



The National Organization of State Offices of Rural Health sets aside the third Thursday of every November - November 17 of 2016 - to celebrate National Rural Health Day. National Rural Health Day is an opportunity to "Celebrate the Power of Rural" by honoring the selfless, community-minded, "can do" spirit of that prevails in rural America. It also gives us a chance to bring to light the unique healthcare challenges that rural citizens face - and showcase the efforts of rural healthcare workers.

In honor of National Rural Health day, the Montana Office of Rural Health & Area Health Education Center is holding two fun contests to help raise awareness about the importance of rural health!



Health Care Careers Interview Contest

Recognizing healthcare workers and giving students a chance to explore healthcare careers!

Seeking students who are interested in healthcare! Do you know or want to know more about someone in your community who works in healthcare? Want to find out more about a certain healthcare position? Now you can! We are asking students to:

1. Identity a local healthcare professional you want to recognize
2. Snap a photo of them in their working environment
3. Ask the health care professional the following questions:

- How did you become interested in your health career?
 - What are the benefits of working in a rural community?
 - What do you love about working in a rural community?
4. Record their answers, and include a paragraph of why you think health care careers in rural areas are important.
 5. Submit your photo and answers via email to us at:

montanaruralhealthinitiative@gmail.com

Please include the healthcare professional's name and organization they work for, your first and last name, school, grade level, and tell us what health career path you are most interested in.

Prizes!!!

Two prize divisions:

Students in grades K-6 -and- Students in grades 7-12

1st place winners in each division will be awarded a \$50 Amazon gift card!

Submission Deadline is **November 11, 2016**

Winners will be announced on National Rural Health Day!!!



RURAL HEALTH PHOTO CONTEST

The National Rural Health Day Photo Contest is an opportunity for you to be creative, and show us what rural means to you! You may choose to do this by snapping a photo highlighting your favorite Montana pastimes or showcasing the beauty of your rural community!

Submission Deadline is November 11, 2016

Citizens within Montana are eligible to enter the contest. Each photo/caption is one submission, you may submit up to 3 photos. All photos must have been taken in Montana and must be taken by you.

Submitting Photos

To submit a photo, send as high resolution version of the photo in a .jpeg, .gif, or .tif file format to:

montanaruralhealthinitiative@gmail.com

Include a caption of the photo, where the photo was taken, your name, e-mail address, and phone number.

Prizes

Adult Division (18 & Over)

- 1st Place - \$50 Amazon gift card
- 2nd Place - \$25 Amazon gift card
- 3rd Place - \$25 Amazon gift card

Youth Division (17 & Under)

- 1st Place - \$50 Amazon gift card
- 2nd Place - \$25 Amazon gift card
- 3rd Place - \$25 Amazon gift card

Contest winners will be notified on National Rural Health Day (November 17, 2016). If we are unable to reach the winner, the entry will be forfeited and the selection committee may choose a different winner. All photos will be posted on the RHI Facebook and Instagram page.

By submitting a photo you agree to RHI's

Terms of Use:

Images submitted must be royalty-free. By submitting a photo, you understand you give the rights and permission of the photo to be used by the RHI and AHEC offices. Photos not meeting this requirement will not be eligible for prizes and will be disqualified from the National Rural Health Day Photo Contest.