

Essential oils 101

JOIN KATE & SHANNON AND COME LEARN ABOUT THE BENIFITS OF ADDING ESSENTIAL OILS TO YOUR DAILY LIFE. LEARN WHAT ESSENTIAL OILS ARE, HOW TO BEST USE THEM, AND HOW THEY CAN HELP YOU FEEL BETTER. ONE ROLLER BOTTLE OF OILS INCLUDED, ADDITIONAL OILS WILL BE AVAILABLE FOR PURCHASE!

Thursday june 29 from 7-8:30 pm

Cost is \$10



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