

Chakra Cleanse & Balance

with Pavel

\$25 in advance
\$30 at the door



March 23 7:30-9 p.m.

**Balance your Chakras and cleanse your subtle
body to bring peace and harmony**

Join Pavel, Reiki Master, Yogi and Healer, for this wonderful
and relaxing sound experience.

He will use Tibetan bowls tuned to cleanse and balance your Chakra system
and teach a Reiki technique to help lift negativity and release stuck energy. In
addition you will be lead through guided meditation to deepen the experience.



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