

# Chakra Cleanse & Balance

*with Pavel*

\$25 in advance  
\$30 at the door



February 23 7:30-9 p.m.

**Balance your Chakras and cleanse your subtle  
body to bring peace and harmony**

Join Pavel, Reiki Master, Yogi and Healer, for this wonderful  
and relaxing sound experience.

He will use Tibetan bowls tuned to cleanse and balance your Chakra system  
and teach a Reiki technique to help lift negativity and release stuck energy. In  
addition you will be lead through guided meditation to deepen the experience.



1901 E. Big Beaver Rd.  
Troy, MI 48083  
248-509-7957

[WWW.REDLOTUSYOGA.COM](http://WWW.REDLOTUSYOGA.COM)