



**Joe Kort, Ph.D., LMSW** is a private practitioner in Royal Oak, Michigan, specializing in individual, couples and group psychotherapy for gay and straight clients. He's a sex and relationship therapist and the author of *10 Smart Things Gay Men Can Do to Improve Their Lives* and *10 Smart Things Gay Men Can Do to Find Real Love and Gay Affirmative Therapy for the Straight Clinician: The Essential Guide and Is My Husband Gay, Straight or Bi: A Guide for Women Concerned About Their Men.*

**J**oin international speaker, author and expert on LGBTQ issues Dr. Joe Kort as he equips you with the right tools and information to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients and couples. Through case examples and plenty of humor, you will gain a better understanding of the modern LGBTQ culture, keep abreast of how younger clients are identifying in a more sexual and gender fluid way and learn to target the trauma associated with growing up in the closet and how minority stress affects one's personality and mental health. You will learn specific strategies to better treat the unique challenges your client may be facing such as:

- internalized homophobia and LGTBQ shame
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ the difficult process
- helping clients through the stages of coming out

Dr. Kort will also help you avoid the common mistake of believing "a couple is a couple" and treating LGBTQ couples the same as their heterosexual counterparts. He will address the unique relationship dynamics of a same gendered couple and give you practical tools for their therapeutic progress. Most LGBTQ couples and individuals leave their straight therapist and hire a gay therapist due to lack of information and education by the straight therapist.

#### IT'S NOT ENOUGH TO BE LGBTQ-FRIENDLY.

The fact is, even the best-intentioned therapists have some level of homophobia to overcome. From birth, heterosexist culture imprints us to think that heterosexuality is primary, and that any other orientation is inferior.

- Avoid the top mistakes therapists make
- Become the go-to therapist in your community
- Be on top of the up-to-date language and terms

In this workshop you will learn to be culturally competent with your LGBTQ clients and be able to help them around issues of sex, coming out, growing up LGBTQ, Bisexuality, Transgender, mixed orientation relationships, gender fluidity and

sexual fluidity. You will learn to avoid mislabeling a client and using terminology that is offensive to them.

#### Monday

- Trauma of Growing Up LGBT contributing to PTSD
- Identify Internalized Homophobia and Gay Shame
- Covert Cultural Sexual Abuse and its effects on LGBT
- Recognize developmental insults and wounding from growing up LGBT

#### Tuesday

- Six Distinct Stages of Coming Out and Treatment Implications for teenagers and adults
- Stigma and its impact on mental health from childhood to adulthood: 6 distinct stages with interventions
- Navigate the 3 phases of coming out to avoid isolation and alienation

#### Wednesday

- Working with modern LGB Couples and Mixed Orientation Relationships
- Dynamics of a same gendered couple including vulnerabilities and strengths
- Coming out discrepancy causing turbulence for couples
- Open relationships in gay male couples
- Specific stages of coming out as a mixed orientation couple
- Specialized treatment programs for the straight spouses
- Helping LGBTQ spouse integrate their identity into their mixed orientation relationships
- Learn how to identify which couples will succeed and which won't

#### Thursday

- Understanding Transgender Teens and Adults
- Overcome the knowledge barrier
- Avoid using outdated treatment plans
- Learn and differentiate correct terms such as gender queer, gender fluid and cisgender
- Strategies to help your client tell their partner, families, friends and employers
- Tips to discuss hormone treatments and surgical procedures
- Crucial points for transgender teens medically and psychologically and how to create best treatment plan

#### Friday

- Sexual Fluidity: Correct terminology and Understanding
- Cultural Competency of LGBT Sexuality and Language varieties of sexuality
- Protect the client from your own biases and assumptions



**June 19–August 25, 2017**

**June 19-23**

**Fran Johnston** Purpose, Passion and Power  
**Joe Kort** LGBT and Questioning Clients

**June 26-30**

**Deborah Plummer** Turning Us and Them into We  
**Linda Graham** Rewiring the Brain for Resilience and Well-Being  
**Rubin Naiman** Healing Sleep and Dreams

**July 3-7**

**Bessel van der Kolk** Frontiers of Trauma Treatment  
**Ron Frederick** Being a Mindful Therapist  
**Paul Foxman** The Anxiety Epidemic in Kids and Teens

**July 10-14**

**George Faller** EFT for Couples and Families  
**Pat Ogden** The Interpersonal Nature of Shame  
**Joiner & Whitestone** Developmental Coaching for Leadership Agility

**July 17-21**

**John & Jamie Forsyth** Mindful ACT Therapy  
**Weintraub & Mackay** Yoga Skills for Therapists!  
**George McCloskey** Executive Function Disorders

**July 24-28**

**Brad Sachs** Transformative Encounters with Teens and Young Adults  
**Richard Schwartz** Internal Family Systems Workshop  
**Leslie Austin** Your Practical Intuition

**July 31 - August 4**

**Mirabai Bush** Working with Mindfulness  
**Stephen Porges** Polyvagal Theory: The Power of Feeling Safe  
**Deborah Korn** Integrating Trauma Treatment Models

**August 7-11**

**Edward Hallowell** ADHD Across the LifeSpan  
**Janina Fisher** Healing Trauma Survivors  
**Robert Schwarz** Mind-Body-Energy ToolKit: Clinical Approaches Beyond Talk

**August 14-18**

**Linda Curran** Trauma Competency  
**Jeff Zeig** Enhancing Therapeutic Impact: Advanced Techniques of Therapy  
**Bob Anderson** Conscious Leadership

**August 21-25**

**Jonah Paquette** Positive Psychology  
**Natasha Prenn** The Nuts and Bolts of AEDP

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**2017 Registration Form**

<input type="checkbox"/> Johnston	June 19-23	<input type="checkbox"/> Sachs	July 24-28
<input type="checkbox"/> Kort	June 19-23	<input type="checkbox"/> Schwartz	July 24-28
<input type="checkbox"/> Plummer	June 26-30	<input type="checkbox"/> Austin	July 24-28
<input type="checkbox"/> Graham	June 26-30	<input type="checkbox"/> Bush	July 31-August 4
<input type="checkbox"/> Naiman	June 26-30	<input type="checkbox"/> Porges	July 31-August 4
<input type="checkbox"/> van der Kolk	July 3-7	<input type="checkbox"/> Korn	July 31-August 4
<input type="checkbox"/> Frederick	July 3-7	<input type="checkbox"/> Hallowell	August 7-11
<input type="checkbox"/> Foxman	July 3-7	<input type="checkbox"/> Fisher	August 7-11
<input type="checkbox"/> Faller	July 10-14	<input type="checkbox"/> Schwarz	August 7-11
<input type="checkbox"/> Ogden	July 10-14	<input type="checkbox"/> Curran	August 14-18
<input type="checkbox"/> Joiner/Whitestone	July 10-14	<input type="checkbox"/> Zeig	August 14-18
<input type="checkbox"/> Forsyth	July 17-21	<input type="checkbox"/> Anderson	August 14-18
<input type="checkbox"/> Weintraub/Mackay	July 17-21	<input type="checkbox"/> Paquette	August 21-25
<input type="checkbox"/> McCloskey	July 17-21	<input type="checkbox"/> Prenn	August 21-25

Name \_\_\_\_\_ Degree \_\_\_\_\_  
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<input type="checkbox"/> K12Teach/Admin/MHPro	<input type="checkbox"/> Psychiatrist	<input type="checkbox"/> Other Health Profession
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**\$599** for one course (**\$549** prior to March 1) and **\$450** for each additional course attended by the same person. **\$499** for Full-time Graduate Students and Resident Physicians certified by their institutions.

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