

# KIDNEY HEALTH AWARENESS EVENT



**1 in 10 U.S. adults is living with chronic kidney disease (CKD)**

**CKD is called the silent killer because a person can lose up to 75% of their kidney function before experiencing any signs.**

## ARE YOU AT RISK?

-  Do you have diabetes?
-  Do you have high blood pressure?
-  Are you overweight?
-  Do you smoke?
-  Are you over 50 years old?
-  Are you African-American, Asian, Native American or Hispanic?

*AAMC and SPCC are partnering up to spread awareness about kidney disease and the steps you can take to keep your kidneys healthy!*

### It's a movie night!

Join us for a special screening of the documentary "I Didn't Know" - The Silent Killer: Kidney Disease.

Following the 45 min film, Anne Arundel Medical Center will be providing free blood pressure screenings, health education, and give-aways!



**Thu, April 20, 2017  
3:30-5:00pm**

**623 Baltimore Annapolis Blvd.  
Severna Park, MD 21146**

**Space is limited, please RSVP at  
[kidney-doc.eventbrite.com](https://kidney-doc.eventbrite.com)  
or call 443-481-5555.**



SEVERNA PARK  
COMMUNITY CENTER

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 **Anne Arundel  
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LIVING HEALTHIER TOGETHER.