

# KARUNTA YOGA

(Ropes Yoga)



Join **Bethany Perry** for an intro to **Karunta Yoga** (Ropes Yoga) in Studio C at Red Lotus Yoga Rochester.

**Free Demonstrations:**

**Wed. March 29 at 5:45 p.m.**

**Thurs. March 30 at 11:00 a.m.**

**Sun. April 2 at 12:00 p.m.**

**Six Week Sessions start**  
**Tuesday April 11, 5:-6:30 p.m**  
**Wednesday April 12 6-7:30 p.m**

**Cost: \$150 for a six week session.**  
*Limit 6 People per class. Prepayment required.*

**1900 S. Livernois #A**  
**Rochester Hills 248-601-9642**  
**[redlotusyoga.com](http://redlotusyoga.com)**