

# KIDNEY HEALTH AWARENESS EVENT



**1 in 10 U.S. adults is living with chronic kidney disease (CKD)**

CKD is called the silent killer because a person can lose up to **75%** of their kidney function before experiencing any signs.

## ARE YOU AT RISK?



Do you have diabetes?



Do you have high blood pressure?



Are you overweight?



Do you smoke?



Are you over 50 years old?



Are you African-American, Asian, Native American or Hispanic?

*AAMC and SPCC are partnering up to spread awareness about kidney disease and the steps you can take to keep your kidneys healthy!*

## It's a movie night!

Join us for a special screening of the documentary "I Didn't Know" - The Silent Killer: Kidney Disease.

Following the 45 min film, Anne Arundel Medical Center will be providing free blood pressure screenings, health education, and give-aways!



**Thu, April 20, 2017**

**3:30-5:00pm**

**623 Baltimore Annapolis Blvd.  
Severna Park, MD 21146**

**Space is limited, please RSVP at  
[kidney-doc.eventbrite.com](http://kidney-doc.eventbrite.com)  
or call 443-481-5555.**



**SEVERNA PARK  
COMMUNITY CENTER**

*living in motion*



**Anne Arundel  
Medical Center**

**LIVING HEALTHIER TOGETHER.**