President and CEO of the Kansas Leadership Center, will guide an interactive dialogue regarding how to navigate the challenges and complexities of adaptive leadership and introduce the audience to the KLC leadership framework and competencies.

1-6 Active Shooter Response Options Training, Deputy Robert Hephner, Sedgwick County Sheriff’s Department
This presentation provides strategies, guidance, and a proven plan for surviving an active shooter event. Topics include the history and prevalence of active shooter events, civilian response options, law enforcement response, and considerations when dealing with an active threat. The intent of this comprehensive training program is to assist public safety and emergency management professionals in their efforts to educate citizens on response options for active shooter situations. The goal of the course is to develop the participant’s basic knowledge and understanding to a proficient level, enabling the participant to immediately make a decision when faced with an active threat.

1-7 Gaining a New Perspective: An Experiential Child Welfare Simulation, Lacy Abercrombie, LMSW, Saint Francis Community Services; Jayne Fry, LMFT, Saint Francis Community Services; Christy Sanders, LMSW, Saint Francis Community Services
The goal of this experiential training is to help participants gain an understanding of what it is like for a family to navigate the child welfare system. Through a simulation, participants’ perspectives, thinking, problem solving skills, beliefs, and attitudes are challenged. Changes in paradigms or behaviors subsequently develop within participants.

1-8 Beyond the Basics: Best Practices in Adoption Recruitment, Melissa Schmidt, LMSW, Kansas Children’s Service League; Corey Lada, BS, Kansas Children’s Service League
Professional photos and strong narratives are important pieces to creating a public profile that will compel families to want to learn more about children in Kansas who are in need of a “no matter what” family. Recruitment efforts can also be stressful and triggering for these same children. This workshop will provide an overview of National best practices in recruitment standards as well as the AdoptKSKids program. Participants will learn different strategies for “unpacking the no” that many youth and teens use to reject permanency recruitment. We will also discuss ways to prepare children for recruitment and achieve buy-in. Participants will learn new approaches to gathering positive information needed to create strong narratives and find families for the children they serve.

1-9 Rethinking Discipline, Deana Jones, LSCSW, IMH-E III
Rethinking discipline is a workshop based around No Drama Discipline and the work of Daniel Siegel and Tina Payne Bryson.

Thursday, 1:30pm-3:00pm
2-1 When We All Work Together: The Positive Impact on Families When Partners Work Collectively, Nina Shaw-Woody, LMSW, Kansas Family Advisory Network
In this interactive workshop, participants will have the opportunity to briefly encounter a family separation. Participants will also hear two birth family experiences. With the assistance of a panel consisting of concrete supporters and community partners of the birth families, participants will hear successful reintegration stories when everyone worked together.

2-2 Home Visitation and Domestic Violence: Enhancing Safety and Support for Children and Families, Shelly Newman, BS, Kansas Coalition Against Sexual & Domestic Violence
This workshop will provide participants the strategies and skills necessary to effectively address domestic violence while working with families through home visitation programs. Each participant will receive a flip book designed to help guide home visitors through the difficult discussion of domestic violence. This workshop will also provide information about how domestic violence affects the health and safety of victims through reproductive coercion, best practice strategies for engaging batterers as parents, domestic violence screening, referrals, and enhancing safety.

2-3 DCF Implementation of the Comprehensive Addiction and Recovery Act, Susan Gile, LBSW, KS Dept. for Children and Families; Lynnea Kaufman, LBSW, KS Dept. for Children and Families
This presentation will discuss DCF implementation of the Comprehensive Addiction and Recovery Act (CARA). The presentation will provide an overview of the Child Abuse Prevention and Treatment Act prior to the amendments of CARA legislation; and learn how CARA has changed state’s responsibilities to address the problem of opioid addiction and the effects of substance abuse on infants, children and families with the intent of early identification and intervention, to support families affected by opioid use disorders. The discussion will explore how a plan of safe care provides a method of identifying the needs of the infant and family, and the services to meet those needs. Participants will learn to recognize how a plan of safe care is different from a safety plan, and how is a long-term plan which can continue with community service providers beyond DCF involvement.

2-4 Ethics in the Electronic Age, Part 1, Don Kurtz, Ph.D, LMSW, Kansas State University
This presentation offers a practical exploration of ethical issues associated with modern technology and professional practice in social work, human services and other helping professions. The program identifies important professional and individual values that frequently generate ethical tensions in service delivery in the electronic age, and reviews emerging standards for appropriate use of
technology. The training also explores important emerging ethical principles related utilization of email, social networking, and other social media with particular emphasis placed on risk-management.

2-5 Adverse Childhood Experiences (ACES): Social Norms - Kansas Research, Meagan Stabler, PhD, CHES, Kansas Department of Health and Environment; Tara Gregory, PhD, Wichita State University
During this session, the Kansas Department of Health and Environment (KDHE) will share its new 2014/2015 Kansas Adverse Childhood Experiences data. Then, Wichita State University will share the results of the Centers for Disease Control and Prevention’s (CDC) Social Norms Survey for Kansas and compare state results to national estimates. These two presentations regarding Kansas data will provide insight into the prevalence of ACEs, the association between ACEs and selected mental health/chronic disease conditions, and the attitudes of Kansans that may help or hurt efforts to address ACEs.

2-6 Keeping Kids Safe Online-A Discussion with the Experts, Sara Boatwright, BA, Sunflower House; Angie Jones, Senior Special Agent, Kansas Bureau of Investigation
Online (Electronic) Safety is a constantly changing and highly dangerous issue that children face today. Topics will include: current online/technology dangers, perpetrator characteristics, reporting process, safety tips and tools, and the latest sexting laws. Bring your questions, concerns and challenges, as this presentation will be be an interactive format.

2-7 Becoming the “Best Place to Work”- Creating an Engaged and Motivated Work Team, Lynn Ayers, Small Voices, Lincoln, NE; Ruthi Thompson, MA, Small Voices, Lincoln, NE
This presentation will provide practical strategies and best practice standards for creating a culture where employees are engaged and motivated to work hard. The Lincoln Child Advocacy Center won the “Best Places to Work” award in 2016, which was based on input from all employees and city-wide stakeholders. There are many innovative practices and techniques that have been incorporated into their everyday programming to achieve success that may help other centers.

2-8 Be a Detective! Uncover the roots of challenging behaviors (A TBRI ® Overview), Bethany Roberts, LMSW, Kansas Children’s Service League; Michelle Warner, LMSW, Kansas Children’s Service League
Children from hard places have learned defensive strategies to avoid (not connect), to defend (not cooperate), and to harm (not heal). These methods often translate into behaviors such as lying, stealing, and manipulating others. Traditional parenting methods are often ineffective and leave both families and workers frustrated and overwhelmed. TBRI® (Trust Based Relational Interventions) helps give both families and workers insight into these behaviors, as well as give children strategies for self-regulation and skills for getting their needs met. Though certainly not a “magic bullet,” this high investment parenting approach creates an environment that is child-centered, helps create connections, teaches cooperation, and encourages healing.

2-9 Brain Development: What Every Professional Needs to Know, Rick Gaskill, Ed.D. L.C.P. Sumner Mental Health Center
This presentation covers 6 basic principles of brain development. Each principle contributes to the understanding of the sequence and process in childhood brain development. The successful completion of each of these developmental processes is predictive of the child’s physical, behavioral, emotional, cognitive development lasting well into adulthood. Further, this knowledge equips the parent, teacher, or therapist to promote health development of children and design helpful intervention strategies.
Thursday, 3:30pm-5:00pm

3-1 Trauma Sensitive Yoga, Deanne Dinkel, LBSW; Jane Meschberger, LMSW
Trauma Sensitive Yoga will be discussed as a modality for those who have experienced trauma in their lives. As living beings we are all impacted by stress and trauma. Discussion on the components of a “Trauma Sensitive Yoga” class and how it can be used to treat trauma without outcomes. A short self-care “Trauma Sensitive Yoga” session will be offered in the presentation. Participants will be comfortable in their conference attire for this practice.

3-2 Kansas Youth Advisory Council – The Voice of Youth Utilizing Transition from Foster Care into Adulthood, KYAC Officers
Who better to explain and help others understand what youth really need when transitioning out of care than the youth themselves? Panel members from the KYAC will share what they and other youth need to successfully transition to adulthood. In addition, panel members will give an honest account about their experiences they have had with Child Welfare Services in Kansas, and share tasks as identified on their 2016 Work Plan.

3-3 Responding vs Reacting Helping Students Understand the Importance of Self-regulation Begins with You, Cindy Blasi, LMSW, USD 260, Derby Public Schools; Brenna Brownlee, BS, USD 260, Derby Public Schools
In this session, the presenters will discuss their journey to becoming a trauma-informed school and how teaching students the process of self-regulation is the premise of it all. After watching Paper Tigers, Derby Hills staff reached out to Jim Sporleder, the trauma sensitive leader spotlighted in the film. With Sporleder’s help, Derby Hills become one of four schools nationwide to pilot his approach. The most important element they discovered in implementing a trauma-informed school was self-regulation. Interventions and best practices to address self-regulation for both students and educators will be shared in this presentation.

3-4 Ethics in the Electronic Age, Part 2, Don Kurtz, Ph.D, LMSW, Kansas State University
This presentation offers a practical exploration of ethical issues associated with modern technology and professional practice in social work, human services and other helping professions. The program identifies important professional and individual values that frequently generate ethical tensions in service delivery in the electronic age, and reviews emerging standards for appropriate use of technology. The training also explores important emerging ethical principles related utilization of email, social networking, and other social media with particular emphasis placed on risk-management.

3-5 Healthy Life Choices Project: Giving Children and Families the Tools They Need to Succeed, Aly Romero, LMSW, Children’s Alliance of Kansas; Nina Shaw-Woody, LMSW, Kansas Family Advisory Network
This workshop will provide you with helpful resources and tangible skills to effectively and collaboratively engage youth in healthy decision making. Learn how you can use Healthy Life Choices Project (HLCP) curriculum free of charge within your own practice and agency to help the youth and families you serve.

3-6 Safe Sleep Solutions: Thinking Outside the Box, Christy Schunn, LSCSW, KIDS Network
This session will discuss sleep-related infant death, national and state data trends, and the barriers to implementing safe sleep recommendations. Participants will explore the American Academy of Pediatrics Safe Sleep Guidelines and implementation strategies to reduce sleep-related deaths within
settings such as: hospitals, child care, foster care, family preservation, health clinics, and the wider community.

3-7 Kansas Implementation of the Every Student Succeeds Act (ESSA), Brenda Woods, LMSW, KS Dept. for Children and Families
There are several key provisions in the new Every Student Succeeds Act (ESSA) federal regulations important to children in foster care, including clarification on the obligations related to transportation of children in foster care to maintain educational stability and immediate enrollment of a child in foster care. These regulations went into effect January 30, 2017, however, the provisions relating to school stability went into effect on December 10, 2016. Kansas is fully implementing the Act in school year 2017/2018. This will be a panel discussion with presenters from various agencies providing information about the federal regulations and Kansas specific implementation.

3-8 Exploring Elements of a Successful Adoption, Michelle Warner, LMSW, Kansas Children’s Service League; Melinda Kline, LSCSW, Kansas Children’s Service League
Though there is no one surefire formula to create a successful adoption, there are elements of practice which can be utilized in an effort to make the process go smoother and create a lasting family bond. This session will explore preparing a family by helping a potential adoptive family understand basics of infant/child attachment and examine their own attachment style. From there, participants will utilize this attachment lens in combination with the Prediction Path to better understand what is needed to make a smooth transition for a child into an adoptive home. Finally, a brief overview of the TBRI ® Connection principles will be introduced as concrete methods for adoptive families to create attachment and bonds with children who come from hard places. As part of this, participants will have firsthand experience of being a part of a nurture group, which is one method of building bonds and promoting healing for a child who has experienced trauma.

3-9 Using Brain Mapping to Understand and Promote Healthy Development in Children, Rick Gaskill, Ed.D. L.C.P. Sumner Mental Health Center
Understanding brain development and brain function can assist adults in supporting children’s growth and development. This same information, in turn, offers helpful concepts in the development of remedial activities for children suffering the ill effects of social and emotional trauma. This presentation will use case histories to develop a conceptual brain map of the child. This map in turn will be used to identify functional problems and conceptualize supportive activities to promote remedial development.

Friday, 10:30am-12:00pm
4-1 Improving Outcomes for Children and Youth Exposed to Domestic Violence; Kansas Coalition Against Sexual & Domestic Violence Empowered Families Kansas Project, Carolyn Coiner, BS, Kansas Coalition Against Sexual & Domestic Violence
The Kansas Coalition Against Sexual & Domestic Violence is building evidence and resiliency based approaches to improving outcomes for children, youth, and non-abusing parents experiencing domestic violence. Based on a three component foundation the Empowered Families Kansas project focuses on specialized youth advocacy mentorship, enhancement and expansion of children and youth services, and creating collaborations between domestic violence programs and the child welfare system.

4-2 Keeping Professionals Healthy: PTSD, Compassion Fatigue and Burnout, Cordelia Anderson, MA, Sensibilities Prevention Services
Trauma work can be traumatizing; it can also be an organizational hazard. Compassion fatigue and burnout impact those doing trauma work and others simply trying to balance the demands of life with the
strains and from work. This session includes information on keeping professionals healthy; addresses both individual and organizational issues.

4-3 *Home, Safe Home*, Cherie Sage, MS, Safe Kids Kansas
In this session, we will be discussing new trends in childhood and adolescent injuries. From distracted pedestrians and concussions to e-cigarettes and button batteries, children today are exposed to new risks based upon innovations we see in technology and consumer products. The good news is we have a better understanding of the effects of injuries and how to best prevent them.

4-4 *From Engagement to Empowerment: How Kansas Parent Leaders Are Finding Their Voice* (Panel Discussion), BJ Gore, MS, Kansas Children’s Service League; Mary Hess, MA, Kansas Children’s Service League
Parent leadership occurs when parents actively, creatively, and resourcefully contribute to promote and develop the well-being of their families and their communities. This session will describe the Kansas Parent Leadership Model and will utilize Kansas parent leaders to share their stories of stepping into leadership positions within their families, their communities, and at a state and national level.

4-5 *Safe Haven*, Anne Biswell, BA, Mother & Child Health Coalition; Lori Cull-Deshmukh, LMSW, Children’s Mercy Hospital
Safe Haven for Newborns laws provide a legal option to birth parents who are not ready to raise a child and feel their only option is to abandon the baby. Relinquishing a newborn to someone on duty at a Safe Haven location ensures the baby is left in a safe place with those who can provide the immediate care needed for their safety and well-being, and protects the parent from prosecution for abandonment. All states have Safe Haven laws that allow parents to surrender newborns, but few mothers who abandon or kill their babies know that. Missouri’s Safe Haven law has been on the books since 2002 and Kansas passed Safe Haven legislation in 2006, but sadly, not many citizens know about these life-saving laws. This session will share the history, struggles, challenges and successes of the Kansas City Metro Safe Haven for Newborns Coalition.

4-6 *Bikers Against Child Abuse*, Larry Freeman
Bikers Against Child Abuse (BACA) exists with the intent to create a safer environment for abused children. We exist as a body of Bikers to empower children to not feel afraid of the world in which they live. We stand ready to lend support to our wounded friends by involving them with an established, united organization. We work in conjunction with local and state officials who are already in place to protect children. We desire to send a clear message to all involved with the abused child that this child is part of our organization, and that we are prepared to lend our physical and emotional support to them by affiliation, and our physical presence. We stand at the ready to shield these children from further abuse. We do not condone the use of violence or physical force in any manner, however, if circumstances arise such that we are the only obstacle preventing a child from further abuse, we stand ready to be that obstacle.

4-7 *Active Awareness*, Ben Aber, Focus Counter Violence-Topeka
This workshop will teach participants about the world of violence and how to handle it. The main thrust behind an Active Awareness workshop is to learn to defend oneself through forethought, observation and knowledge; rather than just physical strength and technique. The workshop is interactive, thought provoking and fun. Participants should wear comfortable clothing as this workshop will include physical demonstrations.
4-8 Being a No Matter What Family: Adoption Over the Long Haul, Bethany Roberts, LMSW, Kansas Children’s Service League; Kay Heikes, LMSW, TBRI Practitioner
Adoption day is the end of a long road and the beginning of an even longer one. This workshop will explore the challenges and opportunities that “no matter what” families have as they raise children adopted from hard places. Participants will review key strategies for helping kids heal, learn to give care and receive care, be autonomous, and get their most important needs met. This workshop will explore the importance of hearing the voice of adopted children and youth and helping them safely maintain the connections that are meaningful to them.

4-9 No One Wants to Be a Bad Parent – An Overview of Secure Attachment, Betsy Scott-Teigen, LSCSW, Elizabeth Layton Center; Shana Gorton, LMSW, Elizabeth Layton Center
At times all caregivers feel lost about what a child might need. We are all searching in many directions to find support and knowledge that will make parenting easier. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research and current neuroscience about how secure parent-child relationships can be supported and strengthened. You will gain a new and simple way to view, experience, and practice secure attachment between a child and caregiver starting at birth.

12:30pm-3:30pm
5-1 Resilience – The Biology of Stress & The Science of Hope
Movie Screening and Follow up discussion
As the new documentary Resilience reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. Resilience, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose.