



Achievement



BISC Lincoln Park Athletics Newsletter | November 2017



Looking Back at Summer & Fall Successes

The warm weather of Summer and Autumn half term brought a wealth of exciting activities and opportunities to BISC Lincoln Park. To the delight of our students, PE, specialized coaching lessons, and our sports clubs all headed outside. With learning to sail, sprint, swim and even first-time glove buying, there were many incredible experiences over last year's summer term. The Autumn term has been off to an amazing start as well! Our students' hard work and improvement over the summer is evident in their many accomplishments so far this school year. I would like to thank all the staff and parents that continue to support all of the fantastic opportunities we are able to provide here in the Athletics Department.

Amy Donaldson-Davidson
BISC Lincoln Park's Athletic Director

Sporting Achievement Shout Outs!

- Year 3 Chloe for her softball team, the Hamlin Park Softball League PeeWee Division Regular Season Champions 2017!
- Year 3 Josie for her fencing triumphs!
- Year 4 Morgan for winning her IGLA lacrosse team's award for determination!

Have a shout out? Send to Ms. Donaldson-Davidson. For more successes, visit our [Athletics](#) pages.



Clubs



Running Club

The running club has grown more and more popular with over 25 runners from Year 2 to Year 6. It's amazing to see tremendous improvement unfold over the weeks from training every morning, especially among the younger years. With hard work and perseverance, the children have slowly increased their distance training to seven or more big laps around the park. Big achievements go to Madeline and Morgan who have improved so much in their distance and confidence!

Coach Ansu, Miss Orere and Ms Davidson

Tumbling Club

We had a such a wonderful time with our Tumbling Club last term! We started a second class on Fridays and were so happy to see so many returning faces as well as some new ones. Since we had a majority of returning students in between both groups, we could increase the level of skills by quite a bit. Not only did they revisit and further master their basic skills, they also tried several higher-level tricks like front handsprings, round-offs and back handsprings. Our new children impressed us with how quickly they caught up to those that had already done our program for multiple terms.



Sailing Club

Our super sailors have thoroughly enjoyed our new sailing club. Tacking around Lake Michigan in J22's, the children have learned all about wind direction, sail angles, and knots, of which Daniel (Year 6) is now a pro. The sailors constantly impressed our BISC-LP staff - Ms Davidson, Mr Burr, Mr Fenlon and Mr Gill - with their growing knowledge, confidence, and helming skills. Jackson and Mia (Year 5) have become highly skilled sailors. The Windy City lived up to its name at times, and the children jumped at the chance to crew a Hunter 32.6 yacht. The ride generated lots of spray, much to the delight of all the sailors onboard. Sailing and navigating around the lake with the beautiful city as a back drop, particularly in the glorious sunshine, made sailing club 'the best club ever!' - Sanya (Year 5).



Tennis Club

In a very successful term of Tuesday and Wednesday tennis, students from across the school worked hard to develop their tennis skills. From forehand to backhand, volleys to smashes, they practiced and everyone showed great progress. Liam and Teja improved their ball analysis and stroke work, and Medha and Katarina developed consistency in their forehand. Our advanced player Chloe concentrated on working her forehand. The coaches were incredibly impressed with the students' attitude and determination.

Miss Gordan and Miss Scholes





Soccer Club

The BISC-LP Soccer Club closed out the school season with a trip to see the local Major League Soccer Team, the Chicago Fire, take on Atlanta United at Toyota Park Stadium. On a sweltering day, families of the school club watched the home team, driven by new signing and World Cup winner Bastian Schweinsteiger, dominate the game and win comfortably 2-0. After the game some of the boys (and a very excited Mr. Gill) had a picture on the Chicago Fire home bench.

Look out for future family days to the Chicago Fire and other sporting events.



Climbing Club



Taekwondo Club

Taekwondo Club continued with great passion and success! All of our young Taekwondo students demonstrated lot of courage and desire to improve. We had our Belt Promotion Testing and Grading in mid-May, and I am happy to report that all of the eligible candidates passed, earning a higher level belt in the process. They demonstrated kicks, combination, self-defense techniques, forms and board breaking skills. Finally, by practicing their Olympic Taekwondo skills, the children raised their basic and advanced understanding of the sport in both rules and scoring techniques.

Head Coach Krasimir Rusev

Rugby Club

The Rugby Club made their way back outside and enjoyed every aspect of Chicago 'summer' weather. The Year 3-4 Boys and Girls improved their handling skills and applied them to a range of game situations. Year 5-6 players developed their decision-making skills during game time and showed great potential to become the next generation of rugby players. Thank you very much to our three volunteer coaches, Mr. Crisp, Mr. Howard and Mr. Fischer-Gray, who have been brilliant at supporting the players' progression.



Year 2 Lakeshore Orientation Afternoon

The Year 2 classes thoroughly enjoyed the Lakeshore orientation afternoon where they saw all of the facilities, including the tennis and basketball courts and the swimming pool. They then experienced their first introduction to water in a clinic as preparation for their games afternoon starting from Year 3.

Learn to Ride Your Bike Challenge

Well done to all the children who managed to conquer their bikes through the Learn to Ride Your Bike Challenge!



Sports Day

The 'best day of the year' came around again. The tents were up, spirits were high, and the competitions were on. Kicking off with a fantastic dance show from the cheerleaders, the day's events began with a mix of excitement and butterflies. The children gave their all in the different activities even during some light rain. We saw some terrific high jump scores and some great strength in the tug-of-war, as well as speedy sack races and steady hands for the egg and spoon. Unfortunately, the day was cut short by the heavier rain, but this didn't dampen the spirits of our sporting warriors, who I'm sure will come back to take part in the 'best day of the year' again next year.

Soccer Team

The Year 6 Soccer Team had their first competitive match away against the Ancona School, winning a hard fought game 4-0.



Parent and Staff Basketball

Calling all parents! You're invited to join us for Parent and Staff basketball in the school gym from 5:00 - 6:30 every Friday.

Cross Country

The Year 4-6 Cross Country team made BISC-LP history with their first ever meet! Congrats to all of our runners who persevered through the heat at Whitney Young. The Year 6 boys and girls teams had their meet at Lane Tech and conquered the 1.05 mile course. Well done to all of the athletes who participated!



Global Games 2017

The Global Games is a five day multi-sport event that unites students across all Nord Anglia schools in North America. Registered Year 6 students will be attending the games from November 28 till December 2 in Florida.

For more information on the Global Games, visit their website [here](#).



2018 Aon Step Up for Kids

Save the date for the 21st annual Aon Step Up for Kids on Sunday, January 28th, 2018. Climb 80 floors to the top of the Aon Center while raising money for the patients and families of Ann & Robert H. Lurie Children's Hospital of Chicago. Last year we had 208 participants and raised \$15,000. Let's beat our numbers this year, BISC-LP!

